

# Making Tibet Food Secure Assessment of Scenarios

Major food-production systems in Tibet





Nyima Tashi Liu Yanhua Tej Partap

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## Background

Farmland in Central Tibet (Gongga County)

- Nyima Tashi

#### Insets

Major Production Systems of Tibet - Tej Partap
The staple crop - Naked Barley in Central Tibet and the well known
TAAAS Scientist Nyima Tashi the breedere in the barely field
- Tej Partap

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## **Dedication**

This book is dedicated to my late mother, who unfortunately passed away before its completion

## **Foreword**

The Tibetan plateau is a vast area of soaring mountains, moving glaciers, high altitude plains, turquoise lakes, and steep gorges. This high mountain area covers over onethird of the Hindu Kush-Himalayas (HKH) and one-fifth of the area of China, along with smaller parts of most neighbouring countries in the region. The great rivers of Asia originate in this area, including: the Brahmhaputra (Yalongzangpo), the Ganges/ Pong Qu, the Indus (Shiguan He), the Mekong (Lancang), the Yangtze, and the Yellow rivers. Averaging around 4,000 metres above sea level, much of the central and western parts of the Tibetan plateau receive limited rainfall. Low temperatures and limited arable land also constrain the growing season.

The Tibet Autonomous Region of China occupies 1.2 million square kilometres of this region with more than 2.5 million Tibetan inhabitants. Although agricultural and pastoral systems have evolved over the millennia to provide uniquely adapted subsistence livelihoods, most of the population depends on food production from environmentally fragile and socioeconomically marginal production systems. Livelihoods are vulnerable to weather and outside forces, and subsistence depends on combining agriculture with pastoralism and trade.

Increasing food security in Tibet has been a government priority for the last 40 years. However, the unique ecological and socioeconomic circumstances of this remote mountain area have constrained the effectiveness of technologies developed in the plains, and reduced market opportunities. Expensive transport and limited purchasing power have made the supply of food from outside difficult. The adoption of a policy for food self-sufficiency by the Government of the Tibet Autonomous Region in 1994 has enabled production to increase in recent years.

However, there remains a knowledge gap about food production and food security in Tibet. There have only been limited studies on the food production systems currently used, the changing trends in food supply and demand, and the scope for improving production and food security.

This study by Dr. Nyima Tashi is thus a major contribution to the understanding of food security issues in Tibet and the formulation of appropriate policies. It focuses on assessing the scenarios for food security in spatial and temporal dimensions. It identifies current status and trends in both production and consumption in various zones.

The research for this book was carried out under ICIMOD's Tibet Fellowship

Programme with funding from the Royal Netherlands Embassy in Beijing. Dr. Nyima Tashi was the first of four candidates for Ph.Ds in this programme. His research was conducted under the direct supervision of Dr. Liu Yanhua, currently the Deputy Minister of the Ministry of Sciences and Technology, China, and Dr. Tej Partap, currently the Vice Chancellor of CSK Agricultural University of Himachal Pradesh, India (formerly Head of Mountain Farming Systems, ICIMOD). ICIMOD is grateful to these scientists for initiating and managing the Tibet Fellowship

Programme and their contribution to human resource development and capacity building in Tibet.

ICIMOD is also grateful to our partners in this fellowship programme: the Institute of Geographical Sciences and Natural Resources Research of the Chinese Academy of Sciences (CHECK) and the Tibet Academy of Agricultural and Animal Husbandry Sciences (TAAAS) for their continuous collaboration with and support for this programme.

J. Gabriel Campbell Director General

# **Executive Summary**

The Himalayan region has been studied extensively, but Tibet is often noticeably absent from such studies and discussions. Although an increasing number of researches and studies have been conducted recently, they tend to focus more on either the survival of the household or of the community than on biophysical processes. Broad-based research on the Tibet Autonomous Region as a whole that gives an overall picture of the region is necessary.

This publication focuses on the food security issue of the Tibet Autonomous Region. This research will begin with a general introduction to Tibet (Chapter 2) and then describe the local population's current access to food (Chapter 3) and identify different food production systems currently in use (Chapter 4). Changes in food production are discussed in Chapters 5 and 6, and changes in demand in Chapters 7 and 8. The potential to increase the productivity of various food-production systems is treated in Chapter 9, and policy recommendations to make Tibet food secure in the future are made in the final chapter (Chapter 10).

