







Great Himalayan Trail Preparatory Study





SNV

SNV is dedicated to a society where all people enjoy the freedom to pursue their own sustainable development. Our advisors contribute to this by strengthening the capacity of local organisations.

ICIMOD

The International Centre for Integrated Mountain Development (ICIMOD) is an independent 'Mountain Learning and Knowledge Centre' serving the eight countries of the Hindu Kush-Himalayas – Afghanistan, Bangladesh, Bhutan, China, India, Myanmar, Nepal, and Pakistan – and the global mountain community. Founded in 1983, ICIMOD is based in Kathmandu, Nepal, and brings together a partnership of regional member countries, partner institutions, and donors with a commitment for development action to secure a better future for the people and environment of the Himalayan region. The primary objective of the Centre is to promote the development of an economically and environmentally sound mountain ecosystem and to improve the living standards of mountain populations.

Great Himalayan Trail Preparatory Study

Produced by SNV Nepal and ICIMOD In collaboration with NTB and STN





Internal report for limited distribution

© SNV/Nepal & ICIMOD 2006

Contact SNV Nepal

Paul Stevens, Senior Tourism Advisor, SNV Nepal

Bakhundole, Lalitpur

P.O. Box: 1966, Kathmandu, Nepal

Tel: +977-(0)1-5523444 Telefax: +977-(0)1-5523155 E-mail: snv@snv.org.np Website: www.snvworld.org

Contact ICIMOD

Kamal Banskota, Programme Manager, Agriculture and Rural Income Diversification, ICIMOD

Khumaltar, Lalitpur

P.O. Box: 13226, Kathmandu, Nepal

Tel: +977-(0)1-5525313

Telefax: +977-(0)1-5524509/5536747

E-mail: icimod@icimod.org Website: www.icimod.org

The views and interpretations in this book are those of the authors. They are not attributed to the International Centre for Integrated Mountain Development (ICIMOD) and Netherlands Development Organization (SNV), and do not imply the expression of any opinion concerning the legal status of any country, territory, city or area of its authorities, or concerning the delineation of its frontiers or boundaries.

Photo Credits:

Gagan Rai: page 47

Govinda Raj Rokaya: cover page, Executive Summary, page 11

Johannes Hainzinger: page 25, 63, 67 Kamal Banskota: page 21, Khagendra Gabegu: page 50

Lama Karma Dhundup: page 55, Mim Hamal: cover page, page 5, 14, 17

Monica Oliveros: Acknowledgements, page 1, 5, 34, 43, 55, 67, 83

Padma Raj Neupane: page 55 Remi Van Doorn: page 55 Rick Keulen: page 7

Sergio Hoyos Ramos: cover page, page 1, 5, 37, 40, 55

TRPAP: page 1, 32, 55

Printed in Nepal

DESIGNED AND PROCESSED BY: WordScape, Kathmandu

EXECUTIVE SUMMARY

The Himalayan region presents great opportunities for developing a model of pro-poor sustainable tourism that generates significant employment and income-generating opportunities for the poor; enhances the lives of rural communities through infrastructure development, social mobilization, training and education, and institutional development; show cases pro-poor sustainable tourism best practices; and at the same time provides rural communities with a powerful incentive to conserve their natural and cultural heritage.



To date, tourism demand in the mountain regions of Nepal has been concentrated primarily in three regions: Annapurna, Langtang, and Everest. Efforts to diversify the incomes and benefits that tourism could generate have been made at different levels: community, district, national, and regional. One of these initiatives is the Sustainable Mountain Tourism in the Himalayas (SuMiT) program, a collaborative initiative by SNV and ICIMOD that aims to contribute to poverty reduction and the sustainable use of natural and socio-cultural resources for communities in the Himalaya through the development of sustainable mountain tourism.

The concept for a 'Great Himalayan Trail' was outlined in the ADB/SASEC Tourism Development Plan. In Nepal, SNV and ICIMOD have taken the lead in developing this programme under the umbrella of SuMiT and in collaboration with the Nepal Tourism Board and the Sustainable Tourism Network. The intention is to exploit the significant potential for product and marketing synergies that exists within and between mountain districts in Nepal, as well as between Nepal and other Himalayan countries. The vision is that the proposed trail will help to attract more trekking tourists to mountain areas of Nepal, as well as encourage them to make repeat visits to the region and to explore different products and destinations. The intention is to help spread the benefits of tourism to the more remote and least developed parts of the Himalayas, where poverty is often the most acute.

In Nepal, the proposed trail starts in the Karnali (West Nepal) and continues through Mustang, Manaslu, Ganesh Himal, Rolwaling, Everest, and Kangchenjunga.

This document contains the summarised output of the first phase of development of the proposed Great Himalayan Trail: the Preparatory Study. It provides an overview of tourism assets, infrastructure, trails, and organisations active in tourism and other development activities along the proposed trail, and is intended as a resource to support the subsequent planning, development, and implementation of the Great Himalayan Trail programme.

