

## Criteria for the Selection of Study Site by Farming System

Criterion/Parameter	Farming System		
	Crop-dominated	Horticultural Crop-dominated	Livestock-dominated
1. Accessibility			
- Walking distance from road	3 - 6 hours	Along the periphery of road	3 - 6 hours
2. Aspect	S, S-E, S-W	S, S-E, S-W	-
3. Elevation	1000 - 2500 metres	700 - 1500 meters	1200 - 3000 metres
4. Slope	20 - 30°	-	20 - 30°
5. Vertical Agriculture <sup>1)</sup>	Vertical Agriculture	-	-
6. Cropping Pattern	Maize-dominated	Vegetable Cereals	Maize-Potato
7. Traditional/Improved Agriculture	Fair	Good	Fair
- Use of Improved seeds	Fair	Good	Fair
- Use of chemical fertilizer	Fair	Good	Fair
8. Soil Type (Land System)	Loam to Sandy Loam	Loam to Sandy Loam	-
9. Natural Resources (Forest/Grazing land/pasture land/shrubland)	Medium Profile	Low to Medium Profile	Medium to High Profile

Note: S = South, N = North, E = East, W = West

- 1 Vertical agriculture or farming system indicates a situation where a long series of upland and lowland terrace cultivation prevails and is along nearby forests.

## Demographic Features of Sample Households at Different Study Sites

Site and Farm Size	Family Size (No.)			Economically Active Members (No.)			Dependency Ratio	Literacy <sup>1</sup> (%)		
	Male	Female	Total	Male	Female	Total		Male	Female	Total
<u>Naubise</u>										
Small	3.40	2.90	6.30	2.30	2.10	4.40	0.40	47	55	51
Medium	3.00	3.25	6.25	2.25	2.12	4.37	0.43	79	73	76
Large	3.92	4.50	8.42	2.50	2.83	5.33	0.58	70	61	65
Overall	3.50	3.63	7.13	2.37	2.40	4.77	0.49	65	62	64
<u>Dhuskun</u>										
Landless	3.00	3.00	6.00	2.00	2.00	4.00	0.50	0	0	0
Marginal	2.33	2.33	4.66	1.33	1.33	2.66	0.75	29	29	29
Small	2.25	2.31	4.56	1.56	1.19	2.75	0.66	44	43	44
Medium	2.29	2.57	4.86	1.43	1.57	3.00	0.62	69	61	65
Large	4.33	4.00	8.33	3.33	2.33	5.66	0.47	85	92	88
Overall	2.50	2.57	5.07	1.70	1.43	3.13	0.62	50	48	49
<u>Yelung</u>										
Marginal	2.83	2.61	5.44	1.89	1.94	3.83	0.42	47	51	49
Small	3.00	2.17	5.17	2.50	1.33	3.83	0.35	39	54	45
Medium	3.50	2.50	6.00	1.83	1.67	3.50	0.71	43	60	50
Overall	3.00	2.50	5.50	2.00	1.77	3.77	0.46	44	53	48

Source : Household Survey, APROSC 1989.

1 Economically active members of the family include those persons who are 10 years old or above.

## Crop Production

### Cropped Area

Crop production in the study area is highly diversified and cereal is the dominant crop. The types of crop grown are mainly influenced by family needs for food, and owing to small farm sizes farmers usually do not grow market-oriented cash crops. Maize, paddy, wheat, and millet are important crops grown in the study area. Table 1 shows the distribution of cropped area as percentage of cultivated land at different study sites.

**Table 1: Distribution of Cropped Area as Percentage of Cultivated (Operated) Land**

Total of the Sample Households

Crops	Naubise		Dhuskun		Yelung	
	Cropped Area (ha)	% of Cultivated Area	Cropped Area (ha)	% of Cultivated Area	Cropped Area (ha)	% of Cultivated Area
Normal Paddy	11.72	40	4.99	32	-	-
Early Paddy	0.89	3	-	-	-	-
Wheat	7.72	27	0.52	3	3.21	38
Maize	18.04	62	0.52	3	3.21	38
Millet	1.18	4	8.90	57	1.64	19
Potato	0.89	3	-	-	1.88	22
Barley	-	-	-	-	0.33	4
Buckwheat	-	-	-	-	0.35	4
Sugarcane	1.16	4	-	-	-	-
Oilseeds	1.31	5	0.31	2	-	-
Vegetables <sup>11</sup>	4.87	17	-	-	-	-
<b>TOTAL</b>	<b>47.78</b>	<b>165</b>	<b>26.91</b>	<b>172</b>	<b>9.84</b>	<b>115</b>