Tibet's food security is analysed based on key indicators such as the gap between food production and demand. Although food production has increased, the present situation of food security in Tibet is still not optimistic. Low per capita food production and food trade, great variations among

regions and fluctuation of food production over time; and relatively low energy intake by the indigenous people have shown the overall low level of food security in Tibet.

Socioeconomic and biophysical data were combined with GIS technology to identify the dominant food production systems. Four food production systems - crop-dominated, agro-pastoral, pastoral, and agro-pastoralforestry - were delineated. Based on this analysis, the potential productivity of these different food production systems was examined in terms of their ability to raise both crops and livestock animals. The crop dominated food production system has a much higher potential food productivity than any of the other regions, and it must be the focal region if Tibet is to achieve sustainable food security. The pastoral food production system has been overstocked, and it is crucial to work on the conservation and sustainable use of the rangelands in Tibet.

There are great zonal variations of availability of per capita calories and protein; there has been a decline of total food production in the north and north-west, while production is increasing in central and south Tibet. Moreover, per capita production of cereals is low in north-western Tibet and high in central Tibet. These zonal variations of food grain production were attributed to change of cropland area, while the spatial dynamics were attributed to changes in per unit crop yields. There

has been a big increase in meat production, particularly in areas where cropping is possible. Milk production has declined in the pastoral zone, while it has been increasing in crop-dominated zone. Currently, meat and milk production bases are shifting towards central Tibet. Expansion of the crop-livestock farming system is desirable for further increasing both meat and milk production, while in the pastoral system, increases in perunit vield of meat and milk production are needed. The overall agricultural production structure is changing. The percentage of crop and forestry production value in gross output of agricultural production has increased, while the proportion of livestock production value has declined. But crop and livestock production still dominate agricultural production. Fluctuations in agricultural production have been due not only to climate variations but also to inappropriate and frequent changes in agricultural policy and input over time.

Although the balance between total production and total demand in Tibet has improved. deficits of special food items, such as rice, vegetables, pork, and so on (and the lack of high quality and nutritious food, shortages of food in some regions, and poor food distribution among regions), remained persistent problems. Food preference and consumption patters are changing, driven by population growth and increase in per capita income. The gaps of income and consumption between urban and rural populations have been growing significantly, and the food preferences between the two are now quite different. In urban areas, food preferences and consumption are now getting close to the Chinese diet, while, in rural Tibet, food preferences remain more traditional, focusing mainly on tsampa, yak meat, butter tea, and chang (barley beer). Although overall more food is produced than the minimum required, there are food-deficit counties that are trying to become self-sufficient. Already a policy promoting cereal self-sufficiency is in place. New policies and external investments are opening up new opportunities for economically productive agriculture. The policy of "central government concerns and nation-wide support" propounded in 1994 has stimulated huge investment and technical and staff support to develop Tibet. As a result, food production has increased steadily, and food security has been enhanced.

However, many weaknesses remain. Economic transfusion is a trap from which the Tibetan agroeconomy has not been able to extricate itself: changes in thinking and perceptions have been slow. Food shortages are the manifestation of low farm productivity and a fragile agroecosystem in Tibet. Underdeveloped and low capacity markets are an obstacle to developing a commercial farm economy. Science and technology have not been applied to maximise agricultural resource potential. Thus, Tibet faces many challenges, including increasing food demand and limited cropland; increasing demand for livestock products and low carrying capacity rangelands; increasing natural disasters in a fragile ecosystem; weak institutional capacity of agricultural research, an extension system unable to help transform traditional farming systems into competitive and commercialised production systems, and a fragile and marginal agroecosystem that is faced with largescale investments from outside that will accelerate faster economic growth in Tibet.

To cope with these weaknesses and challenges, harnessing the comparative advantage of Tibet's natural resources; promoting highland agricultural products for external markets; strengthening the application of agricultural technology; harnessing the potential for increasing cereal production; and developing the livestock production of the crop-dominated farming systems zone are the main options for making Tibet food secure

**Key Words:** Food security, Tibet, food production, food supply, food consumption, changing scenarios, highland, scope for food security

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importantly, contributions to human resources development and capacity building in Tibet of my mentors. I will always remain personally thankful for their kind guidance during my research and during the preparation of this publication.

