



**International Centre for Integrated Mountain Development**  
Khumaltar, Lalitpur, GPO Box 3226, Kathmandu, Nepal  
Tel: + 977 1 5003222, Fax: + 977 1 5003277 / 5003299  
Email: [distri@icimod.org](mailto:distri@icimod.org), [www.icimod.org](http://www.icimod.org)

ISBN 978 92 9115 066 3