The first section of this report presents the goal and specific objectives of the study, the methodology used to gather the data, and the most important challenges faced in developing the report. The second section contains an inventory (per district) of infrastructure, facilities, and the most important tourism resources available along the potential trail. This is followed by an overview of the organisations working in each of the districts, together with their work in tourism and/or other development activities. To make this data more easily accessible, it has been recorded in a digital database (geographical information system or GIS).

ACKNOWLEDGEMENTS



We would like to acknowledge the support of the many people and organisations that guided, assisted, and supported the preparation of this document. First, we would like to show our appreciation towards our supervisors at SNV and ICIMOD. In particular our thanks go to Paul Stevens, Monica Oliveros, and Birgit Lienhart at SNV Nepal, as well as John Hummel at SNV Bhutan. At ICIMOD, we are indebted to the support of Kamal Banskota, Ester van der Blonk, Basanta Shrestha, and Govinda Joshi.

We are grateful to the Sustainable Tourism Network and Nepal Tourism Board for organising a workshop with stakeholders active in mountain tourism development (private sector and (I)NGOs) in Nepal. This workshop gave us the opportunity to share our initial findings and receive valuable input.

This study would not have been possible without the collaboration of directors and programme officers who provided us with valuable information. Special thanks go to Jim Donovan and Jigme Lama from Nepal Trust, Phinjo Sherpa from Eco Himal, Siddhartha B. Bajracharya from KMTNC, Ang Rita Sherpa and Sarah Subba from TMI, Rabi Jung Pandey, Balendra Prasad Deo, and Yogi Kayastha from TRPAP, Rudriksha Rai Parajuli and Sabita Thapa from WWF/Nepal and Chhaka Bahadur Lama from the Ministry for Physical Planning and Works.

We would also like to express our appreciation towards all the travel agencies and tour operators who provided us with valuable information. In particular, we would like to thank Bijaya Pradhan from Dream Nepal Travel & Tours and Jamie McGuinness from Project Himalaya, who provided us with useful information and support.

Finally, we thank A. Beatrice Murray, Senior Editor, ICIMOD and Susan Sellars, Consultant Editor, for their valuable support and advice in the preparation of the final version of this report.

Alina Tamrakar & Jeroen van den Bergh

CONTENTS

SECTION ONE: INTRODUCTION	1
Background	2
Scope of the Report	2
Objectives	3
Methodology	3
Limitations	3
SECTION TWO: OVERVIEW OF THE DISTRICTS	5
Introduction	6
Humla	7
Mugu	11
Jumla	14
Dolpo	17
Mustang	21
Manang	25
Gorkha	28
Dhading	32
Rasuwa	34
Sindhupalchok	37
Dolakha	40
Solukhumbu	43
Sankhuwasabha	47
Taplejung	50
SECTION THREE: POTENTIAL TRAILS	55
Trails per Development Region	56
Mid Western Development Region	56
Western Development Region	58
Central Development Region	59
Eastern Development Region	60
Trekking Seasons per Region	63
REFERENCES	64
ANNEXES	67
Annex 1: Maps	68
Annex 2: The Geo Multimedia Information System and the Dolpo CD	76
Annex 3: List of Participants in the GHT Workshop	79
Annex 4: List of Organisations Consulted	80

ACRONYMS AND ABBREVIATIONS

ACAP Annapurna Conservation Area Project

ADB Asian Development Bank

CBO community-based organisation

CCODER Centre for Community Development and Research

CIDA/CCO Canadian International Development Agency/

Canadian Cooperation Office

Danida - Denmark Danish International Development Assistance

DFID UK Department for International Development

EC European Commission

Eco Himal Society for Ecological Cooperation Alps-Himalaya

FAO Food and Agriculture Organization

FINLAND Embassy of Finland

GHT Great Himalayan Trail

GTZ German Agency for Technical Cooperation

HCDA Humla Conservation and Development Association

HDI human development index

ICIMOD International Centre for Integrated Mountain Development

IDP internal displaced people

ILO International Labour Organization

INF International Nepal Fellowship

(I)NGO (international) non-governmental organisation

JICA Japan International Cooperation Company

KEEP Kathmandu Environmental Education Project

KMTNC King Mahendra Trust for Nature Conservation

LEP Langtang Eco-Tourism Project

NATO Nepal Association of Tour Operators

NTB Nepal Tourism Board

NVR Nepal Village Resort

OHCHR Office of the United Nations High Commissioner for Human Rights

OXFAM Oxfam International

PPST pro-poor sustainable tourism

RNE Royal Norwegian Embassy

SASEC South Asian Subregional Economic Cooperation

SC USA Save the Children USA

SCN Save the Children Norway

SDC Swiss Agency for Development and Cooperation

SIDC Snowland Integrated Development Center

SNV Netherlands Development Organisation

STN Sustainable Tourism Network

SuMiT Sustainable Mountain Tourism in the Himalayas

TDH Terre des Hommes

TMI The Mountain Institute

TRPAP Tourism for Rural Poverty Alleviation Program

UNDP United Nations Development Programme

UNESCO United Nations Educational, Scientific and Cultural

Organisation

UNICEF United Nations Children's Fund

WFP World Food Programme

WWF World Wide Fund for Nature