Source : Household Survey, APROSC 1989

1 Includes brinjals (5%), capsicums (5%), tomatoes (3%), cauliflowers (1%), beans (1%), and cucumbers (1%)

# Cropping Patterns

Cropping patterns in the study area are usually maize-based on rainfed uplands and paddy-based on irrigated lowlands although potato-based patterns are also common on uplands at the Yelung site. Both mono-cropping as well as multiple-cropping are practised in the study area. The cropping patterns at different study sites are presented in Table 2.

**Table 2: Existing Cropping Patterns and Proportion of Cultivated Land Covered by Them at Different Study Sites**

(In Percentage)

Cropping Patterns	Naubise			Dhuskun			Yelung
	Lowland	Upland	Total Land	Lowland	Upland	Total Land	Upland
<b><u>Mono-cropping</u></b>	<u>12.0</u>	<u>54.6</u>	<u>37.3</u>	<u>60.7</u>	<u>13.6</u>	<u>28.6</u>	<u>68.6</u>
Normal (N) Paddy-Fallow	12.0	-	4.8	60.7	-	19.3	-
Maize-Fallow	-	47.9	28.5	-	9.1	6.2	9.2
Wheat-Fallow	-	-	-	-	4.5	3.1	37.6
Potato-Fallow	-	-	-	-	-	-	17.9
Barley-Fallow	-	-	-	-	-	-	3.9
Sugarcane	-	6.7	4.0	-	-	-	-
<b><u>Double Cropping</u></b>	<u>82.6</u>	<u>45.5</u>	<u>60.5</u>	<u>39.3</u>	<u>86.4</u>	<u>71.4</u>	<u>23.4</u>
Early Paddy-N. Paddy	6.2	-	2.5	-	-	-	-
N. Paddy-Wheat	23.4	-	9.5	-	-	-	-
N. Paddy-Maize	12.4	-	5.0	39.3	-	12.5	-
N. Paddy-Vegetables	39.8	-	16.1	-	-	-	-
N. Paddy-Oilseeds	0.8	-	0.3	-	-	-	-
Maize/Millet	-	6.8	4.1	-	83.1	56.7	19.2
Maize-Potato	-	4.2	2.5	-	-	-	-
Maize-Oilseeds	-	7.1	4.2	-	2.9	1.9	-
Maize-Vegetables	-	1.2	0.7	-	-	-	-
Potato-Buckwheat	-	-	-	-	-	-	4.2
<b><u>Tripple Cropping</u></b>	<u>5.4</u>	<u>2.2</u>	-	-	-	-	-
N. Paddy-Wheat-Maize	4.0	1.6	-	-	-	-	-
E. Paddy-N. Paddy	1.4	0.6	-	-	-	-	-
Potato	-	-	-	-	-	-	-
<b><u>Fallow</u></b>	-	-	-	-	-	-	<u>8.0</u>

Source : Household Survey, APROSC 1989.

Table 3: Cropping Intensities at Different Study Sites

(In per cent)

Sites	Farm Size				
	Marginal	Small	Medium	Large	Overall
<u>Naubise</u>					
Lowland	-	189	198	192	193
Upland	-	167	160	138	145
Average	-	175	182	157	165
<u>Dhuskun</u>					
Lowland	100	137	164	119	139
Upland	200	184	189	185	186
Average	186	170	182	158	171
<u>Yelung</u>					
Lowland	-	-	-	-	-
Upland	107	123	116		115
Average	107	123	116	-	115

Though the farmers could not provide quantitative information regarding the changes in cropping intensity, they have feelings that cropping intensity has increased over time. Inclusion of additional crops, such as early paddy, spring, maize, and vegetables, under multiple cropping on lowlands in Naubise and Dhuskun, and shorter fallow periods, from 5-6 years to 3-4 years, under shifting cultivation at Yelung support the increment in cropping intensity over time. Discussions with the farmers in Naubise and Dhuskun revealed that the coverage of improved varieties has increased over time.

#### *Input/Use*

Table 4 shows the coverage of improved crop seeds at different study sites. Discussions with the farmers in Naubise and Dhuskun revealed that the coverage of improved crop varieties has increased over time.

