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## Consequences of climate change for the cryosphere in the Hindu Kush Himalaya

#### **CHAPTER LEAD AUTHOR**

Miriam Jackson International Centre for Integrated Mountain Development (ICIMOD), Lalitpur, Nepal

#### AUTHORS

Mohd Farooq Azam Indian Institute of Technology Indore, India

#### Prashant Baral

International Centre for Integrated Mountain Development (ICIMOD), Lalitpur, Nepal

**Rasmus Benestad** Norwegian Meteorological Institute, Oslo, Norway

#### **Fanny Brun**

Institute of Environmental Geosciences (IGE), Univ. Grenoble Alpes, France

#### **Sher Muhammad**

International Centre for Integrated Mountain Development (ICIMOD), Lalitpur, Nepal

Saurav Pradhananga

International Centre for Integrated Mountain Development (ICIMOD), Lalitpur, Nepal

Finu Shrestha International Centre for Integrated Mountain Development (ICIMOD), Lalitpur, Nepal

Jakob F Steiner Institute of Geography and Regional Science, University of Graz, Austria International Centre for Integrated Mountain Development (ICIMOD), Lalitpur, Nepal

#### **Amrit Thapa**

Department of Geosciences, University of Alaska Fairbanks, Alaska, USA International Centre for Integrated Mountain Development (ICIMOD), Lalitpur, Nepal

## **Chapter overview**

#### **KEY FINDINGS**

Major advances in HKH glacier monitoring and analysis made in recent years show a significant acceleration of glacier mass loss by 65% in the HKH (high confidence) and reversal from mass gain/steady state to mass loss in the Karakoram (medium confidence). Glacier mass changes between the 1970s and 2019 in most areas of the HKH have now been quantified with increased accuracy. The rate of mass loss increased by 65% through the study period with an average of -0.17 metres water equivalent (m w.e.) per year for the period 2000–2009 to –0.28 m w.e. per year for 2010-2019 (high confidence). The most negative mass balances are observed in the eastern part of the HKH. The Karakoram region, previously known for stable regional mass balances, showed slight wastage of  $-0.09 \pm 0.04$  m w.e. per year during 2010–2019, indicating the end of the Karakoram Anomaly (medium confidence).

Snow cover extent has shown a clearly negative trend in the HKH region since the early twenty-first century with a few exceptions including the Karakoram (high confidence). There has been a significant decrease in the seasonal snow cover during the summer and winter months, as well as a decline from mid-spring through mid-fall, indicating a seasonal shift (*high confidence*). Snow cover days generally declined at an average rate of five snow cover days per decade with most of the changes at lower elevation (*high confidence*). Snow cover is likely to experience an accelerated loss under different global warming levels in the HKH (*medium confidence*).

Still very little is known about permafrost, but what is known points to a decrease in permafrost occurrence (*medium confidence*). There are few field observations of permafrost in the HKH, but existing measurements show changes in permafrost, and remote sensing confirms a decrease in permafrost cover in studied regions (*medium confidence*). Modelled results calculate a loss of about 8,340 km<sup>2</sup> in permafrost area in the western Himalaya between 2002–2004 and 2018–2020; and a loss of about 965 km<sup>2</sup> in the Uttarakhand Himalaya between 1970–2000 and 2001–2017. On the Tibetan Plateau, the area of permafrost degradation will increase, with most (about two-thirds) of the permafrost being degraded by 2071–2099 under high emissions scenarios.

#### **POLICY MESSAGES**

The evidence of the impact of a changing climate on glaciers is clear. Policy makers need to evaluate the effects these changes are having and will have in the future as glaciers continue to shrink. It will be crucial to identify the expected changes as well as associated opportunities and risks that glacier changes will have on ecosystems and livelihoods in order to develop appropriate adaptation strategies.

There is strong evidence that snowmelt plays the most important role for river run-off in the HKH among all cryosphere components but that its absolute volume will decrease in future and peak flow will shift, with large variability between basins. Snowfall is projected to become less frequent but more intense and increasing temperatures will affect the volume of the snowpack negatively. Governments should be aware of the expected changes and align their planning for infrastructure and agriculture accordingly.

**Permafrost is the cryosphere component for which there is the least knowledge.** Potential consequences of changing permafrost include elevated risks for livelihoods and infrastructure. Hence, governments should emphasise ground monitoring, especially where there are substantial infrastructure or communities that could be affected. Communication of the potential consequences should be included in strategies related to the cryosphere.

#### **CHAPTER SUMMARY**

The mean temperature is significantly increasing in all the regions of the HKH (*high confidence*) with an average observed trend of +0.28°C per decade (range +0.15°C per decade to +0.34°C per decade for individual basins) for the period 1951–2020. The highest trends are observed for the Tibetan Plateau, Amu Darya, and Brahmaputra basins and headwaters of the Mekong and Yangtze basins (up to +0.66°C per decade in parts of these river basins). The trend in precipitation is mostly insignificant except in the high elevated areas of the Tarim Basin and some parts of the Ganges Basin and shows a significant decrease in parts of the Yellow, Brahmaputra, and Irrawaddy basins (*medium confidence*). It ranges between –3% to +3% per decade in the 12 river basins of the HKH.

Increased warming rates at higher elevations are observed in nine of the 12 basins with the strongest amplification with elevation in the Brahmaputra Basin *(medium confidence)*. A similar effect is observed in the Ganges, Yangtze, and Indus basins. However, the Amu Darya, Irrawaddy, and Upper Helmand basins show a warming trend that is higher in low-elevation areas than in highelevation ones.

In recent years, there have been major advances in glacier monitoring, and in quantifying with higher precision the magnitude and extent of changes in glacier area and volume. The release of previously classified highresolution satellite imagery and the ever-improving spatio-temporal resolutions of contemporary satellite imagery mean that glacier mass changes (from the 1970s to 2019) of glaciers in the HKH have now been quantified with an unprecedented accuracy (high confidence). The measurement of meteorological variables in different regions has increased. As the number of glacier mass balance (and energy balance) series of more than a few years, as well as the length of these series, increases, there are growing opportunities to better understand the sensitivity of glacier surface mass balance to climate. Satellite-derived glacier surface velocities are now more readily available, with annual surface velocities available for 1985–2020 for almost all of the glaciers in the HKH (with voids in many of the glacier accumulation areas).

Glacier mass balance has become increasingly negative, with rates increasing from -0.17 m w.e. per year from 2000–2009 to -0.28 m w.e. per year from 2010–2019, suggesting an acceleration in mass loss. The most negative mass balances are observed in the eastern part of the HKH within the Southeast Tibet and Nyainqentanglha regions showing  $-0.78 \pm 0.10$  m w.e. per year for 2010–2019, while the West Kunlun region shows a near-balanced mass budget of  $-0.01 \pm 0.04$  m w.e. per year. The Karakoram region, known previously for balanced regional mass balances, showed a slight wastage of -0.09 ± 0.04 m w.e. per year for 2010–2019. These results indicate moderate mass loss of the Karakoram glaciers, especially post-2013 and suggest that the Karakoram Anomaly – anomalous behaviour of glaciers in the Karakoram, showing stability or even growth – has probably come to an end.

The number of available future glacier projections under different climate projections has increased in recent years. For a global warming level between 1.5°C to 2°C, the HKH glaciers are expected to lose 30%–50% of their volume by 2100 (very high confidence). The corresponding remaining glacier-covered areas range from 50% to 70%. The mass losses will be continuous through the twenty-first century. The specific mass balance rate will remain negative, even though it will become less negative by the end of the century as glaciers retreat to higher elevations. For higher global warming levels, the remaining glacier volume will range from 20% to 45%, with the specific mass balance rates more and more negative throughout the twenty-first century. For a global warming level of +4°C, the heavily glacier-covered regions of West Kunlun and Karakoram will have their remaining glacier area reduced to about 50% of their 2020 area; in all other regions, glacier-covered area will be reduced to less than 30% of the 2020 area.

Globally, glacial lakes have increased and expanded as a result of glacier recession. The total area and number of glacial lakes have increased significantly since the 1990s (*very high confidence*). More proglacial lakes will develop over the next decades due to continued glacier retreat (*high confidence*). Lake expansion is expected to create new hotspots of potentially dangerous glacial lakes, with implications for glacial lake outburst flood (GLOF) hazards and risk (*high confidence*). GLOF risk is expected to increase in the future, also increasing the potential for transboundary events with cross-border impacts, e.g. a glacial lake may lie within the borders of one country, but the main impact of a GLOF event may be across the border in another country.

Snow cover has shown a decreasing trend since the middle of the twentieth century, probably due to an earlier onset of snowmelt (*very high confidence*). Snow cover trends have been clearly negative in most of the HKH since the early twenty-first century with only a

few exceptions. There has been a significant decrease in seasonal snow cover during the summer and winter months. Snow cover days have generally declined at an average rate of five snow cover days per decade with most of the changes at lower elevations. Snowline elevation at the end of the melting season over the HKH shows a statistically significant upward shift in over a quarter of the area and a statistically significant downward trend in less than 1% of the area. Although there are few projections of future snowpack in the region, snow cover is likely to have an accelerated loss under different global warming levels over the HKH, including the Tibetan Plateau (medium confidence). The snow cover extent will reduce by between 1% and 26% for an average temperature rise between 1.1°C and 4°C. Heavy snowfall has increased in recent years with frequent snowstorms observed over the Tibetan Plateau and the Himalaya (high confidence). These events are predicted to continue to become more frequent and intense in the future. The contribution of snowmelt to streamflow is expected to decrease under all climate scenarios. The onset of snow melting is expected to occur earlier in the future but its influence on the seasonality of river run-off in larger rivers may be dampened by increased rainfall.

Field observations show changes in Himalayan permafrost, and remote sensing estimates confirm decrease in permafrost cover in the Indian Himalayan region. Modelled results show a loss of about 8,340 km<sup>2</sup> in permafrost area for the western Himalaya between 2002–2004 and 2018–2020 and that the probable areal extent of permafrost decreased from 7,897 km<sup>2</sup> to 6,932 km<sup>2</sup> in the Uttarakhand Himalaya between 1970–2000 and 2001–2017. On the Tibetan Plateau, the area of permafrost degradation could range from 0.22×10<sup>6</sup> km<sup>2</sup> (13% area) in 2011-2040 to 1.07×10<sup>6</sup> km<sup>2</sup> in 2071-2099 (64.3% area). Changes in permafrost account for about 30% of road damage in the Qinghai–Tibet Plateau. Many mass wasting events are associated with permafrost degradation and are projected to increase in future (medium confidence). Change in the active layer thickness ranges from 5–30 cm in 2011–2040 for different warming levels. The active layer thickness is projected to further increase in 2041-2070 and exceed 30 cm in 2071–2099 for warming of 3.1°C or higher above the 1981-2010 baseline.

#### **KEY KNOWLEDGE GAPS**

There are very few direct measurements of ice and debris thickness on debris-covered glaciers. Estimates at a global scale show significant variations. More field measurements of these variables as well as ice temperature and annual/seasonal glacier surface mass balances are highly recommended to get a better understanding of how glaciers will react to future climate change and their subsequent effect on basin hydrology.

There are few in situ measurements of snow depth and snow water equivalent resulting in a limited understanding of spatial variability of snowpack changes. In many parts of the HKH, snowmelt is much more important to run-off than glacier melt. These measurements and related measurements (such as high altitude hydrometeorological measurements) urgently need to be increased and expanded. There are very few in situ measurements of ground temperature and borehole measurements to obtain both the present ground temperature as well as historical changes. There is also a lack of knowledge of the existence of permafrost and its importance to both the water cycle and natural hazards. More measurements are needed, especially in regions where road construction projects are being planned or undertaken and where people live in the vicinity of permafrost and are hence more vulnerable to landslides caused by permafrost degradation.

There are very few studies in the HKH on the effects of changes in all elements of the cryosphere on ecosystems and livelihoods. This also includes the relationship between changes in the cryosphere and natural hazards related to these changes. A greater emphasis should be placed on holistic studies.

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### 2.1. Introduction

The most important components of the cryosphere in the Hindu Kush Himalaya (HKH) are glaciers, snow, and permafrost. Glaciers and snow are highly visible features of the mountains in the HKH. In situ measurements of glaciers and snow are limited in extent and, where they exist, are generally sparse and lack continuity. However, recent advances in spatial and temporal resolution in satellite imagery have meant that our knowledge of snow and glacier extent and changes they have undergone has increased rapidly in just the last few years. More coordinated efforts by the glaciological community, such as in glacier projections under different climate scenarios, have meant that this field has also expanded rapidly.

Permafrost is defined as ground that remains at or below 0 degrees Celsius (°C) for at least two consecutive years. By its nature, it is not visible in the same way that glaciers and snow cover are, but it covers a considerable area of the HKH (Figure 2.1). Hence, it is not possible to measure its extent from satellite imagery, although ground features related to permafrost can be detected and used to train models to generate probability maps for the existence of permafrost. There have been several of these studies in recent years, but there are still very few groundbased measurements.