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Nyima Tashi

# **Abbreviations and Acronyms**

CAVAVAIL

the average calorie availability

CAVREQ

the average calorie requirement norm

**CAVUNNUR** 

the average availability of calories for the undernourished in the population

CP

crude protein

DBMS

database management system

FA

food adequacy

FAO

Food and Agriculture Organisation

GDP

gross domestic product

GIS

geographic information system

ICIMOD

International Centre for Integrated Mountain Development

ICN

International Conference on Nutrition

LIFDCs

low-income food-deficit countries

PTOTAL

total population

PUNNUR

number of undernourished individuals

SEU

sheep equivalent unit

TAAAS

Tibet Academy of Agricultural and Animal Husbandry Sciences

TAR

Tibet Autonomous Region

TDN

total digestible nutrients

UNDP

United Nations Development Programme

USA

United States of America

#### Note

- 1. Food energy equivalents are given in terms of kcal, the quantity of energy required to raise the temperature of 1 kg of water by 1°C. This unit is often written simply as 'calorie' and is approximately equal to 4,184 joules.
- 2. Food grain, in Chinese is called 'Liang Shi' and includes cereals, pulses and tuber crops.

# Glossary

Ali A prefecture in Tibet Autonomous Region; Ngari in Tibetan

Anduo County name in Chinese Pinying; Amdo in Tibetan
Angren County name in Chinese Pinying; Ngamring in Tibetan

Bai A minority group in Tibet

Bailang County name in Chinese Pinying; Panam in Tibetan County name in Chinese Pinying; Palgon in Tibetan Bange Baging County name in Chinese Pinying; Bachen in Tibetan County name in Chinese Pinying; Paksho in Tibetan Baxu Bayi Town Chinese Pinying name for a town in Nyinchi prefecture Bianba County name in Chinese Pinying; Palbar in Tibetan Biru County name in Chinese Pinying; Dirl in Tibetan County name in Chinese Pinying; Pome in Tibetan Bomi

Buoyi A minority group in Tibet

Changdu Town In Chinese Pinying for Chamdo town

Changdu County name in Chinese Pinying; Chamdo in Tibetan

Changdu A prefecture in Tibet Autonomous Region; Chamdo in Tibetan

Changtang The vast northern land of Tibet (in Tibetan)

Chaya County name in Chinese Pinying; Dayak in Tibetan

Chengdu The capital city of Sichuan Province

Cultural Revolution Pronounced by Chairman Mao and undertaken during 1966-1976

Cuomei County name in Chinese Pinying; Tsome in Tibetan
Cuoqin County name in Chinese Pinying; Tsochen in Tibetan
Dangxiong County name in Chinese Pinying; Damshung in Tibetan
County name in Chinese Pinying; Taktse in Tibetan

Dengba A minority group in Tibet
Derung A minority group in Tibet

Dingjie County name in Chinese Pinying; Tingkye in Tibetan
Dingqing County name in Chinese Pinying; Tengchen in Tibetan
Dingri County name in Chinese Pinying; Tingri in Tibetan

Drogba, A nomad group (Tibetan)

Dueba Tibetan name for people from western Shigatse and Ali Prefecture in

western Tibet

Duilongdeging County name in Chinese Pinying; Tolung Dechen in Tibetan

Gaize County name in Chinese Pinying; Gertse in Tibetan Gangba County name in Chinese Pinying; Gampa in Tibetan Ge'er County name in Chinese Pinying; Gar in Tibetan
Geji County name in Chinese Pinying; Gakyi in Tibetan

Gongbujiangda County name in Chinese Pinying; Kongpo Gyamda in Tibetan

Gongga County name in Chinese Pinying; Gonggar in Tibetan Gongjue County name in Chinese Pinying; Gongjo in Tibetan

Gyangtse town Tibetan; Jiangzi town in Chinese Pinying

Han The main Chinese nationality

Henan A province of Chian Hengduan Name of a mountain

Hor Tibetan name for people from Nagchu (Naqu) in northern Tibet

Hui Chinese word for Moslem

Jiali County name in Chinese Pinying; Chali in Tibetan
Jiangda County name in Chinese Pinying; Gyamda in Tibetan
Jiangzi County name in Chinese Pinying; Gyantse in Tibetan
Jiazha County name in Chinese Pinying; Gyatsa in Tibetan
Jilong County name in Chinese Pinying; Kyirong in Tibetan

Jinshajiang Name of a river

Jue Tibetan word for safety and nutrition

Kangma County name in Chinese Pinying; Khangmar in Tibetan

Khampa Tibetan for people from Chamdo

Kulun Name of a mountain
Lancang Jiang Name of a river

Langkazi County name in Chinese Pinying; Nakartse in Tibetan
Lazi County name in Chinese Pinying; Lhatse in Tibetan
Leiwuqi County name in Chinese Pinying; Rioche in Tibetan
Lhasa County name in both Chinese Pinying and in Tibetan

Lhasa A prefecture; also the capital city in Tibet Autonomous Region.