**Table 4: Proportion of Farmers<sup>1)</sup> Growing Improved Varieties and the Cropped Area<sup>2)</sup> Under It**

Crops	Naubise		Dhuskun		Yelung	
	Farmers	Cropped Area	Farmers	Cropped Area	Farmers	Cropped Area
Early Paddy	100	100	-	-	-	-
Normal Paddy	93	92	78	76	-	-
Wheat	100	100	92	83	0	0
Maize	65	72	40	38	-	-
Potato	100	100	-	-	90	79
Vegetables	100	100	-	-	-	-

Source : Household Survey, APROSC 1989.

1) Percentage of farmers growing improved crop varieties calculated from the total number of respective crop growers.

2) Percentage of cropped area under improved varieties calculated from the total area under respective crops.

### *Organic Manure*

Compost is the major source of soil nutrient for agricultural land in the study area. Table 5 shows the average rates of compost application in different crops in the three study sites.

Regarding the changes in the average rates of FYM/compost application over time, mixed responses were recorded. Some farmers reported that the average rates increased because of increased adoption of stall-feeding practices in livestock. However, a majority of the farmers believe that the average rates of compost application per unit of cropped area decreased due to reduced supply of litters, bedding materials, and fodder from forests, reduced size of livestock-holding, and increased cropping intensity.



**Table 5: Average Rates of FYM/Compost Application by Different Crops**

(In MT/ha)

Crops	Naubise						Yelung
	Low-land	Upland	Average	Low-land	Upland	Average	Upland Average
Early Paddy	2.29	-	2.29	-	-	-	-
Normal Paddy	1.49	-	1.49	1.46	-	1.46	-
Wheat	1.56	1.96	1.79	-	2.16	2.16	2.61
Maize	2.74	5.00	4.76	2.33	5.59	5.07	6.10
Millet	-	1.06	1.06	-	0.61	0.61	1.66
Potato	8.37	10.25	9.91	-	-	-	10.19
Barley	-	-	-	-	-	-	1.23
Buckwheat	-	-	-	-	-	-	2.60
Sugarcane	-	4.74	4.74	-	-	-	-
Mustard	1.50	0.28	0.36	-	0.65	0.65	-
Vegetables	11.43	11.25	11.42	-	-	-	-
Average per unit cropped area	3.73	4.23	4.00	1.71	3.20	2.82	4.74
Average per unit cultivated area	7.22	6.16	6.58	2.38	5.97	4.83	5.44

Source : Household Survey, APROSC 1989.

In Naubise almost all farmers apply chemical fertilizers to all crops grown, apart from millet in which only 43 per cent of the growers use fertilizers on about 44 per cent of the cropped area.

The average rates of fertilizer used for different crops are given in Table 6. Chemical fertilizers form the major source of plant nutrients for crop production at Naubise site, where the average rate of fertilizer application is quite high and the average dose of fertilizer applied is found to be highest for vegetables followed by wheat, paddy, sugarcane, and maize.

Table 6: Average Rates of Fertilizer Use in Different Crops by Land Types

(In N:P:K kg/ha)

Crops	Naubise			Dhuskun		
	Lowland	Upland	Average	Lowland	Upland	Average
Early Paddy	63:18:0	-	63:18:0	-	-	-
Normal Paddy	64:29:0	-	64:29:0	13:0:0	-	-
Wheat	68:32:0	65:38:0	66:35:0	-	22:10:0	13:0:0
Maize	43:35:0	50:26:0	49:27:0	16:7:0	17:8:0	17:8:0
Millet	-	16:7:0	16:7:0	-	1:0:0	1:0:0
Potato	54:31:0	36:29:0	39:29:0	-	-	-
Sugarcane	-	57:17:0	57:17:0	-	-	-
Mustard	33:33:0	38:38:30	38:38:0	-	6:0:0	6:0:0
Vegetables	71:41:23	80:60:30	71:44:23	-	-	-
Per Hectare Cropped Area	64:33:5	51:28:0	57:30:2	14:2:0	10:4:0	11:4:0
Annual per Hectare of Cultivated Land	124:63:9	74:40:0	94:49:4	19:3:0	18:8:0	19.:7:0

Source : Household Survey, APROSC 1989.

*Crop Yields*

Crop yields are determined mainly by soil fertility, availability of irrigation facility, climate, and the level of technology, including inputs used by farmers. The average yields of crops grown at different study sites are given in Table 7.