This chapter examines the effects that climate change will have on different components of the cryosphere in the HKH in the near future and the drivers of those changes. Advances in scientific understanding since the publication of The Hindu Kush Himalaya assessment report (Wester et al., 2019) are included as well as new knowledge on the status of the cryosphere since its publication. The chapter concludes by summarising the main current knowledge gaps concerning glaciers, glacial lakes, snow, and permafrost, and makes recommendations to address these gaps. The impacts of changes in the cryosphere on downstream hydrology and water resources, and natural hazards related to a changing cryosphere are covered in Chapter 3 of this report. The consequent impacts on ecosystems and livelihoods are covered in chapters 4 and 5 respectively.

FIGURE 2.1





#### DISTRIBUTION OF PERMAFROST (IN GREEN) AND GLACIERS (IN BLUE) AND SUMMARY STATISTICS FOR GLACIERS AND PERMAFROST IN THE MAJOR RIVER BASINS OF THE HKH



8.000

7,000

6,000

5,000

4,000

8,000

7,000

6,000

5,000

4,000

**Notes:** Boundaries of the portions of the river basins falling in the HKH outlined in dark grey. Blue circles represent glacier area (Randolph Glacier Inventory 6.0) and green circles represent permafrost area (Obu et al., 2019) in each river basin. Bar plots for each river basin indicate permafrost and glacier area in 200-metre elevation bins as a percentage of total permafrost and glacier area in the river basin falling in the boundary of the HKH, respectively.

8.000

7,000

6,000

5,000

4,000

## 2.2. The climate of the HKH region

#### 2.2.1. The observed climate in the HKH

Tropical/subtropical climatic conditions dominate in the foothills of the HKH, transitioning to an alpine climate at higher elevations with permanently snowand ice-covered peaks. The HKH region's meteorology is a unique example of the direct interplay of highaltitude mountains with complicated terrains, locally originating atmospheric weather patterns, and large-scale migratory weather systems. Because orography, the topographic relief of mountains, has an impact on large-scale air flows, mountain systems produce weather patterns that are highly changeable and relatively less predictable. Dynamic alterations brought on by orographic barriers and surface boundary forcings, such as changes in local temperature or humidity, created in difficult terrains further complicate this effect. In general, mountains have frictional effects on surface winds, block the passage of wind and weather systems, and cause vertical ascents and gliding flows across valleys. Mountains have the capacity to significantly alter the properties of weather systems through their interactions with them at various temporal and spatial scales (Pant et al. 2018).

The mountain ranges of the HKH are situated in a region of subtropical high pressure where seasonal pressure and the movement of wind systems from north to south typically affect seasonal weather. The amount of annual rainfall increases from west to east along the southern front of the range (Sabin et al., 2020). Most monsoon precipitation falls in the Lower Siwalik and Pir Panjal mountains of the Himalaya, whereas the high Himalaya, trans-Himalaya, and Karakoram ranges receive less precipitation (Bookhagen & Burbank, 2006). Over the western Himalaya, Hindu Kush, and Karakoram regions, these winter circulations and disturbances bring chilly winds and precipitation in the form of snow, largely connected with the troughs and low-pressure systems buried in these circulations known as western disturbances, which are mid-latitude weather systems that originate in the Mediterranean region (Madhura et al., 2015). There are different climatic sub-zones due to the large elevational range within the HKH, ranging

from the tropical zone below 1,000 metres above sea level (m a.s.l.) to the trans-Himalayan zone above 5,000 m a.s.l. The annual cycle of temperature and precipitation differs substantially in these different zones. Seasonal variations in the mean climate of the HKH are closely tied to the seasonal cycle of the regional atmospheric processes (Sabin et al., 2020). The observed weather and mean climate conditions over the HKH are summarised in Chapter 3 (see subsection 3.2) of *The Hindu Kush Himalaya assessment* report (Krishnan et al., 2019).

In this chapter, trends in precipitation and temperature have been presented from reanalysis data provided by ECMWF (European Centre for Medium-Range Weather Forecasts) using the ERA5 (ECMWF Reanalysis v5) version (Muñoz Sabater, 2021), which is the latest comprehensive ECMWF reanalysis climate data. ERA5 provides hourly estimates of the global atmosphere, land surface, and ocean waves from 1950, is updated daily with a latency of 5 days (Hersbach et al., 2020), and has a horizontal resolution of 31 kilometres (km). Seasonal distinctions may vary between and across basins, depending on the climatic variables considered for a given season. However, for the sake of consistency in making the comparison, we have chosen the following definitions for the four seasons across the basins: premonsoon (March-May), monsoon (June-September), post-monsoon (October-November), and winter (December-February).

The mean precipitation ranges from <100 millimetres (mm) to over 6,000 mm per year within the HKH (Figure 2.2, top). The precipitation hotspots lie in the Brahmaputra (~2,200 mm per year) and Irrawaddy river basins (~2,400 mm per year) whereas the lowest precipitation is observed on the Tibetan Plateau (~380 mm per year), Helmand (~380 mm per year), and Tarim (~210 mm per year) basins (Table 2.1). The western basins generally receive more precipitation during the winter months (mainly as snow), whereas more than 70% of the annual precipitation in the central and eastern basins of the Himalaya falls during the summer monsoon season. Most of the monsoon precipitation falls as rain. However, snowfall TOTAL AVERAGE ANNUAL PRECIPITATION (TOP) AND AVERAGE ANNUAL MEAN TEMPERATURE (BOTTOM) FOR THE 12 MAJOR RIVER BASINS OF THE HKH FOR THE PERIOD 1951–2020





Data source: ERA5 (Muñoz Sabater, 2021)

is prevalent in the high-elevation areas of the basins. The annual and seasonal precipitation for 12 major river basins of the HKH are presented in Table 2.1.

The average annual mean temperature within the HKH ranges from –20°C to 30°C. The plains experience higher temperatures than the middle and high mountain regions throughout the year. The lowest basin average annual mean temperature is about –4°C, on the Tibetan Plateau, while the highest basin average (22°C) is observed in the Irrawaddy River Basin. The seasonal mean temperature is the lowest during the winter season and highest during the monsoon season in all the river basins. The mean temperature during the pre-monsoon and post-monsoon seasons is above zero for all the basins except the Tibetan Plateau. The seasonal mean temperature decreases drastically after the monsoon, by at least 6°C, barring in the Irrawaddy and Mekong basins. In these two basins, the mean temperature stays relatively similar during the pre-monsoon, monsoon, and post-monsoon seasons. The average annual and seasonal mean temperatures for 12 major river basins of the HKH are presented in Table 2.1.

However, there are some studies which suggest that ERA5 data have a cold bias over the mountains (A. Khadka et al., 2022; Orsolini et al., 2019). This results in a considerable overestimation of snow depth, by a factor of up to 10, over the Tibetan Plateau (Orsolini et al., 2019) as well as of precipitation in the Himalaya above 4,000 m, by a factor of up to 3 (A. Khadka et al., 2022).

#### TABLE 2.1

AVERAGE SEASONAL AND ANNUAL PRECIPITATION AND MEAN TEMPERATURE FOR THE 12 MAJOR RIVER BASINS OF THE HKH FOR THE PERIOD 1951–2020

River basin	Precipitation (mm)						Temperature (°C)			
	Winter	Pre- monsoon	Monsoon	Post- monsoon	Annual	Winter	Pre- monsoon	Monsoon	Post- monsoon	Annual
Amu Darya	121.2	164.1	56.6	50.2	392	-3.8	9.5	20.4	5.0	9.1
Helmand	118.8	88.6	11.1	14.7	233	3.4	16.6	26.6	13.2	14.9
Indus	114.8	141.2	314.8	37.9	609	4.4	16.1	23.3	12.8	15.0
Tarim	16.4	52.4	127.5	15.8	212	-9.4	7.5	17.2	0.7	5.4
Ganges	72	116.6	1,050.6	68.7	1,308	13.3	24.2	25.8	19.5	21.2
Tibetan Plateau	18.4	62.7	282.8	19.5	383	-15.0	-4.3	6.0	-7.8	-4.1
Brahmaputra	152.8	513.6	1,383.2	170.9	2,221	-1.9	6.2	13.5	4.9	6.4
Irrawaddy	84.5	386.4	1,698.6	273.8	2,443	17.5	24.5	24.8	21.6	22.4
Salween	62.1	274.5	1,190.9	179.8	1,707	8.0	15.3	18.5	12.6	14.1
Mekong	61.6	343.8	1,090.0	214.9	1,710	17.5	22.7	23.5	20.1	21.2
Yangtze	127.5	365.9	739.7	142.4	1,376	0.8	11.4	20.4	9.4	11.4
Yellow River	26.6	109.8	408.3	59.7	604	-6.8	7.8	17.7	3.2	6.7

Data source: ERA5 (Muñoz Sabater, 2021)

Note: Under 'Tibetan Plateau', endorheic basins of the plateau are summarised.

## **2.2.2.** Trends in temperature and precipitation

The decadal trends in precipitation and mean temperature have been calculated using the ERA5 reanalysis dataset for the 12 major river basins of the HKH for the period 1951–2020. It is important to note that reanalyses such as ERA5 may have limited accuracy due to inhomogeneities connected to changing inputs from observations over time, such as data from new and improved instruments on satellites becoming available. Nevertheless, the accuracy of ERA5 may be assessed to some extent through comparison with local, in situ observations. The significance and magnitude of the trends are determined using the non-parametric Mann-Kendall test and Thiel-Sen slope, respectively. The trend in precipitation ranges between -3% and +3%per decade in the 12 river basins (Figure 2.3, top).

However, the trend is mostly non-significant in all areas except for the high-elevation areas of the Tarim Basin, some parts of the Ganges River Basin, and parts of the Yellow, Brahmaputra, and Irrawaddy river basins, where a significant decrease is noted. Similar results have also been observed over the HKH by Ren et al. (2017) using the China Meteorological Administration's CMA Global Precipitation dataset V1.0 (CGP1.0). Kraaijenbrink et al. (2021) also found a similar range ( $\pm$ 4% per year) for the trend in annual precipitation using the ERA5 dataset over the HKH region for the period 1979–2019. The *Hindu Kush Himalaya assessment* report also concluded that, with the present data, precipitation did not show clear trends in the past six decades (Krishnan et al., 2019).

Conversely, the mean temperature is increasing significantly in all regions of the HKH with an average observed increase of +0.28°C per decade for the period

FIGURE 2.3

DECADAL TRENDS IN TOTAL ANNUAL PRECIPITATION (TOP) AND AVERAGE ANNUAL MEAN TEMPERATURE (BOTTOM) FOR THE 12 MAJOR RIVER BASINS OF THE HKH FOR THE PERIOD 1951–2020





**Note:** The diagonal lines indicate the regions where the trend is significant at a 0.01 level. **Data source:** ERA5 (Muñoz Sabater, 2021)

1951-2020. The range in the observed trends for the 12 river basins varies from +0.15°C per decade to +0.34°C per decade for the same period. The observed trend was up to +0.66°C per decade in parts of the Tibetan Plateau, Brahmaputra, Amu Darya, and the headwaters of the Mekong and Yangtze basins (Figure 2.2, bottom). This agrees with the analyses of observed changes and reanalysis products for the few areas of the HKH where data are available (Chhetri et al., 2020; Ren et al., 2017; Q.-L. You et al., 2017). Kraaijenbrink et al. (2021) also found similar trends (0°C-0.6°C per decade) in the mean temperature using the ERA5 dataset over the HKH region for the period 1979-2019. The mean temperature trend is non-significant in some regions of the Indus, Ganges, and Tarim basins. The strongest trends are observed for the Tibetan Plateau, Amu Darya, and Brahmaputra basins, and the headwaters of the Mekong and Yangtze basins. The results also show temperatures to be decreasing over northern India, but those trends are influenced by air pollution (aerosols) and land-use change (for example, irrigation) (Jia, et al., 2019).

#### 2.2.3. Elevation-dependent warming

The ERA5 dataset for the period 1951-2020, including the trends in average temperatures at higher elevations, shows that the rate of warming is amplified with elevation (Figure 2.4). Here, grids where the values are significant at a 0.01 level (considered highly significant) have been used for the analysis. Areas of higher elevation (>4,000 m) show a greater decadal warming trend (~0.34°C per decade) than areas of lower elevation (<2,000 m) (~0.20°C per decade) for the whole of the HKH (Figure 2.4, top). Figure 2.4 (bottom) shows the decadal trends for the 12 major river basins of the HKH. The Hindu Kush Himalaya assessment report also documented the elevation dependence of the climate warming signal. A greater increase in winter mean temperature was seen, up to 0.6°C in high-elevation areas (>2,000 m) of the Tibetan Plateau, in comparison to low-elevation areas (<2,000 m) (Krishnan et al., 2019). Elevation-dependent warming (EDW) is observed in 9 out of 12 major river basins in the HKH with the strongest amplification

SCATTER PLOTS OF SIGNIFICANT DECADAL TEMPERATURE TRENDS WITH ELEVATION FOR THE PERIOD 1951–2020 FOR THE HKH (TOP) AND ITS 12 MAJOR RIVER BASINS (BOTTOM)



with elevation in the Brahmaputra Basin. Similar EDW is observed for the Ganges, Yangtze, and Indus basins. The Mekong, Tibetan Plateau, Salween, Yellow River, and Tarim basins also show EDW but to a lesser extent. However, in the Amu Darya, Irrawaddy, and Helmand basins, the warming trends are higher in low-elevation areas than at higher altitudes.