Lhoba A minority group in Tibet

Linzhi County name in Chinese Pinying; Nyingtri in Tibetan
Linzhi A prefecture in Tibet Autonomous Region; Lhoka in Tibetan
Linzhou County name in Chinese Pinying; Lhundup in Tibetan

Lisu A minority group in Tibet

Longzi County name in Chinese Pinying; Lhuntse in Tibetan
Luolong County name in Chinese Pinying; Lhorong in Tibetan
Luozha County name in Chinese Pinying; Lhodak in Tibetan

Man A minority group in Tibet

Mangkang County name in Chinese Pinying; Markham in Tibetan

Mengarbu White medicine (Tibetan)
Miao A minority group in Tibet

Milin County name in Chinese Pinying; Miling in Tibetan

Monba A minority group in Tibet
Mongolian A minority group in Tibet

Mozhugongka County name in Chinese Pinying; Medro Gongkar in Tibetan

Muotuo County name in Chinese Pinying; Metok in Tibetan
Naidong County name in Chinese Pinying; Nedong in Tibetan
Nanmulin County name in Chinese Pinying; Namling in Tibetan
Naqu County name in Chinese Pinying; Nakchu in Tibetan

Nagu A prefecture in Tibet Autonomous Region; Nakchu in Tibetan

Nashi A minority group in Tibet Nianqingtanggula Name of a mountain Nielamu County name in Chinese Pinying; Nyalam in Tibetan
Nierong County name in Chinese Pinying; Nyerong in Tibetan
Nima County name in Chinese Pinying; Nyima in Tibetan
Nimu County name in Chinese Pinying; Nyemo in Tibetan

Nu A minority group in Tibet

Nujiang Name of a river Nyachu Name of a river

Pulan County name in Chinese Pinying; Purang in Tibetan

Qinghai A province of China

County name in Chinese Pinying; Chong-Gye in Tibetan **Oiongjie** Qushui County name in Chinese Pinving: Chushur in Tibetan Ousong County name in Chinese Pinving: Chosum in Tibetan County name in Chinese Pinying; Rinpung in Tibetan Renbu County name in Chinese Pinying; Shigatse in Tibetan Rikaze County name in Chinese Pinying; Rutok in Tibetan Ritu County name in Chinese Pinying; Saga in Tibetan Saga County name in Chinese Pinving: Sakva in Tibetan Sajia

Samadrog Tibetan word for farmers practising both cropping and animal

husbandry

Sangri County name in Chinese Pinying; Sangri in Tibetan

Shannan A prefecture in Tibet Autonomous Region; Lhoka in Tibetan Shenzha County name in Chinese Pinying; Shantsa in Tibetan

Sherba A minority group in Tibet

Shigatse A prefecture in Tibet Autonomous Region

Shingba Cropping farmers (Tibetan)

Shuanghu Admin. Office A county-level special office for managing the Shuanghu area in

northern Tibet

Sichuan A province of China

Suoxian County name in Chinese Pinying; Sokshan in Tibetan

Tanggula Name of a mountain

Tsampa Tibetan word for roasted barley flour

Tsangba Tibetan word for people from the Shigatse region

Tu A minority group in Tibet

Uhba Tibetan word for people from the regions of Lhasa and Shannan

Prefecture

Uygur A minority group in Tibet

Xietongmen County name in Chinese Pinying; Tongmon in Tibetan

Xinjiang Uygur Autonomous Region of China

Yadong County name in Chinese Pinying; Chomo in Tibetan

Yalong valley A valley in central Tibet

Yalongtsangpo River Tibetan word for Brahmaputra River

Yi A minority group in Tibet Yunnan A province of China

Zedang town Chinese Pinying; Tsetang town in Tibetan

Zha'nang County name in Chinese Pinying; Dranang in Tibetan County name in Chinese Pinying; Tsada in Tibetan Zhongba County name in Chinese Pinying; Dengpa in Tibetan

Zhuang A minority group in Tibet zo Crossbreed of yak and cow

Zuogong County name in Chinese Pinying; Zogong in Tibetan

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