Table 7: Average Crop Yields at Different Study Sites

(in MT/ha)

Crops	Naubise		Dhuskun		Yelung	
	Main Product	By-product	Main product	By-product	Main Product	By- product
Early Paddy	2.97	3.24	-	-	-	-
Normal Paddy	2.70	3.21	1.72	-	-	-
Wheat	1.68	2.72	1.23	1.15	1.15	2.10
Maize	1.77	3.38	1.49	1.53	1.53	2.83
Millet	1.03	1.72	0.95	0.88	0.88	1.69
Potato	5.95	-	-	5.54	5.54	-
Barley	-	-	-	0.66	0.66	1.19
Buckwheat	-	-	-	0.90	0.90	1.39
Sugarcane	15.40	7.50	-	-	-	-
Mustard	0.66	0.82	0.51	-	-	-
Cauliflower	11.75	-	-	-	-	-
Brinjal	26.63	-	-	-	-	-
Capsicum	11.98	-	-	-	-	-
Tomato	21.12	-	-	-	-	-
Cucumber	9.21	-	-	-	-	-
Beans	3.95	-	-	-	-	-
Onion	15.21	-	-	-	-	-
Garlic	6.60	-	-	-	-	-

Source : Household Survey, APROSC 1989.



## Farm Trees

Trees are grown on farmlands mainly for fruit, fodder, fuelwood, and timber. The importance of farm trees has increased significantly in the context of increased demand of tree products and dwindling forest resources. Table 8 shows the average number of trees per farm by farm size at different study sites.

Annex 3

**Table 8: Average Number of Farm Trees per Household**

Site and Farm Size	Fruit Trees	Fodder Trees	Other Trees	Total
<u>Naubise</u>				
Small	27.9 (19.0)	13.4	13.8	55.1
Medium	37.9 (24.7)	31.0	37.8	106.7
Large	97.0 (41.7)	27.7	55.2	179.9
Overall	58.2 (29.5)	23.9	36.7	118.8
<u>Dhuskun</u>				
Marginal	0.3 (0.3)	1.7	0.3	2.3
Small	1.3 (0.8)	4.0	3.4	8.7
Medium	1.8 (1.1)	7.0	16.1	24.9
Large	4.4 (1.9)	6.3	21.6	32.3
Overall	1.6 (0.9)	4.7	8.1	14.4
<u>Yelung</u>				
Marginal	0.0	26.1	36.9	63.0
Small	0.0	19.8	27.1	46.9
Medium	2.2 (1.0)	19.2	222.4	241.6
Overall	0.4 (0.2)	23.5	72.0	95.9

Source : Household Survey, APROSC 1989.

Note: Figures in parentheses indicate the number trees at bearing stage.

Annex 4

**Table 1: Annual Farm Cash Income Per Household By Source and Study Site**

Source	Naubise		Dhuskun		Yelung	
	Rs.	%	Rs.	%	Rs.	%
Horticultural Crops	17265	80.5	-	-	-	-
Cereal Crops	2210	10.3	72	53.3	100	1.9
Livestock	1985	9.2	63	46.7	5248	98.1
<b>TOTAL</b>	<b>21460</b>	<b>100.0</b>	<b>135</b>	<b>100.0</b>	<b>5348</b>	<b>100.0</b>

Source : Household Survey, APROSC 1989.

Table 2: Total Annual Cash Income Per Household by Source and Study Site

Source	Naubise		Dhuskun		Yelung	
	Rs.	%	Rs.	%	Rs.	%
<b>Farm</b>						
- Horticultural Crop	17265	44.1	-	-	-	-
- Cereal Crop	2210	5.6	72	1.8	100	0.6
- Livestock	1985	5.1	63	1.6	5248	34.3
- Off-farm	17706	45.2	3893	96.6	9954	65.1
<b>TOTAL</b>	<b>39166</b>	<b>100.0</b>	<b>4028</b>	<b>100.0</b>	<b>15302</b>	<b>100.0</b>

Source : Household Survey, APROSC 1989.

Table 1: Annual Animal Feed Supply by Source and Type of Feed, and Study Site

	Unit	Study Site		
		Naubise	Dhukshun	Yelung
<b><u>Crop Land</u></b>				
- Tree Fodder	kg	497	100	187
- Grass Fodder	kg	4275	3392	2568
- Dry Roughage	kg	2883	1778	510
- Concentrates	kg	275	51	9
<b><u>Forest/Pastureland</u></b>				
- Tree Fodder	kg	-	61	5202
- Grass Fodder	kg	-	2219	987
- Grazing	hrs	298	686	2018
<b><u>Purchased from Market</u></b>				
- Concentrates	kg	12	13	39

Source : Household Survey, APROSC 1989.