# **2.2.4.** The complexity of extreme events

Extreme events can have severe consequences for nature and society, according to the contribution of Working Group I (WGI) to the Sixth assessment report (AR6) of the Intergovernmental Panel on Climate Change (IPCC) (IPCC, 2021). The term 'extreme events' generally refers to a wide class of phenomena that historically have taken place only infrequently but with 'great force'. In the context of climate, an extreme weather event is defined in the AR6's WGII glossary (IPCC, 2022b) as 'an event that is rare at a particular place and time of year. Definitions of "rare" vary, but an extreme weather event would normally be as rare as or rarer than the 10<sup>th</sup> or 90<sup>th</sup> percentile of a probability density function estimated from observations. The characteristics of what is called extreme weather may vary from place to place in an absolute sense.'

Many phenomena that are considered extreme weather events are difficult to study due to a lack of reliable observations. For the climate in the HKH region, relevant extreme events include heatwaves, extreme precipitation, extreme snowfall, and typhoons, hence extreme precipitation and temperature events. However, they may also include 'compound events' in which several factors coincide and can lead to cascading risks. An example of such a compound event is high temperature that causes rapid snowmelt simultaneously with high rainfall. A recent example of a compound event combining a heatwave and high precipitation is the 2022 summer floods in Pakistan that had devastating consequences downstream.

The risk of heavy rainfall that may lead to flooding and mudslides (Fowler et al., 2021) is influenced both by the mean rainfall intensity (wet-day mean precipitation) as well as how often it rains (wetday frequency). A recent analysis suggests that the probability of receiving more than 50 mm of rainfall in a day has increased over Europe and the USA, where daily rain gauge data are readily available, and the increased risk is mainly attributable to higher mean rainfall intensities (Benestad et al., 2019). In the HKH region too, extreme precipitation is expected as the result of either more intense precipitation events, more days with precipitation, or a combination of both higher intensity rainfall and more rainy days.

An analysis of global rainfall patterns suggests that they have undergone dynamic changes over the period 1950–2020, leading to more concentrated and intense events, and that these changes seem to match the evolution in global mean temperature (Benestad et al., 2022; Bove et al., 2022; Fowler et al., 2021). This suggests that the rainfall amounts increase and become more extreme as (i) higher temperatures near the surface favour higher rates of evaporation and a faster turnaround of the global hydrological cycle, and (ii) because the rainfall is becoming more unevenly distributed and concentrated in localised wet spots.

According to Hock et al. (2019), even a low emissions climate projection suggests future increases in annual precipitation in the HKH of 5%-20% over the twentyfirst century. Changes in the frequency and intensity of extreme precipitation events vary according to season and region. For example, the frequency and intensity of extreme rainfall events are projected to increase throughout the twenty-first century across the Himalayan-Tibetan Plateau mountains, particularly during the summer monsoon (Panday et al., 2015; Sanjay et al., 2017). This suggests a transition toward more episodic and intense monsoonal precipitation, especially in the easternmost part of the Himalayan range (Palazzi et al., 2013). At higher elevations, where local warming is insufficient to affect rain-snow partitioning, increases in total winter precipitation can lead to more snowfall; the IPCC special report on the ocean and cryosphere in a changing climate (Hock et al., 2019) has attributed 'medium confidence' to this finding.

Changing rainfall patterns and more frequent extreme events call for adaptation to a changed future climate in order for societies to cope (IPCC, 2022a). Climate change adaptation requires local or regional climate information. However, global climate models used for providing future outlooks (projections) are designed only to reproduce large-scale aspects of the Earth's climate system. Most extreme events occur at more

regional or local spatial scales. Having said that, the local climate is nevertheless dependent on the largescale atmospheric circulation in addition to local geographical conditions. Information about these dependencies can be added to information we can draw from the global climate models themselves. The introduction of additional information concerning scale dependencies in climate research is called 'downscaling' (Benestad, 2016), but neither the global model nor downscaling (especially one single downscaling method) provides perfect information. Thus, it is important to use more than one strategy for downscaling (both dynamic and empirical-statistical) and to evaluate all steps of the process, from the global climate models to the downscaling methods. It is also important to take into account the presence of pronounced, natural regional climate variations that are chaotic, unpredictable, yet well-captured by global climate models (Deser et al., 2012), and to downscale a large selection of independent global climate model simulations in order to get robust results.

IPCC (2022a) also states, with medium confidence, that there have been increases in climate- and weather-related disasters in mountain regions over the last three decades, and that the frequency of such disasters has shown an increasing trend in the HKH. It is expected that changes in ice and snowmelt, seasonal increases in extreme rainfall, and the thawing of permafrost, all of which are projected for the future with high confidence, will favour chain reactions and cascading processes that can have devastating effects downstream, well beyond the site of the original event (Beniston et al., 2018; Cui & Jia, 2015; Shugar et al., 2021; Terzi et al., 2019; Vaidya et al., 2019). Such effects involve both extreme events and their consequences for the cryosphere, as extreme temperatures affect conditions for thawing and freezing. Cascading hazards are discussed in Chapter 3, subsection 3.2.2.

The incidence of disasters is expected to worsen in the future due to some hazards becoming more pervasive, and also because the exposure of people and infrastructure is expected to increase with future environmental and socio-economic changes, both of which will deepen the disaster risks. For instance, in the Technical Summary of AR6's WGI report, Arias et al. (2021) observe, with medium confidence, that extreme precipitation is expected to increase in major mountain regions, with consequences such as increased floods and landslides. Rain-on-snow events intensify floods and result in widespread consequences for societies, and their recurrence is expected to increase (Hock et al., 2019). There is also high confidence that glacier retreat, slope instabilities, and heavy precipitation will affect the occurrence of landslides and floods, although there is considerable uncertainty in the direction of change regarding landslides (IPCC, 2021).

### 2.3. Glaciers

Glaciers are recognised as identifiers of climate change (Hock et al., 2019), with changes in mass clearly indicative of their response to changes in temperature especially, as well as to snowfall and other meteorological variables. Their contribution to streamflow varies in the extended HKH, from being relatively high in its western parts (Indus, Amu Darya) to a more limited contribution in the eastern parts (Ganges, Brahmaputra) (Lutz et al., 2014). Glaciers play an important role during droughts in maintaining streamflow (Pritchard, 2019). Since the publication of the *HKH assessment report* (Bolch et al., 2019), major advances in the monitoring and understanding of

glaciers in the HKH have been achieved. For example, mass changes between the 1970s and 2020 of large glacier-covered areas of the HKH have been quantified with unprecedented accuracy (King et al., 2019; Maurer et al., 2019; Zhou et al., 2018). Additionally, the sensitivity of glacier mass balance to meteorological variables has been assessed in different regions of the HKH (Sakai & Fujita, 2017; R. Wang et al., 2019). Nevertheless, knowledge gaps remain, and this report enables them to be refined and identifies which scientific questions ought to be prioritised in future (section 2.7).

#### FIGURE 2.5

GEODETIC MASS BALANCE OF GLACIERS IN EACH REGION OF THE HKH AND FOR THE WHOLE REGION (INSET) FOR 1975–1999, 2000–2009, AND 2010–2019



**Notes and sources:** The size of the bars and their colour depend on changes in the average mass balance, expressed in metres water equivalent per year (m w.e. per year). The vertical black lines show the uncertainty. The bold numbers beside each basin give the glacier region in the Randolph Glacier Inventory. For 1975–1999, we rely on a compilation of data from the literature; for the other periods, we rely solely on Hugonnet et al. (2021). Note that the spatial coverage for 1975–1999 is generally much lower than for the following two periods, during which the spatial coverage is always higher than 92% of the total glacier-covered regional area (see Table 2.2 for the spatial coverage for each region). The source data used to compile the region-wide mean mass balances for 1975–1999 are listed in Appendix 1.

#### TABLE 2.2

REGION-WIDE GLACIER MASS BALANCES FROM DIFFERENT REGIONS IN THE HKH OVER THE PERIODS 1975–1999, 2000–2009, AND 2010–2019

Region	Glacier area (km²)	1975–1999 (m w.e. per year)	2000-2009 (m w.e. per year)	2010–2019 (m w.e. per year)
13-05 (West Kunlun)	8,141	0.02 ± 0.14 (2,356)	$0.20 \pm 0.05$	$-0.01 \pm 0.04$
13-06 (East Kunlun)	3,254	-0.06 ± 0.12 (642)	$-0.01 \pm 0.04$	$-0.14 \pm 0.04$
13-07 (Qilian Shan)	1,640	N. A. (0)	$-0.24 \pm 0.05$	$-0.33 \pm 0.06$
13-08 (Inner Tibet)	7,923	-0.23 ± 0.10 (1,947)	$-0.22 \pm 0.04$	$-0.39 \pm 0.05$
13-09 (South-east Tibet and Nyainqentanglha)	3,876	-0.11 ± 0.14 (1,055)	$-0.50 \pm 0.09$	$-0.78 \pm 0.10$
14-01 (Hindu Kush)	2,941	-0.11 ± 0.13 (841)	$-0.10 \pm 0.06$	$-0.23 \pm 0.05$
14-02 (Karakoram)	22,881	-0.07 ± 0.05 (10,694)	$-0.03 \pm 0.05$	$-0.09 \pm 0.04$
14-03 (Spiti Lahaul – West Himalaya)	7,776	-0.12 ± 0.09 (2,155)	$-0.32 \pm 0.05$	$-0.36 \pm 0.06$
15-01 (Central Himalaya)	5,450	-0.25 ± 0.10 (4,812)	$-0.34 \pm 0.05$	$-0.40 \pm 0.06$
15-02 (Eastern Himalaya)	4,904	-0.25 ± 0.08 (5,129)	$-0.41 \pm 0.06$	$-0.51 \pm 0.07$
15-03 (West Nyainqentanglha)	4,386	-0.19 ± 0.14 (615)	$-0.53 \pm 0.10$	$-0.66 \pm 0.10$
НКН	73,173	-0.12 ± 0.18 (30,246)	$-0.17 \pm 0.05$	$-0.28 \pm 0.05$

**Notes:** Region numbers follow the Randolph Glacier Inventory (RGI) numbering. For 1975–1999, the area covered by the different studies is indicated in brackets (in km<sup>2</sup>). Note that the spatial coverage for 1975–1999 is generally much lower than for the following periods, during which the spatial coverage is always higher than 92% of the total glacier-covered area. Some areas have been counted twice for the 1975–1999 period, leading to a total surveyed area larger than the glacier-covered area in the region 15-02. The term m w.e. per year refers to metres water equivalent per year. **Source data:** See Appendix 1.

# **2.3.1.** Observed glacier area, surface velocity, thickness, and debris cover in the HKH

Local and global observations of glacier mass balance and other glacier variables have been steadily increasing since the publication of *The Hindu Kush Himalaya assessment* (Bolch et al., 2019), benefiting both from long-term institutional support for field-based measurements, and from globalscale observations.

Glaciers occupy an area of approximately 73,173 ± 7,000 square kilometres (km<sup>2</sup>) in the HKH (Sakai, 2019) (Figure 2.1). The revised GAMDAM (Glacial Area Mapping for Discharge from the Asian Mountains) glacier inventory, GAMDAM V2 (Sakai, 2019), is now the consensus inventory from which almost all outlines of RGI 7.0 (Randolph Glacier Inventory Version 7) originate. Regionally homogeneous inventories, such as GAMDAM V2, are used extensively for geodetic and modelling studies at regional to global scales. However, local, and often more detailed, inventories contribute to supplementing and improving the regional inventories and are thus highly valuable (Mölg et al., 2018; Racoviteanu et al., 2015), especially if multitemporal and time stamped. Most of the available glacier outlines are accessible through the Glacier Land Ice Measurements from Space database (GLIMS & NSIDC, 2005, updated in 2018), which increases their visibility and availability.

Data regarding glacier surface velocities have become more readily available in recent years. First, NASA's ITS\_LIVE (Inter-Mission Time Series of Land Ice Velocity and Elevation) project (Gardner et al., 2022) provides glacier surface velocity data as annual fields for all the glaciers of High Mountain Asia (HMA) at a 120-metre (m) resolution. The velocity fields are derived from the correlation of pairs of Landsat images and span the period 1985-2020. Similarly, Dehecq et al. (2019) derived annual surface velocities for the period 2000-2017 by applying feature tracking to over 900,000 pairs of Landsat-7 images, at a 240-m resolution, for 94% of all glaciers of HMA. However, the annual velocity fields have large voids in the glacier accumulation areas prior to 2013, due to the lack of contrast in textureless areas (Dehecq et al., 2019). Second, Millan et al. (2022) produced a highresolution (50-m) map of glacier velocity for the period 2017–2018, based on multi-sensor displacement measurements. The increased resolution is especially helpful for measuring the velocity of small glaciers; however, the velocity is available only for a given time stamp, which does not allow for the exploration of temporal changes in velocity (Dehecq et al., 2019). Using repeat-pass synthetic aperture radar (SAR) data acquired by the Sentinel-1 satellite constellation, Freidl et al. (2021) derived glacier surface velocity fields at a global scale, including all glaciers in the HKH, at up to a 6-day temporal resolution and at a 200-m spatial resolution, independent of weather conditions, daylight, and season.

