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Location	: Latitude	26°22' N to 30°27' N
	: Longitude	80°04' E to 88°12' E
Bordered by	: China - north	
	: India - south, east and west	
Area	: 147,480 sq. km.	
Elevation	: 161 masl - 8848 masl	
Ecological Zones	: Five zones on a south to north axis: Terai, Siwalik, middle mountains, high mountains, and high Himalayas	

Population					
	Year	Total	Male	Female	Growth rate %
	1952/54	8,235,079	4,050,607	4,184,472	-
	1961	9,412,996	4,636,033	4,776,963	+1.65
	1971	11,555,983	5,817,203	5,738,780	+2.07
	1981	15,022,839	7,495,336	7,527,503	+2.66
	1991	18,491,093	9,226,974	9,264,119	+2.08
	1996	21,126,636	10,599,478	10,527,158	+2.66
	(Projected)				

Population density (1991) : 125 per km²

Average HHsize : 5.6

ADMINISTRATIVE FACTS

No. of districts : 75

No. of hill/plain districts : 55 (hill) 20 (plain)

Per cent of population in the hills (1991 census) : 53.3

Per cent of population in the plains (1991 census) : 46.7