Table 1: Land Use of Naubise Panchayat by Ward

(in hectare)

Ward #	Physical Area	Residential Area	Forest Area	Pasture/Rocky Area	Cultivated Land (ha)			
					Low land			
					Irrigated	Rainfed	Upland	Total
1	214	4	51	1	30	20	78	128
2	341	10	50	3	50	12	89	151
3	204	5	34	5	25	1	80	106
4	458	10	70	3	40	5	91	136
5	249	10	55	26	19	5	86	110
6	127	6	45	13	30	3	53	86
7	362	15	66	13	96	5	167	269
8	242	7	62	11	13	2	194	209
9	125	3	31	1	32	5	63	100
<b>TOTAL</b>	<b>2322</b>	<b>70</b>	<b>464</b>	<b>76</b>	<b>335</b>	<b>58</b>	<b>901</b>	<b>1294</b>

Source : Village Panchayat Secretariat, Naubise, 2045 (1988)

Table 2: Existing Calorie Intake Per Capita Per Day By Source and Study Site

Particular	Naubise		Dhuskun		Yelung	
	Calorie	%	Calorie	%	Calorie	%
<u>Farm</u>						
Food Crops (Cereals mainly)	1698		1663		526	
Fruits and Vegetable	76		-		-	
Animal Food	130		15		78	
<u>Outside Farm</u>						
Food Crops (mainly cereals)	106		70		383	
Fruits and Vegetables	1		-		1	
Animal Food	1		-		1	
Overall						
Food Crops (mainly cereals )	1804	89.7	1733	99.0	909	91.9
Fruits and Vegetables	77	3.8	-	-	1	0.0
Animal Food	131	6.5	15	1.0	79	8.1
	2012	100.00	1748	100.0	989	100.0
<u>Total Calorie Intake</u>						
Farm	1904	94.6	1678	96.0	604	61.1
Outside Farm	108	5.4	70	4.0	385	38.9
	2012	100.0	1748	100.0	989	100.0

Source: Household Survey, APROSC 1989.

Note: Based on the information provided by B.V. Ilaco, 1981, and Burton, 1973, food commodities have been converted into calories as per the calorific values per kilogramme of food items in edible form as follows: rice-3600, wheat-3340, maize-3560, millet-3320, oilseeds-5740, sugarcane-600, fruits-550, vegetables-250, milk-1010, and meat-710. The conversion coefficients from raw food items into edible form are 0.6 and 0.4 for rice and other crops respectively (Asian Development Bank 1982).

**Table 1: Farmers' Strategies and Their Operational Measures in Different Types of Farming System: A Comparative Table**

Farmers Strategies	Operational Measures by Type of Farming System		
	Crop-dominated	Horticultural Crop-dominated	Livestock-dominated
1. EXTENSIVE/ INTENSIVE CULTIVATION AND MANAGEMENT PRACTICES	1.1 Intensive cultivation practices (medium level)	1.1 Intensive cultivation practices (high level)	1.1 Extensive cultivation practices
	(i) Higher level of cropping intensity	(i) Higher level of cropping intensity	(i) "Slash and burn" cultivation practice, e.g., "BUKMA SYSTEM" - reduced interval period from one Bukma cultivation to another Bukma. Interval period is now 3-5 years instead of 4-6 years as used to be few years back.
	(ii) Absence of abandoned land	ii) Absence of abandoned land	(ii) Presence of abandoned land
	1.2 Intensive management practice	1.2 Intensive management practice	1.2 Extensive management practice
	1.2.1 Crop	1.2.1 Crop	1.2.1 Crop
	i) Introduction of new crops - maize in lowland after paddy - wheat in upland	i) Vegetables in lowland after paddy - introduction of new varieties - RR21 in place of local - CH45 in place of <i>ghaiya</i> paddy - CH45 in place of millet (steadily) - sugarcane crop which used to be major cash crop has completely disappeared due to (i) low price (ii) higher occurrence of diseases and pests	i) No introduction of new crops ii) introduction of new varieties - improved potato (red) - despite higher yield in case of improved potato, farmers also cultivate local in order to hedge risk that may arise from disease and drought