Ice thickness is a critical parameter to model the future evolution of a glacier. Ice thickness is generally measured using radar sounding (Welty et al., 2020), which is a demanding and costly method. Consequently, very few measurements are publicly available for the region, through the GlaThiDa database (Glacier Thickness Database) for the HKH, only twelve glaciers have had their ice thickness measured and this number rises to 88 for the whole HMA, due to more numerous measurements in central Asia (Welty et al., 2020). Field measurements are complemented by model output estimates, which are based on glacier geometry, the regional field measurements, and incidentally ice surface velocity (Farinotti et al., 2019; Millan et al., 2022). Due to the scarcity of field measurements in HMA, the discrepancy between the two most up-to-date studies is the largest in this region, with the estimate from Millan et al. (2022) being 44% larger than the estimate from Farinotti et al. (2019). Uncertainties are large in both studies, and it is not possible to assess which study provides the best estimates of thickness for glaciers in the HKH, as there are no additional in situ measurements available to validate the two datasets. Both studies are based on an inverse modelling of surface velocities and are probably more accurate than estimates from the GlabTop (Glacier bed Topography) model (Frey et al., 2014). Airborne radar systems are a promising tool to map ice thickness over larger areas of HMA (Pritchard et al., 2020).

Many glaciers in the HKH have debris-covered tongues, whose debris thickness ranges from a few centimetres to more than one metre (Herreid & Pellicciotti, 2020). Depending on the RGI region and inventory considered, debris occupies 6%–19% of the glacier area in HMA, with the highest coverage in the central Himalaya (Herreid & Pellicciotti, 2020: Scherler et al., 2018). Debris thickness and its properties are important factors in glacier surface mass balance, as thin debris tends to enhance ice melt whereas thick debris reduces ice melt (Nicholson & Benn, 2006). At a global scale, debris is found to reduce sub-debris ice melt by 37%. However, in some regions, similar rates of elevation change on debris-covered and clean-ice glacier tongues have also been observed, partially due to differences in glacier dynamics (Rounce et al., 2021). Field mapping of debris thickness is based primarily on manual excavation, which is extremely time-consuming and demanding. Alternatively, radar sounding allows the measurement of debris thickness, but is still a demanding task. As a consequence, available measurements of debris thickness in the HKH are very scarce (Giese et al., 2021; McCarthy et al., 2017; Nicholson & Mertes, 2017). The extent of debris cover can be mapped from optical and thermal imagery, with some inherent challenges (McCarthy et al., 2022; Rounce & McKinney, 2014).

#### 2.3.2. Observed changes in glacier mass

While changes in glacier length and area show a delayed signal, glacier mass balance responds directly to climate and weather; thus, an assessment of glacier mass balance is essential to understanding climate change (Oerlemans, 2001; Zemp et al., 2019). The mass balance of glaciers has been measured using different methods, including conventional field methods (Østrem & Stanley, 1969), remote sensing methods (Bamber & Rivera, 2007, Brun et al., 2017; Shean et al., 2020), integration of remote sensing and field observations (Muhammad et al., 2019), and a variety of modelling approaches (Azam et al., 2018; Bolch et al., 2019; Shea et al., 2015).

#### OBSERVED GLACIER CHANGES FROM FIELD MEASUREMENTS

Long-term, continuous, and high-quality series of annual and seasonal mass balance measurements are needed to understand the variability in glacier mass balance under a changing climate (Zemp et al., 2019). Glacier mass balances have been measured using the conventional glaciological method (Østrem & Stanley, 1969). The huge manual efforts on the ground needed, the high elevations, and harsh weather conditions in the HKH make it difficult to conduct long-term glaciological measurements; hence, the existing in situ studies are mostly of easily accessible, small-sized, and less debris-covered glaciers (Azam et al., 2018; Vishwakarma et al., 2022). Glacier mass balance observations have been conducted on 28 glaciers in the Himalayan Range (Table 2.3), 9 glaciers in the Pamir Range, and 11 glaciers on the Tibetan Plateau (Miles et al., 2021, supplementary Table 1; Yao et al., 2022). Unfortunately, no glacier has been observed for mass balance in the Karakoram. Some of the observations in the HKH are for a year only while some series are intermittent. Chhota Shigri Glacier provides the longest continuous mass balance series - since 2002 - and has had a mean mass wastage of  $-0.46 \pm 0.40$  metres water equivalent per year (m w.e. per year) (Mandal et al., 2020). The Mera, West

Changri Nup, Chorabari, Pokalde, Rikha Samba, Trakarding-Trambau, and Yala glaciers comprise the other continuous/ongoing observation series in the Himalaya (Table 2.3). Some of the observed glaciers, for example, Hamtah and Satopanth glaciers, are highly debris-covered and with steep headwalls, where accumulation often occurs through sporadic avalanches and regular accumulation measurements cannot be carried out (Azam et al., 2018). Due to the presence of inaccessible areas and debris cover, and avalanche feeding, the observed mass balance series are often biased, and hence need to be corrected using geodetic mass balance measurements over the same period (Zemp et al., 2015). The mass balance series for Chhota Shigri, Mera, and West Changri Nup glaciers have been systematically checked and corrected (Azam et al., 2016; Sherpa et al., 2017; Wagnon et al., 2020).

TABLE 2.3	FIELD GLACIOLOGIC	ELD GLACIOLOGICAL MASS BALANCE OBSERVATIONS IN THE HIMALAYA							
Glacier name and location		Area (km²)	Debris cover area (%)	Period studied	Mass balance (m w.e. per year)	Reference			
Eastern Himalaya									
1. Changmekha Sikkim, India	angpu, a	5.6	50	1979–1986	-0.26	GSI (2001)			
2. Gangju La, Pho Chhu, Bl	hutan	0.3	Clean	2003–2004; 2012–2014	$-1.38 \pm 0.18$	Tshering & Fujita (2016)			
			Central H	limalaya					
3. AX010, Shorang Himal, Nepal		0.6	Clean	1978–1979; 1995–1999	$-0.69 \pm 0.08$	Fujita et al. (2001)			
4. Chorabari, Garhwal Himalaya, India		6.7	53	2003–2010; 2015–2016	-0.72	Dobhal et al. (2013); Dobhal et al. (2021)			
5. Dokriani, Garhwal Himalaya, India		7.0	6	1992–1995; 1997–2000;	-0.32	Dobhal et al. (2008)			
6. Dunagiri, Garhwal Himalaya, India		2.6	~80	1984–1990	-1.04	GSI (1991)			
7. Kangwure, Xixiabangma	a, China	1.9	Clean	1991–1993; 2008–2010	-0.57	S. Liu et al. (1996); Yao et al. (2012)			
8. Mera, Dudh Koshi E	Basin, Nepal*	5.1	Clean	2007–2019	$-0.41 \pm 0.20$	Wagnon et al. (2020)			
9. Naimona'nyi, Naimona'nyi region, China		7.8	Clean	2005–2010	-0.56	Yao et al. (2012)			
10. Pokalde, Dudh Koshi Basin, Nepal		0.1	Clean	2009–2015	$-0.69 \pm 0.28$	Wagnon et al. (2013); Sherpa et al. (2017)			
11. Rikha Samb Hidden Valle	oa, ey, Nepal	4.6	Clean	2011-2017	$-0.39 \pm 0.32$	Stumm et al. (2021)			

12. Satopanth, Alaknanda Basin, India	19.0	58	2014-2015	-2	Laha et al. (2017)
13. Tipra Bank, Garhwal Himalaya, India	7.0	15	1981–1988	-0.14	Gautam and Mukherjee (1992)
14. Trakarding–Trambau Rolwaling Region, Nepal	31.7	14	2016-2018	-0.74	Sunako et al. (2019)
15. West Changri Nup, Dudh Koshi Basin, Nepal*	0.9	Clean	2010-2015	$-1.24 \pm 0.27$	Wagnon et al. (2013); Sherpa et al. (2017)
16. Yala, Langtang Valley, Nepal	1.6	Clean	2011-2012	$-0.80 \pm 0.28$	Stumm et al. (2021)

Western Himalaya								
17. Chhota Shigri, Lahaul–Spiti Valley, India*	15.5	3.4	2002–2014	$-0.46 \pm 0.40$	Azam et al. (2016); Mandal et al. (2020)			
18. Hamtah, Lahaul–Spiti Valley, India	3.2	~70	2000–2009; 2010–2012	-1.43	GSI (2011); Mishra et al. (2014)			
19. Gara, Baspa Basin, India	5.2	17	1974–1983	-0.27	Raina (1977); Sangewar and Siddiqui (2007)			
20. Gor Garang, Baspa Basin, India	2.0	~60	1976–1985	-0.38	Sangewar and Siddiqui (2007)			
21. Kolahoi, Jhelum Basin, India	11.9	Clean	1983–1984	-0.27	Kaul (1986)			
22. Naradu, Baspa Basin, India	4.6	~60	2000–2003; 2011–2015	-0.72	Koul and Ganjoo (2010)			
23. Neh Nar, Jhelum Basin, India	1.3	Clean	1975–1984	-0.43	GSI (2001)			
24. Patsio, Lahaul–Spiti Valley, India	2.25	10	2010-2017	-0.34	Angchuk et al. (2021)			
25. Rulung, Zanskar Range, India	1.1	Clean	1979–1981	-0.11	Srivastava (2001); Sangewar and Siddiqui (2007)			
26. Shaune Garang, Baspa Basin, India	4.9	24	1981–1991	-0.42	GSI (1992); Sangewar and Siddiqui (2007)			
27. Shishram, Jhelum Basin, India	9.9	Clean	1983–1984	-0.29	Kaul (1986)			
28. Stok, Ladakh, India	0.74	5	2014–2019	-0.39	Soheb et al. (2020)			

Notes: Mass balance uncertainty is included when given in the original source. The asterisk refers to glaciers for which the glaciological and the geodetic mass balances have been compared.

## OBSERVED GLACIER CHANGES FROM GEODETIC MEASUREMENTS

Despite a wide range of spaceborne sensors, such as GRACE (Gravity Recovery and Climate Experiment), GRACE-FO (GRACE Follow-On), ICESat (Ice, Cloud, and Land Elevation Satellite), and ICESat-2, measuring changes in mass or elevational changes (X. Wang et al., 2020), most of the recent knowledge about glacier mass change at the scale of the HKH originates via geodetic measurements from satellite optical photogrammetry. Geodetic measurements consist of measuring changes in glacier volume from observed changes in elevation (Bolch et al., 2011). Elevation data originate from digital elevation models (DEMs), derived either from SAR or optical methods. In the HKH, the most successful methods relied on spy imagery from the 1960s and 1970s (from the satellites Corona KH-4 and Hexagon KH-9) (for example, Bhattacharya et al., 2021; Bolch et al., 2011; Maurer et al., 2019), and on ASTER (Advanced Spaceborne Thermal Emission and Reflection Radiometer), Worldview, and Pléiades images for the period 2000–present (for example, Bhattacharya et al., 2021; Hugonnet et al., 2021; Shean et al., 2020).

Despite progress made in the automation of processing Kh-9 Hexagon images from the 1970s and 1980s (Dehecq et al., 2020; Maurer et al., 2016), there are still many uncovered areas, in particular on the Tibetan Plateau. The most comprehensive studies focused on the central Himalaya (King et al., 2019; Maurer et al., 2019), the Karakoram (Bolch et al., 2017; Zhou et al., 2017), the eastern Himalaya (Maurer et al., 2016), and the Tibetan Plateau and its surroundings (Zhou et al., 2018). In this assessment, we do not aim to be exhaustive, but consider selected studies with a large spatial coverage. These studies found moderate losses in glacier mass, with an average HKH-wide mass balance of  $-0.12 \pm 0.18$  m w.e. per year for the period 1975-2000. Over the same period, the most negative mass balance values are observed in the central and eastern Himalayan regions, of -0.25 m w.e. per year, while some regions are close to balance (Figure 2.5; Table 2.2).

