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Location	Latitude 26°22' N to 30°27' N Longitude 80°04' E to 88°12' E				
Bordered by	China - north India - south, east and west				
Area	147,480 sq. km.				
Elevation	161 msl - 8848 msl				
Ecological Zones	Five zones on a south to north axis: Terai, Siwalik, middle mountains, high mountains, and high Himalayas				
Population	Year	Total	Male	Female	Growth rate %
	1952/54	8,235,079	4,050,607	4,184,472	-
	1961	9,412,996	4,636,033	4,776,963	+1.65
	1971	11,555,983	5,817,203	5,738,780	+2.07
	1981	15,022,839	7,495,336	7,527,503	+2.66
	1991	18,491,093	9,226,974	9,264,119	+2.08
	1996 (Projected)	21,126,636	10,599,438	10,527,198	+2.66
Population density (1991)	125 per km				
Average Hillside	5.6				

ADMINISTRATIVE FACTS

No. of districts	75
No. of hill/plain districts	55 (hill) 20 (plain)
Per cent of population in the hills (1991 census)	53.3
Per cent of population in the plains (1991 census)	46.7