



PLATES





Agricultural land at Nareswhar in the Middle Mountain Region of Gorkha District, about 900masl; Manaslu Himal is in the background

Paddy fields in the subtropical/subhumid zone along the Budhigandaki River; about 1,000masl, eastern slope





Agricultural land (wheat, buckwheat, maize) and pasture areas in warm temperate subhumid zone at Philim, Sirdibas VDC, Budhigandaki River; about 1,750masl, western slope



Field with *Amaranthus spp* in cool temperate/humid zone at Ripchet, Chumchet VDC; terrace above Shyar Khola at about 2,500masl.

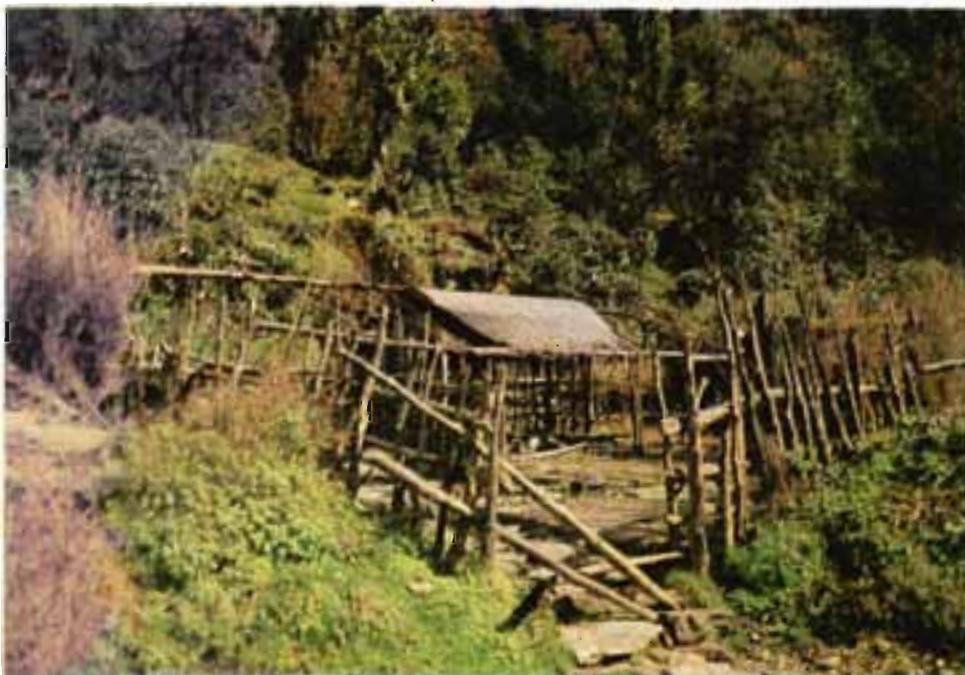


Dense coniferous forest and pasture land below Ganesh Himal in the alpine/perhumid zone, Chumchet VDC above 3,500masl; northern slopes



Summer grazing area (*kharka*) for cattle and buffaloes in the upper valley of the Daroundi *Khola*, Barpak VDC; about 3,000masl

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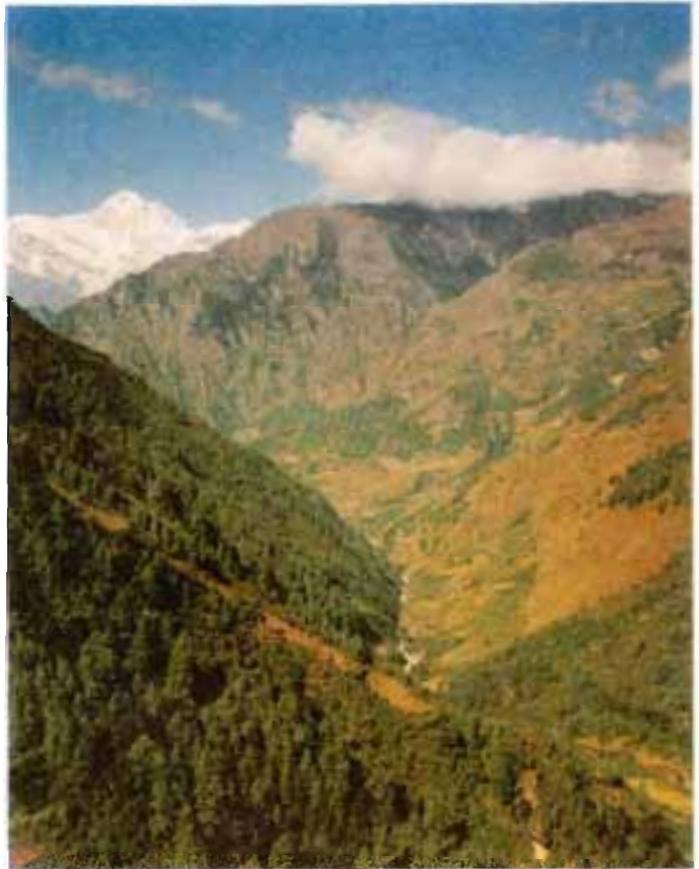


A shelter for cattle (*goth*) in the upper valley of the Daroundi *Khola*, Barpak VDC; 3,000masl



Extensive pasture areas in the alpine/perhumid zone the Chulung *Khola* valley, Sirdibas VDC; 3,500masl, southern slope

The Shyar *Khola* valley in the cool temperate/humid zone; densely forested areas on northern slopes; cultivated fields, pastureland on southern slopes



Sheep flock grazing above the confluence of Budhigandaki river and Shyar *Khola*, Bihi VDC; 3,000masl



Inaccessibility; A woman crossing Trishuli Ganga by cable cart in southern Gorkha



Potato harvest in Ripchet, Chumchet VDC; 2,500masl