For the period 2000-2019, the most comprehensive results were obtained from time series of the ASTER, Worldview, and Pléiades DEMs, which provided almost complete coverage of all glaciers in the HKH (Brun et al., 2017; Hugonnet et al., 2021; Shean et al., 2020). The three studies are based on different methodologies, that consist of extracting trends of elevation time series. They cover different periods, 2000-2016, 2000-2018, and 2000-2019 for Brun et al. (2017), Shean et al. (2020), and Hugonnet et al. (2021), respectively. Even though the periods covered differ slightly, the results for region-wide mass balances are in good agreement between the three studies. We present the most up-to-date results from Hugonnet et al. (2021) only, which has the advantage of splitting the results into sub-periods of 5/10 years. The rate of mass losses in the HKH accelerated through the study period. The mass balance is -0.17 m w.e. per year for the period 2000-2009 and -0.28 m w.e. per year for 2010-2019. The most negative mass balances are observed in the eastern HKH with the South-east Tibet and Nyainqentanglha regions reaching  $-0.78 \pm$ 0.10 m w.e. per year for the period 2010-2019, while

the West Kunlun region shows a near-balanced mass budget of  $-0.01 \pm 0.04$  m w.e. per year over the same period (Figure 2.5). The Karakoram region, known for its balanced regional mass budget, showed slight wastage of  $-0.09 \pm 0.04$  m w.e. per year for 2010–2019. Bhattacharya et al. (2021) also suggested a phase of mass loss of the Karakoram glaciers, especially post-2013. These recent negative mass balance estimates suggest that the 'Karakoram anomaly' is probably over.

# 2.3.3. Projected changes in glacier mass

At the time of publication of the *Hindu Kush Himalaya assessment* report, only a few model runs were available to quantify the future evolution of glaciers in the HKH (Bolch et al., 2019). Coordinated efforts by the glacier community's Glacier Model Intercomparison Project (known as glacierMIP) to model future glacier changes have led to a significant increase in the number of available projections under different shared socio-economic pathways (SSPs), with nine models now contributing to simulations (Edwards et al., 2021; Marzeion et al., 2020), versus only six models being included in the *Hindu Kush Himalaya assessment* report (Bolch et al., 2019)

## PROJECTED CHANGES AT GLOBAL WARMING LEVELS UNDER THE PARIS AGREEMENT

At a global warming level (GWL) between 1.5°C and 2°C mentioned in the Paris Agreement, the glaciers of the HKH are expected to lose 30%–50 % of their volume by 2100 relative to 2015 (Edwards et al., 2021; Kraaijenbrink et al., 2017; Marzeion et al., 2020; Rounce et al., 2020). The corresponding, remaining glacier-covered areas range from 50% to 70%. At this GWL, the losses in glacier mass will be continuous through the twenty-first century. The specific mass balance rate (that is, the annual amount of mass loss and gain) will remain negative, even though it will become less negative by the end of the century, as glaciers retreat to higher elevations.

The regional differences between projected mass losses depend on the present-day mass balance, projected changes in air temperature and precipitation, and various glacier attributes, such as ice thickness (Shea et al., 2015), hypsometry (Miles et al., 2021), debris cover (Kraaijenbrink et al., 2017), and whether they are lake- or land-terminating glaciers (King et al., 2019), etc. It is difficult to untangle each contribution, but the largest losses in mass and area will happen in areas with the lowest glacier cover. Regions with limited ice coverage (such as the northeastern Tibetan Plateau) will lose up to 70% of their glacier-covered area by 2100 (Kraaijenbrink et al., 2017).

## PROJECTED CHANGES AT OTHER GLOBAL WARMING LEVELS

For higher GWLs of +3°C or +4°C, the remaining glacier volume by 2100 will range from 25% to 45% and from 20% to 30%, respectively, relative to 2015 (Edwards et al., 2021; Marzeion et al., 2020). For these GWLs, the specific mass balance rates are more and more negative throughout the twenty-first century, meaning that, on average, the annual mass losses each year are more than the losses of the year before. For a GWL of +4°C, only the heavily glacierised regions of West Kunlun and the Karakoram have a remaining glacier area of about 50% of their area in 2020. All other regions have a glacierised area that is less than 30% of their area in 2020 (Kraaijenbrink et al., 2017).

# **2.3.4.** Towards a better understanding of glacier response to climate change

#### **DRIVERS OF REGIONAL GLACIER MASS CHANGES**

There is a growing body of literature that discusses the drivers of the observed glacier mass changes, in particular the contrasting pattern of recent glacier mass balance at the scale of the HKH. Depending on the climatology, glaciers are defined as maritime glaciers if they receive a large amount of precipitation, or as continental glaciers if they are in drier and colder environments. Maritime glaciers are more sensitive to climate change than their continental counterparts. In the HKH, the maritime glaciers of the eastern Himalaya and Nyainqentanglha regions are losing the most mass, while the continental glaciers of West Kunlun are stable (Sakai & Fujita, 2017; R. Wang et al., 2019).

However, the differential sensitivity hypothesis fails to fully explain the gains in glacier mass in the Karakoram and West Kunlun regions, which is referred to as the 'Karakoram anomaly' (Farinotti

et al., 2020; Gardelle et al., 2012). The precise physical drivers of the anomaly can be established with only moderate confidence, but some notable drivers are the summer cooling (Forsythe et al., 2017), increased winter snowfall (Norris et al., 2019), higher sensitivity to snowfall (Kumar et al., 2019), and increased irrigation which results in more evapotranspiration, and hence greater snowfall, which has reduced the net energy balance (de Kok et al., 2020). Two main explanations, probably both true and complementary, have been proposed to explain the Karakoram anomaly. A change in the large-scale atmospheric circulation may have contributed to intensified westerlies over this region, leading to more precipitation (Forsythe et al., 2017). And at a regional scale, an intensification of irrigation in the Tarim Basin over the last few decades has enhanced the local/ regional convection and thus precipitation over the mountains. However, the persistence of the anomaly in the coming years is uncertain, and the most recent geodetic mass balance measurements hint at the apparent end of the anomaly due to strong increases in summer temperatures (Bhattacharya et al., 2021; Hugonnet et al., 2021).

#### **DEBRIS COVER**

As debris cover is an important control of glacier surface mass balance, there is a need to assess whether accounting for debris would modify glacier projections. Several major advances have been made recently in the understanding of the influence of debris and surface features (such as ice cliffs and supraglacial ponds) on the surface mass balance and dynamics of glaciers in the HKH. Maps of debris cover and debris thickness are now available for every glacier in the HKH (Herreid & Pellicciotti, 2020; Rounce et al., 2021; Scherler et al., 2018). A comprehensive mapping of surface features is not yet available, due to the challenges in mapping these small-scale features. The increasing availability of high-resolution multispectral images is a promising development (Kneib et al., 2021). Approaches combining modelling, field measurements, and remote sensing techniques have demonstrated the quantitative importance of ice cliffs and supraglacial ponds, which enhance melt by a factor of between 3 and 13 for ice cliffs (Buri et al., 2021) and between 9 and 17 for supraglacial ponds (Miles et al., 2018) relative to the melting of ice beneath debris.

All these process-based studies feed model parameterisations. Englacial debris transport is now modelled explicitly for individual glaciers (Scherler & Egholm, 2020; Wirbel et al., 2018), or can be parameterised for all the glaciers of the HKH (Compagno et al., 2022; Rowan et al., 2015). Distributed melt model parameterisation has also improved, and such models can now be applied at glacier to regional scales (Kraaijenbrink et al., 2017; Steiner et al., 2021). There are only two studies accounting explicitly for the effect of debris on future glacier evolution in the HKH (Compagno et al., 2022; Kraaijenbrink et al., 2017). Both found that including debris has only a small effect on the regional-scale evolution of glacier volume and area, as long-term, the thinning of debris-covered and debris-free glaciers under a changing climate is similar (Banerjee, 2017). However, for individual glaciers, the models show that the inclusion of debris has a strong influence on the dynamics and timing of glacier retreat.

#### **HIGH-ELEVATION PROCESSES**

Other elements of the surface mass and energy balance of glaciers have been investigated in selected places. These studies investigate surface mass balance processes in different regions (Fugger et al., 2022; Mandal et al., 2022). Some of the major uncertainties in surface mass balance are related to the role of turbulent fluxes, and in particular, sublimation (Steiner et al., 2018; Stigter et al., 2018). Wind erosion (Litt et al., 2019) and refreezing (Saloranta et al., 2019; Stigter et al., 2021; Veldhuijsen et al., 2021) are likely major contributors to the surface mass and energy balance of glaciers and snow, especially at high elevations. However, the lack of automatic weather stations (AWSs) and mass balance measurements limits the applicability of these models to other climate settings. Recent campaigns aimed at installing and maintaining these AWSs might be fruitful, even though they are limited to specific and limited locations (A. Khadka et al., 2022; Matthews, Perry, Koch et al., 2020).

#### OTHER FACTORS RESPONSIBLE FOR GLACIER MASS CHANGES

Some specific features may also influence the response of glaciers to climate change. Laketerminating glaciers are known to systematically lose more mass on average than neighbouring landterminating glaciers (Brun et al., 2019, King et al., 2019; Pronk et al., 2021; Tsutaki et al., 2019). Moreover, the mass budgets of surge type glaciers and nonsurge type glaciers are similar overall, showing that such instabilities in flows do not affect the glacierwide mass balance of glaciers (Gardelle et al., 2013). Nevertheless, when glaciers are in a surging state, mass balance is impacted, negatively or positively, depending on the surge stage (Guillet et al., 2022, King et al., 2021; Sevestre & Benn, 2015).

## 2.4. Glacial lakes

**FIGURE 2.6** 

Glacial lakes form from glacial depressions, eroding the soil and sediment around them as they move. Glacial lakes form on the surface of glaciers (generally, debris-covered glaciers) as supraglacial lakes (Miles et al., 2017), behind moraines as proglacial lakes (Carrivick & Tweed, 2013), and beneath glaciers as subglacial lakes or englacial lakes (Livingstone et al., 2022). Some lakes formed during previous glacial recessions since the Little Ice Age from the early 14<sup>th</sup> to the mid-19th century but are now completely disconnected from the glacial source (Cook & Quincey, 2015). Glacier recession in response to climate change has resulted in an increase in, and expansion of glacial lakes globally (Shugar et al., 2020), in HMA (Cook & Quincey, 2015; Zheng et al., 2021), and in the HKH (Ahmed et al., 2021; W. Li et al., 2022).

Between 1990 and 2018, the number of known glacial lakes globally had increased to 14,394 (a 53% increase), with a total area of  $8.95 \times 10^3$  km<sup>2</sup> (a 51% increase) and an estimated volume of 156.5 km<sup>3</sup> (a 48% increase) (Shugar et al., 2020). W. Li et al. (2022) identified 9,673 glacial lakes in the HKH in 2020, with an increase in their number by 5,974 and in their area by 409 km<sup>2</sup> in the 30 years since 1990. Across HMA as a whole, 30,121 glacial lakes were mapped in 2018 with an area of 2080.12 ± 2.28 km<sup>2</sup> (X. Wang et al., 2020) (see Figure 2.6).

Numerous studies have been conducted to map glacial lakes and changes in them over time in HMA and the HKH (Chen et al., 2021; W. Li et al., 2022; Maharjan et al., 2018; X. Wang et al., 2020; Zheng

Dzungarian Alatau Northen/Western Tien Shan Eastern Tien Sha Central Tien Shan Tarim Pamir Alay Eastern Pamir Altun Shan Amu Darya Western Pamir Oilian Shan Western Kunlun Shan Eastern Kunlun Shan Karakoram Tarim **Yellow River** Hindu Kush Helmand Eastern Tibetan Mountains Indus Western Himalaya Tanggula Shan Tibetan Interior Mountains Mekong Nyaingentanglha Yangtze Brahmaputra Hengduan Shan Central Himalaya LEGEND Eastern Himalaya Salween Glacial lake Ganges **High Mountain Asia** Irrawaddy HKH Boundary 640 km 320 National Park Se

DISTRIBUTION OF GLACIAL LAKES IN THE HKH AND THE REST OF HIGH MOUNTAIN ASIA IN 2018.

Source: Glacial lakes data X. Wang et al. (2020), HMA boundary Bolch et al. (2019)

et al., 2021). However, there are still discrepancies in their number and area (see Table 2.4) due to differences in the methodology applied, extent of lake inventory, the threshold size chosen, and delineation techniques used. Recently, an advanced technology based on SAR data and machine learning approaches has been used to identify and map glacial lakes in the HKH and HMA regions (Ortiz et al., 2022; Wangchuk & Bolch, 2020). Unmanned aerial vehicle (UAV) surveys, DEM differencing, time series of SAR data, and Google Earth Engine have been used to monitor and evaluate glacier flow velocity, moraine dam stability, ice-core moraine degradation, and slope stability of the headwalls surrounding glacial lakes (Nuth & Kaab, 2011; Wangchuk et al., 2022). This advanced technology and computing resources enable the development of an integrated approach for monitoring the susceptibility of glacial lakes to glacial lake outburst floods (GLOFs).

Numerous studies have suggested that the total area and number of glacial lakes have increased significantly since the 1990s (Nie et al., 2017; Shugar et al., 2020; G. Zhang et al., 2015; Zheng et al., 2021). The expansion of proglacial lakes as glaciers recede (Zheng et al., 2021), as well as the break-up of glacial snouts (Thompson et al., 2012) drive the increase in the total area covered by glacial lakes. However, it is not the same for glacial lakes that are separated from glaciers. The development of distant glacial lakes is primarily influenced by regional precipitation, temperature, evapotranspiration, and human factors (C. Guo, 2017). Increased precipitation is most likely the primary driver of lake growth on the Tibetan Plateau (Brun et al., 2020). Based on approaches to modelling the development of future glacial lakes in HMA, a total of 25,285 overdeepenings with a total volume of 99.1  $\pm$  29.5 km<sup>3</sup> covering 2,683  $\pm$ 812 km<sup>2</sup> was computed (Furian et al., 2021). The number and area of proglacial lakes are anticipated to increase substantially in the future, and lakes become increasingly vulnerable to mass movement (Furian et al., 2021).

Ice-adjacent lakes – as compared to disconnected lakes – can drain rapidly, resulting in the release of a significant volume of water, causing a GLOF that can damage downstream settlements and infrastructure. Many proglacial as well as ice-dammed lakes are expected to develop over the next decade due to continued glacier retreat (Furian et al., 2021; Zheng et al., 2021) with the emergence of new GLOF hotspots (Linsbauer et al., 2016; Zheng et al., 2021). A global database of recorded GLOFs (Lützow and

#### TABLE 2.4

NUMBER AND AREA OF GLACIAL LAKES IN SPECIFIED REGIONS FOR INDIVIDUAL YEARS, AND CHANGES IN NUMBER AND AREAS OF GLACIAL LAKES FOR DEFINED PERIODS.

Region	Year/Period	Number	Area (km²)	Methodology	Reference
Central Himalaya	2010	1,314	197.22	Semi-automatic	Nie et al. (2013)
Eastern, central, and western Himalaya	2015	4,950	455.3	Semi-automatic	Nie et al. (2017)
НКН	2005	25,614	1,444	Semi-automatic	Maharjan et al. (2018)
НКН	1990-2020	5,974	408.93	Automatic	W. Li et al. (2022)
HMA	2010	5,701	682.4	Manual	G. Zhang et al. (2015)
HMA	2015	26,633	1,968.8	Semi-automatic	Zheng et al. (2021)
HMA	2016	21,249	1,577.38	Automatic	M. Zhang et al. (2021)
НМА	2017	15,348	1,395.24	Semi-automatic	Chen et al., (2021)
НМА	2018	30,121	2,080.12	Semi-automatic	X. Wang et al. (2020)
НМА	1990–2015	1,481	125.8	Semi-automatic	Zheng et al. (2021)
НМА	1990–2018	2,916	273.65	Semi-automatic	X. Wang et al. (2020)
HMA	2009–2017	3,342	220.64	Semi-automatic	Chen et al. (2021)

Note: The number and area for a period (such as 1990 – 2020) refers to an increase in these parameters over that time.

Veh, 2022) reports a total of 350 events for the HKH with 325 events occurring in the last 150 years. The majority of GLOFs in the region have occurred from ice- or moraine-dammed glacial lakes (Carrivick & Tweed, 2013; M. Liu et al., 2020, Nie et al., 2017). Most GLOFs in the Karakoram are from ice-dammed glacial lakes (Emmer et al., 2022, Y. Gao et al., 2021), whereas the majority in the rest of the HKH are from moraine-dammed lakes.

The risk of GLOFs occurring in HMA is predicted to triple by the end of the century, with a significant number of potential transboundary GLOFs, primarily in the eastern Himalaya (Zheng et al., 2021). However, a recent study stated that it is still unclear whether the increase in the number of GLOFs reported globally is associated with warming temperatures or the growing research interest in them and the access to abundant data, even though some previous GLOFs now identified were unreported or unknown earlier (Veh et al., 2022). Despite this ambiguity, a comprehensive study with detailed ground investigations should be conducted to identify potentially dangerous glacial lakes (PDGLs) and prioritise their hazard levels to prevent or reduce the risk, damage, and loss that GLOFs have repeatedly caused to downstream communities.

### 2.5. Snow

Snow is an essential component of the mountain ecosystem and plays a key role in glacier nourishment and water availability, but also triggers mass movements and floods. Several regions of HMA are more dependent on snowmelt than glacier melt (Kraaijenbrink et al., 2021). Snow monitoring is critical in the HKH, particularly in the spring season, as it is important for daily use by downstream communities (T. Smith et al., 2017) for agriculture, energy, drinking water supply, and industry. Despite the significance of snow (Figure 2.7), its in situ monitoring is scarce in the HKH (Bolch et al., 2019). In particular, the major proportion of the snowpack remains at high elevations and is poorly measured (Smith & Bookhagen, 2018). In contrast, remotesensing data provide large spatio-temporal coverage and are widely used for snow monitoring on regional and global scales (Desinavak et al., 2022; Hall et al., 2010; Notarnicola, 2022).

# **2.5.1.** Observed and projected changes in snow cover and snow line elevations

Snow cover in the northern hemisphere shows a decreasing trend since the mid-twentieth century probably due to greenhouse gas emissions and other human influences - with an earlier onset of snowmelt contributing to seasonal changes in streamflows (IPCC, 2022a). The trends in snow cover have been clearly negative in most of the HKH since the early twenty-first century (Ackroyd et al., 2021; Bormann et al., 2018; Desinayak et al., 2022), but there are a few exceptions, including the Karakoram, where the changes have been non-significant (Bilal et al., 2019; Thapa & Muhammad, 2020). There has been a significant decrease in seasonal snow cover during the summer and winter months, as well as a decline from mid-spring through mid-fall, indicating a shift in seasonality (Naegeli et al., 2022). Snow cover days generally declined in all mountain regions globally at an average rate of 5 snow cover days per decade since the mid-twentieth century with most of the changes at lower elevations, attributed to the conversion of solid precipitation to liquid precipitation due to warmer air temperatures in most places, causing an increase in melt throughout (Hock et al., 2019). Most of the river

basins show a decreasing snow cover trend between 2003 to 2020 with a heterogeneous pattern on the Tibetan Plateau and the eastern Himalaya (Figure 2.7). The seasonal snow cover also shows significant fluctuations in the Mekong, Salween, Tarim, Tibetan Plateau, Yangtze, and Yellow river basins.

Snow line elevation at the end of the melting season showed a large spatial variability in HMA, with a statistically significant upward shift in 26.3% of its area and a statistically significant downward trend in 0.74% of its area between 2001 and 2016 (Tang et al., 2020). Tien Shan, Inner Tibet, South and East Tibet, eastern Himalava, and Hengduan Shan experienced a significant shift upward, while there was no clear or significant trend in the Karakoram (Thapa & Muhammad, 2020), Pamir, Hindu Kush, West Kunlun, and the western Himalaya (Tang et al., 2020). The annual maximum snowline altitude, derived from Landsat, fluctuated between 4,917 m and 5,336 m in the Hunza catchment in the Karakoram Region between 2002 and 2016, whereas it fluctuated between 5,395 m and 5,565 m in Trishuli River sub-basin, central Himalaya (Racoviteanu et al., 2019). The regional snowline altitude in HMA generally decreases with an increase in latitude (Tang et al., 2020).

Few projections of future snowpack in the region are available. Snow cover is likely to experience an accelerated loss over the HKH region, including the Tibetan Plateau, under different global warming levels (Kraaijenbrink et al., 2021; Lalande et al., 2021). Nepal et al. (2021) predicted decreasing snow cover across all elevation bands in the Panjshir catchment, Afghanistan under CMIP5 (Coupled Model Intercomparison Project Phase 5) climate scenarios. Snowfall over HMA is projected to decrease by 18.9% and 32.8% under representative concentration pathway RCP4.5 and RCP8.5 climate scenarios, respectively, by the end of the century (Y. Li et al., 2020). Another study suggests that under RCP8.5, snowfall in the Indus Basin will decrease by 30%-50%, in the Ganges by 50%-60%, and in the Brahmaputra by 50%–70% in the last three decades of this century compared to the average snowfall between 1971 and 2000 (Viste & Sorteberg, 2015). With a temperature rise of 2°C, a widespread decrease in snow cover is projected for the northern hemisphere (Thackeray et

#### FIGURE 2.7

MEAN ANNUAL SNOW PERSISTENCY AND TREND IN SNOW-COVER AREA IN MAJOR RIVER BASINS OF THE HKH DURING 2003–2020 USING CLOUD-FREE MODIS DATA.





**Source:** Derived from Muhammad and Thapa (2020)

al., 2016) as early as the mid-21<sup>st</sup> century, which will adversely affect agriculture, energy production, and other sectors. The projected changes in precipitation patterns and the rise in temperatures (Krishnan et al., 2019) will reduce snow cover in the future (Nepal et al., 2021) and cause a shift in the snow line toward higher elevations (Mir et al., 2017). Much of the current research uses optical remote sensing satellites such as MODIS, Landsat, and Sentinel-2. While the data from these sources can provide a long-term comparison of historical changes in snow cover, cloud cover and polar darkness can affect the results. The use of SAR data from space offers an alternative approach to monitoring snow cover since it is independent of cloud cover and illumination conditions (Tsai et al., 2019). The existing estimates are also inconsistent in space and time due to variable methodologies and data sources. Furthermore, projections in precipitation are subject to high uncertainty. Future snow projections are likely to have biases when based on projected precipitation. Therefore, the assessment of future changes in snowpack is still subject to a great deal of uncertainty due to a lack of sufficient knowledge regarding underlying physical mechanisms (Q. You et al., 2020).

# **2.5.2.** Measurements and changes in snow depth and snow water equivalent

Despite its significance, snow is one of the most poorly observed components of the cryosphere globally. Assessing snow depth (SD) and snow water equivalent (SWE) remains difficult over the HKH region because of heterogeneous snowpacks and the complex terrain. However, some effort has been made to establish field-based snow stations in the region (Kirkham et al., 2019; Matthews, Perry, Lane et al., 2020; Stigter et al., 2021). These measurements reveal spatio-temporal heterogeneity of the snowpack even in small catchments (Stigter et al., 2017). Emerging evidence suggests an important role for sublimation in the cryosphere of the HKH (for example, Azam et al. [2021]). Stigter et al. (2018) observed 1 mm of snow sublimation per day in the Langtang catchment, Nepal, during the post-monsoon season, which signifies a considerable loss of annual snowfall back to the atmosphere (~21%). Mandal et al. (2022) used a 11vear meteorological record from an AWS on a side moraine (at 4,863 m a.s.l.) of Chhota Shigri Glacier and computed the sublimation amounts to be 16%-42% of total winter precipitation. Research conducted in the Langtang catchment revealed that a significant fraction of snowmelt (>20%) is refrozen within the snowpack (Saloranta et al., 2019; Stigter et al., 2021; Veldhuijsen et al., 2022).

Wind transport and erosion are other key processes that influence the redistribution of snow and glacier mass balance in mountainous terrain. Wind plays a critical role in the sublimation of snow. Meteorological conditions such as low atmospheric pressure, high wind speed, and dry air favour sublimation in highelevation areas (Stigter et al., 2018). These studies so far only cover the central (Saloranta et al., 2019; Stigter et al., 2018) and western Himalaya (Mandal et al., 2022) and hence we have limited knowledge about how these processes affect larger basins and regional hydrology. So far, the influence of wind on the redistribution of snow has not been quantified in the Himalaya.

The maximum annual amount of water stored as snow over large regions in HMA decreased significantly during 1979-2019 (Kraaijenbrink et al., 2021). The average of the peak total SWE volume over HMA during 2000-2018, derived from high resolution HMA Snow Reanalysis (HMASR) data, is found to be around 163 km<sup>3.</sup> The lowest volume is observed in the water year 2001 and the highest in 2005 (Y. Liu et al., 2021). Coarser (25 km × 25 km) passive microwave data from 1987 to 2009 demonstrate the declining trend of SWE in HMA with the most negative trends from mid-elevation zones of most catchments (Smith & Bookhagen, 2018). High-resolution passive microwave data (3.125 km × 3.125 km) from 1987 to 2015 showed a similar decreasing trend but areas with a positive glacier mass balance record, such as the Pamir, Karakoram, Hindu Kush, and Kunlun mountains, experienced an increased volume of snow, particularly during the winter season (Smith & Bookhagen, 2020).

Consensus estimates of future snow depth/mass in the lower elevations of the Himalaya, European Alps, western North America, and subtropical Andes suggest they are projected to decline by 25% by 2050 regardless of GHG emission scenarios, and up to 50% under RCP4.5 and 80% under RCP8.5 by the end of this century (2081–2100) (Hock et al., 2019).

Despite these estimates, information on the spatiotemporal variability of SWE remains highly uncertain in HMA due to its complex terrain and limited field observations (Y. Liu et al., 2021). Most of the regional SD and SWE analysis is based on reanalysis data such as ERA5 and microwave remote sensing products such as AMSR-E (Advanced Microwave Scanning Radiometer-Earth Observing System), which do not provide sufficient information about SWE due to their coarser spatial resolution. High-resolution datasets generated by combining reanalysis data with optical remote sensing products such as HMASR provide a better picture of the spatio-temporal distribution of SWE in HMA but still have limitations in monsoondominated regions such as central and eastern Himalaya due to persistent cloud cover (Y. Liu et al., 2021). Long-term snow mass information is derived from coarse (25-km) resolution images (Larue et al., 2017), excluding mountain areas with high SWE values or requiring bias correction under deep snow conditions (>150 mm SWE) (Pulliainen et al., 2020). The NASA–ISRO SAR (NISAR) mission is likely to reduce many of these uncertainties since it provides images detailed enough to see local changes, and yet has wide enough coverage to identify regional trends (NISAR, 2018).

# **2.5.3.** Observed and projected changes in the snow season and extreme snow events

Snow remains on the ground for longer in the western than the eastern basins of the HKH. The average snow cover duration in five major river basins (Syr Darya, Amu Darya, Indus, Ganges, and Brahmaputra) from 2002 to 2017 was found to be 102 days. The general trends in snow cover duration across HMA indicate a decline in recent years at the rate of 0.844 days per year (Ackroyd et al., 2021). About 78% of mountainous regions globally demonstrate negative trends in snow cover duration, associated with a delayed onset of snowfall and earlier melt in 58% of the area (Notarnicola, 2020). By considering snow cover duration analysis at smaller spatial scales across HMA, the existing broad-scale assessment that uses coarser data could be refined.

Heavy snowfall has increased in recent years. Frequent snowstorms are observed over the Tibetan Plateau and the Himalaya (Fujita et al., 2017; Y. Liu et al., 2021). Anomalous snowfall has the potential to amplify avalanche hazards (Fujita et al., 2017). Such events are predicted to become more frequent and intense in future (Dong et al., 2020).

The contribution of snowmelt to streamflow is expected to diminish in future regardless of the climate scenario; however, the impacts of these changes depend largely on the magnitude of climate change (Kraaijenbrink et al., 2021). The onset of snowmelt is anticipated to occur earlier in the future (Khanal et al., 2021) but its influence on the seasonality of river run-off in larger rivers may be dampened by increased rainfall. Highelevation catchments in the HKH region, however, are likely to be affected by the reduced snow cover duration and earlier snowmelt, as snow is their major source of water.

#### **2.5.4.** Relationship between elevationdependent warming and snow

The distribution of snow strongly depends on latitude and elevation. The variable altitudinal distribution and melting of snow make it complex to directly compare the relationship between snow and temperature. While snow depth data are in principle suitable for understanding the relationship of snow and EDW, an altitudinal understanding of changes in snow depth is still lacking due to spatio-temporal assessment being limited (Smith & Bookhagen, 2018). The trends in elevation-dependent snow cover and snow depth remain unclear, with no consensus estimates (Q. You et al., 2020). Snow depth remains extremely sensitive to warming and has been observed to have decreased significantly at higher elevations compared to lower elevations on the Tibetan Plateau between 1980 and 2014 (Shen et al., 2021). The length of the snow-cover season is declining at all elevations, with the greatest rate of decline at 4,000-6,000 m a.s.l. in the Himalaya and the Tibetan Plateau (Desinavak et al., 2022).

The high snow cover persistence at higher elevations reduces the effects of the positive feedbacks responsible for EDW at low to middle elevations. Analysing the relationship between snow depth and EDW becomes more complex for extremely high elevations above 5,000 m due to the lack of data, or uncertainty in the models and gridded data in accurately capturing EDW (Y. Gao et al., 2018). Mountainous regions worldwide indicate a decrease in snow-covered area at high elevations and thus the data support a positive relationship between EDW and snow (Notarnicola, 2020), whereas no decline has been observed at similar elevations in the HKH (Desinavak et al., 2022). The relationship between EDW and snow is still not well established in the HKH and requires further investigation.

## 2.6. Permafrost

Research on mountain permafrost is currently more critical than ever due to climate change leading to a thawing permafrost, with unprecedented consequences (Oliva & Fritz, 2018). A comprehensive review of high mountain permafrost in the HKH region showed that the distribution of permafrost surpasses that of glaciers in almost all of the HKH (Gruber et al., 2017) (Figure 2.1). Estimates of permafrost area for the HKH vary, from  $2.25 \times 10^{6}$  km<sup>2</sup> (Obu et al., 2019) and 2.09 × 10<sup>6</sup> km<sup>2</sup> (Gruber, 2012) to  $1.19 \times 10^6$  km<sup>2</sup> (Ran et al., 2022). Despite varying estimates from multiple simulations, the wide-ranging presence of permafrost in the HKH is evident. A few existing field-based measurements suggest the existence of considerable areas of permafrost in the cold-arid Himalaya (Wani et al., 2020). As limited field-based evidence exists, rock glaciers are often considered as visual indicators of, and ground-truth data for the occurrence of permafrost in the HKH (Hag & Baral, 2019; Hassan et al., 2021; Khan et al., 2021; Pandey, 2019). This could, however, lead to overestimations of the extent of permafrost because rock glaciers generally represent more suitable premises for the existence of permafrost compared to adjoining ground (Cao et al., 2021).

The possible widespread impacts of a thawing permafrost due to climate change in this region are poorly understood. A broader understanding is necessary to recommend the appropriate adaptation actions to combat the scale and intensity of these impacts.

#### 2.6.1. Observed changes in permafrost

There has recently been an increase in the number of permafrost-related investigations in the HKH. The number of scientific papers published after 2015 exceeds the total sum of research articles published before it. Studies before 2000 do not mention climate change and its impacts. Most of the studies published after 2000 focus on the geomorphological aspects of climate change and permafrost while only a few articles after 2015 discuss the hydrological consequences of a changing permafrost for the region. The average global permafrost temperature has increased by 0.29±0.12°C between 2007 and 2016; the average mountain permafrost temperature increased by 0.19±0.05°C over the same period (Biskaborn et al., 2019). Prolonged warming has led to permafrost degradation: continuous permafrost zones at lower elevations are turning wet whereas discontinuous permafrost zones at higher elevations are turning dry (H. Jin et al., 2022). Ground-based measurements from a cold and arid Himalayan region conclude that net radiation exerts the strongest influence on the ground thermal regime (Wani et al., 2021). Field observations suggest changes in Himalayan permafrost (Kalvoda & Emmer, 2021). Remote sensing estimates confirm a decrease in permafrost cover in the Indian Himalayan region. A loss of about 8,340 km<sup>2</sup> in permafrost area was calculated from modelled results for the western Himalaya between 2002-2004 and 2018-2020 (Khan et al., 2021). Another study indicated that the probable areal extent of permafrost decreased from 7,897 km<sup>2</sup> to 6,932 km<sup>2</sup> in the Uttarakhand Himalaya between 1970-2000 and 2001-2017 (Baral et al., 2020).

# **2.6.2.** Consequences of changes in permafrost

The number of documents reporting loss and damage resulting from changes in the cryosphere due to climate change are relatively high for the HKH compared to other mountain ranges in the world (Huggel et al., 2019). Hazard assessments in the HKH generally depend on remote sensing for observing permafrost landscape dynamics (Scapozza et al., 2019). Disappearing subterranean ice, transitional permafrost landscapes, and mass wasting associated with a thawing permafrost are increasing threats to high-mountain communities and infrastructure (Haeberli et al., 2017; Huss et al., 2017). More frequent slope failure events in the high mountains can probably be linked to climate change causing subsequent changes in permafrost environments in the HKH. For instance, permafrost bedrock, exposed to thermal perturbation due to continuously amplified warming, could have triggered the Chamoli disaster in the Indian Himalaya in 2021 (Shugar et al., 2021).



**Notes:** Articles representing permafrost research in the region were selected based on a systematic review. Dots indicate where investigations have been carried out, with different colours corresponding to the years of the study. Specific coordinates for latitude and longitude mentioned in the articles were plotted as dots. For studies where coordinates were mentioned as a range, mean values were taken. **Source:** Obu et al. (2019) for permafrost area

In the HKH, permafrost hazards are reported mostly for the Karakoram, followed by the Himalaya (Ding et al., 2021). For example, changes in permafrost account for about 30% of road damage in the Qinghai– Tibetan Plateau. Mass wasting events, associated with permafrost degradation, will increase in future. It is anticipated that damage to infrastructure associated with permafrost degradation could cost several billion US dollars by 2100 globally (Hjort et al., 2022); such impacts on infrastructure are already visible in the HKH.

Seasonal ground deformation along the engineering corridor on the Qinghai–Tibetan Plateau fluctuated between –20 and +10 mm per year during 2015–2018 compared to –5 mm and +5 mm per year during 1997–1999 (Z. Zhang et al., 2019); recently developing thaw slumps in permafrost areas can be linked to these increasing ranges in deformation. Seasonal slope deformations in permafrost sites at low elevations in the Bhutan Himalaya ranged from 5 mm to 17 mm in 2007–2011 (Dini et al., 2019), with maximum deformation occurring during the summer. The same study suggests that on gentle slopes and in high-elevation areas, the mean freeze– thaw related displacement was 10 mm, and the maximum deformation reached up to 28 mm; these deformations could be linked to changes in the groundwater table.

In the HKH, a thawing permafrost is responsible for changes in hydrology, increased sediment flux, and subsequent changes in the carbon cycle (H. Gao et al., 2021; D. Li et al., 2021). On the Tibetan Plateau, changes in permafrost govern the hydrological equilibrium of thermokarst lakes, with significant spatial as well as temporal differences in hydrological regimes of thermokarst lake systems anticipated under continued warming and thawing of permafrost (Y. Yang et al., 2021).

Changes in permafrost impact the plant community through variations in soil moisture content, the groundwater table, biogeochemical cycles, and microbial species, eventually causing shifts in the composition and distribution of vegetation (X. Jin et al., 2021). On the Tibetan Plateau, climate change has led to an increase in above-ground net primary production (ANPP) in wet permafrost areas and a decrease in ANPP in dry non-permafrost areas (Yang et al., 2018). Climate change will almost equally affect the production and release of greenhouse gases from the active layer as well as greater depths of permafrost on the Tibetan Plateau (Mu et al., 2018).

This indicates that water availability – in a warming climate and changing permafrost conditions – will be crucial for biodiversity and ecosystem functioning on the Tibetan Plateau. Further, projections regarding the distribution of native plant species through to 2050 (J. You et al., 2018) indicated that the species could shift to higher elevations in search of appropriate habitats. However, many plant species could also adapt to different habitat conditions under changing permafrost conditions.

The management of freshwater stored in rock glaciers in permafrost regions of the HKH could be important under future climate change contexts as rock glacier meltwater streams could significantly contribute to downstream regions (Jones et al., 2019). For example, the Himalayan region of Nepal has more than 6,000 rock glaciers, covering an area of about 1,371 km<sup>2</sup> potentially storing 16.72–25.08 billion m<sup>3</sup> of water (Jones et al., 2018). However, little is known about the consequences of thawing rock glaciers on downstream water quality in the HKH (Colombo et al., 2018).

In addition to overuse, continuously rising temperatures and a thawing permafrost are considered responsible for the gradual decline in the growth of the Himalayan caterpillar fungus, a valuable biological resource (Hopping et al., 2018).

#### 2.6.3. Projections for permafrost

Although regional variations exist, there has been a consistent rise in the average temperature of high mountain permafrost worldwide since the 1980s (S. Smith et al., 2022); for several permafrost regions, the highest annual temperatures were observed in 2018–2019. Projections indicate that this warming and thawing will persist, but their degree and duration may differ for different regions. When projections of permafrost degradation for multiple RCPs (RCP2.6, RCP4.5, and RCP8.5) are compared, results indicate the largest areal degradation in 2010–2140, 2040–2070, and 2070–2100 for RCP8.5 (S. Zhao et al., 2022). Permafrost areas highly likely to degrade are distributed in East Asia and West Asia.

A recent study suggests that alpine permafrost (permafrost at high mountain elevations or on mountain plateaux) is more vulnerable to rising temperatures than circumarctic permafrost (Cheng et al., 2022). If the global average temperature was  $2^{\circ}C-3^{\circ}C$  higher than the present, nearly 60% of alpine permafrost would be subjected to thawing. About 37.3% of the 0.80–1.28 × 10<sup>6</sup> km<sup>2</sup> area of the Qinghai–Tibetan Plateau underlain by permafrost is endangered (Ni et al., 2021). Projections under RCP8.5 predict a reduction of approximately 42% in permafrost area by 2061–2080.

A recent permafrost map of the Tibetan Plateau shows that permafrost distribution could range between  $105.47 \times 10^4$  and  $129.59 \times 10^4$  km<sup>2</sup>, with transitional and unstable permafrost areas covering about 42.29  $\times 10^4$  and 23.80  $\times 10^4$  km<sup>2</sup>, respectively (Ran et al., 2021). Projections of permafrost distribution on the Tibetan Plateau through the end of the twenty-first century indicate the lowest degradation in 2011-2040 and the highest degradation in 2071-2099 for RCP2.6, RCP4.5, RCP6.0, and RCP8.5 (Lu et al., 2017). The increase in area undergoing permafrost degradation ranges from 12.95% in 2011-2040 for RCP6.0 to 64.31% in 2071-2099 for RCP8.5. Projections of permafrost active layer thickness (ALT) through the end of the twenty-first century (Zhao & Wu, 2019) indicate a significant increase in ALT in the northwestern region of the Tibetan Plateau. Changes in the ALT range from 5 centimetres (cm) to 30 cm in 2011-2040 for RCP2.6, RCP4.5, RCP6.0, and RCP8.5. The active layer thickness is projected to further increase in 2041-2070 and exceed 30 cm in 2071-2099 for warming levels of 3.1°C or higher above the 1981-2010 baseline.

## 2.7. Major knowledge gaps

The chapter on the cryosphere in *The Hindu Kush Himalaya assessment* report (Bolch et al., 2019) made several recommendations to close knowledge gaps about the cryosphere in the HKH. These are briefly summarised below (noted in *italics*), highlighting where gaps have been closed and where they remain open. Each section then moves to a single paragraph on gaps that have since been identified, and related recommendations.

#### 2.7.1. Glaciers

Glaciers are the component of the cryosphere that receives the most attention in the region, and several of the recommendations have been followed. *Mass changes* have been successfully documented *before* 2000 for the region, relying on declassified satellite imagery (Maurer et al., 2019). Similarly, a number of models have been employed to *estimate sub-debris melt* in the region (Rounce et al., 2015; Steiner et al., 2021), also addressing ice melt from features such as cliffs (Buri et al., 2021) and ponds (Miles et al., 2018). Scherler and Egholm (2020) also showed the potential of ice flow models including debris transport. Model intercomparisons have so far not been attempted for any of these approaches, likely also due to the small number of different approaches taken.

A crucial gap remaining is the *paucity of measurements* of ice and debris thickness and their melt response throughout a glacier. Ice thickness data have been collated at a global scale but such estimates for glaciers in the HKH diverge considerably (Farinotti et al., 2019; Millan et al., 2022), with implications for future projections of loss of mass and dynamic behaviour. However, field validation is still lacking. Debris thickness has also been identified as the crucial variable in estimating sub-debris melt and has been computed on a global scale (Rounce et al., 2021). However, measurements from the HKH are scarce (McCarthy et al., 2017; Rounce & McKinney, 2014), with few observations outside the central Himalayan region (Muhammad et al., 2020). The rapid development of satellite technology has made new progress possible, including the observation of seasonal melt from space by relying on repeated radar data from different configurations (Jakob et al., 2021; Scher et al., 2021). The efficient use

of radar data requires more investigation into the relationship between penetration depth of the wave and surface melt on glacier surfaces (G. Li et al., 2021). To understand the dynamic behaviour of ice, investigations into ice temperatures and percolation are crucial but remain rare (Gilbert et al., 2020). Such measurements will be crucial for our understanding of the recently highlighted importance of glacier detachments (Kääb et al., 2021) and break-offs of hanging glaciers (Shugar et al., 2021).

#### RECOMMENDATIONS

- Field measurements of ice thickness, debris thickness, ice temperatures, and glacier velocity should be continued to further expand field validation of regional and global datasets.
- Better integration of observations of essential glacier processes (such as ice dynamics, glacier calving, debris, and surface features) and models is needed to improve future projections.
- Glaciers should not be studied in isolation but as part of the high-elevation water cycle and more effort should be devoted to integrating advanced glacier models with hydrological models.
- Attribution of glacier change to anthropogenic forcing should be investigated in the region, to make clear where and how climate change manifests itself.

#### 2.7.2. Glacial lakes

Glacial lake risk assessments, including projected changes in lake extent and volume, have been conducted on a regional scale (Furian et al., 2022; Zheng et al., 2021) as well as for more localised cases (N. Khadka et al., 2021; Muhammad et al., 2021; Sattar, Goswami et al., 2021; Sattar, Haritashya et al., 2021).Projections generally refer to an increase in lake volume; however, future sediment fluxes are ignored, and could also lead to aggradation (Furian et al., 2022; Steffen et al., 2022). A standardised approach for hazard and risk assessments is still lacking. Uncertainties in permafrost estimates also hamper hazard projections. While new lake inventories have been compiled and increasingly easy access to satellite imagery makes this possible repeatedly (Chen et al., 2021; X. Wang et al., 2020), estimates of

total lake area and number vary considerably due to different approaches taken and image resolutions used. Manually delineated inventories (X. Wang et al., 2020) capture considerably smaller lakes but are more labour-intensive and subject to operator bias.

Lake level changes have been observed over the past few decades due to glacial melt (Song et al., 2016; Zheng et al., 2021) as an important component of the cryosphere in the southeastern Tibetan Plateau. Secondary effects on ecosystems around, and downstream of these lakes have, however, not been investigated so far.

#### RECOMMENDATIONS

- UAV surveys of glacial lake dams have been performed but some results are not yet easily available. Studies should investigate dam stability and ice content through in situ (for example, ground-penetrating radar/GPR) surveys.
- Multi-sensor as well as machine-learning approaches should be used to explore the ability to capture all lakes, including small ones and those with varying areas. This would help reconcile previous estimates that diverge widely.
- Lake formation due to glacier calving and the associated positive feedback mechanisms are poorly understood. Observation-based studies linked with modelling are recommended to unravel these mechanisms.
- Field surveys should investigate the secondary effects of changes in lake area on the surrounding geomorphology, ecosystems, and hydrology.

#### 2.7.3. Snow

Estimates of *changes in regional snow line elevations* using optical imagery have received some attention (Girona-Mata et al., 2019; Racoviteanu et al., 2019; Tang et al., 2020). Conversely, studies on the *rain– snow transition* remain rare (Y. Li et al., 2020). However, there have been studies on the *influence of pollution transport on the snow energy balance*. While these would previously often focus on the Tibetan Plateau, work has also been forthcoming on the southern slopes of the HKH (Santra et al., 2019; Skiles et al., 2018). The *monitoring of snow water equivalent using microwave data* has also seen some initial work but is generally still hampered by the coarse resolution of the products and the lack of ground validation (Smith & Bookhagen, 2018). Similarly, the lack of validation from field sites hampers understanding of the *spatial variability of snowpack changes*. Lievens et al. (2019) showed the potential of Sentinel-1 data for snow depth retrieval from space, which was also validated for sites in the HKH. However, seasonal snow depth changes remain poorly covered in field-based models for a lack of knowledge about specific properties like albedo (Stigter et al., 2021), which makes accuracy in time and space a challenge.

Continuous snow monitoring has been successful in a few locations, showing the potential of multiple sensors on the ground (Bair et al., 2019; Kirkham et al., 2019). However, process understanding of snowpack development remains poor. Initial work has been conducted on sublimation (Gascoin, 2021; S. Guo et al., 2021; S. Guo et al., 2022; Mandal et al., 2022; Stigter et al., 2018) and refreezing (Stigter et al., 2021; Veldhuijsen et al., 2021) but local changes in albedo and wind-driven erosion (Mott et al., 2018) have gained no further attention and should be prioritised. These processes are not only crucial for simulating snowpack evolution and melt but also for a better understanding of avalanche hazards (Reuter et al., 2022; Vionnet et al., 2018). Additionally, the increasing patchiness of snow cover needs further attention, as it has influences on the local surface boundary layer above (Mott et al., 2017), as well as permafrost and the resulting storage capacity of soil below (T. Zhang, 2005).

#### RECOMMENDATIONS

- More studies need to be conducted on field processes, including wind-blown snow, interception, and the effect of light-absorbing particles on snow.
- Investments in benchmark snow observatories where SWE, snow depth, snowfall, turbulence, and the energy balance are monitored are required to understand key snow processes such as sublimation, refreezing, and the energy balance of the snowpack.
- Studies investigating the effects of a changing snowpack and snow cover on ecosystems should be conducted in different climatic environments.
- High-intensity snowfall events as well as rain-on-snow events in a hazard context need further attention.

#### 2.7.4. Permafrost

*The number of permafrost monitoring* sites has increased in the HKH, and efforts towards transnational cooperation have increased. Future work should build on these catchment-scale studies and ensure the exchange of data and experience.

As a number of recent hazard events have been associated with a thawing permafrost, systematic documentation of observed changes that may have, or could result in hazards should be carried out in the HKH (Byers et al., 2020; Coe, 2020). Studies that link a changing permafrost to ecosystems, livelihoods, and infrastructure development are lacking in the HKH. Field measurements have been limited to surface and borehole temperature measurements on the Tibetan Plateau (Sun et al., 2020; L. Zhao et al., 2021). Outside of the Tibetan Plateau, surface temperature measurements have been carried out at a few locations whereas borehole measurements have not been attempted.

#### RECOMMENDATIONS

- Permafrost should be elevated in national discourses on the cryosphere both among the public as well as at multiple government levels to create awareness about its associated challenges.
- In close collaboration with global networks of permafrost researchers, a regional platform should be established that enables collaboration and the exchange of knowledge.

- Dedicated observation sites should be established in the HKH region with a plan for sustainable monitoring.
- Research into the relation between changes in snow and permafrost should be prioritised, as well as how changes in permafrost affect ecosystems, infrastructure, and livelihoods.

#### 2.7.5. Conclusions

Important progress has been made in research on all components of the cryosphere in the HKH in recent years. Monitoring, process understanding, and remote sensing capacities have increased, resulting in an improved understanding of changes in ice, snow, and permafrost as well as associated water resources. Future focus in research should be on making a link between crucial fields within the cryosphere (for example, the effect of a changing snowpack on permafrost) and beyond (for example, the effects of changing glacier melt on livelihoods in the HKH or of changing glacial lakes on ecosystems). While field monitoring should still be promoted and expanded, care should be taken to enable the long-term sustainability of well-instrumented catchments. The rapidly developing remote sensing capabilities need to be closely monitored to make data readily available for research purposes as well as policy support. There is increasing attention to hazards associated with the cryosphere. An assessment of vulnerable livelihoods, infrastructure, and ecosystems should be attempted to enable focused studies on relevant cryospheric processes.

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# Appendix

#### Source data used to compile region-wide mean glacier mass balances for 1975–1999

Region ID	Study	Area covered (km²)	Starting year	Ending year	Specific mass balance (m w.e. per year)	Specific mass balance uncertainty (m w.e. per year)
14-01	Zhou et al. (2018)	841	1975	2000	-0.11	0.13
15-01	Bhattacharya et al. (2021)	490	1974	2004	-0.3	0.1
15-01	King et al. (2019)	1,095	1974	2000	-0.21	0.08
15-01	King et al. (2019)	540	1974	2000	-0.26	0.08
15-01	King et al. (2019)	744	1974	2000	-0.24	0.11
15-01	King et al. (2019)	840	1974	2000	-0.27	0.1
15-01	Zhou et al. (2018)	578	1975	2000	-0.28	0.11
15-01	Zhou et al. (2018)	228	1975	2000	-0.23	0.18
15-01	Ragettli et al. (2016)	100	1974	2006	-0.24	0.08
15-01	Maurer et al. (2019)	197	1975	2000	-0.25	0.07
14-02	Bolch et al. (2017)	2,868	1974	1999	-0.01	0.09
14-02	Zhou et al. (2017)	7,826	1973	2000	-0.09	0.03
15-02	King et al. (2019)	746	1974	2000	-0.29	0.1
15-02	King et al. (2019)	869	1974	2000	-0.2	0.08
15-02	Zhou et al. (2018)	689	1975	2000	-0.3	0.12
15-02	Maurer et al. (2016)	365	1974	2006	-0.17	0.05
15-02	Maurer et al. (2019)	2,460	1975	2000	-0.26	0.06
14-03	Zhou et al. (2018)	776	1975	2000	-0.04	0.1
14-03	Maurer et al. (2019)	1,379	1975	2000	-0.16	0.08
15-03	Zhou et al. (2018)	615	1975	2000	-0.19	0.14
13-05	Zhou et al. (2018)	1,147	1975	2000	-0.02	0.14
13-05	Zhou et al. (2018)	1,209	1975	2000	0.05	0.14
13-06	Zhou et al. (2018)	642	1975	2000	-0.06	0.12
13-08	Bhattacharya et al. (2021)	344	1975	2000	-0.22	0.07
13-08	Bhattacharya et al. (2021)	168	1976	2001	-0.24	0.13
13-08	Zhou et al. (2018)	317	1975	2000	-0.25	0.15
13-08	Zhou et al. (2018)	720	1975	2000	-0.22	0.12
13-08	Maurer et al. (2019)	398	1975	2000	-0.23	0.06
13-09	Zhou et al. (2018)	1,055	1975	2000	-0.11	0.14
14-01	Zhou et al. (2018)	841	1975	2000	-0.11	0.13
15-01	Bhattacharya et al. (2021)	490	1974	2004	-0.3	0.1
15-01	King et al. (2019)	1,095	1974	2000	-0.21	0.08
15-01	King et al. (2019)	540	1974	2000	-0.26	0.08
15-01	King et al. (2019)	744	1974	2000	-0.24	0.11