

Kangchendzonga Biosphere Reserve, Sikkim: Vegetation dynamics and livestock-rangeland linkages along a tourist trekking corridor

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Abstract

This paper reports vegetation dynamics and livestock-rangeland linkages along a trekking corridor of the Kangchendzonga Biosphere Reserve (KBR) in the Sikkim Himalaya. The people of the region are primarily engaged in subsistence agriculture and animal husbandry. In recent years, however, farmers are opting for off-farm activities, tourism being the most desirable one. Animals are reared for meeting diverse needs and most of them are free grazed in various rangelands in KBR area, which though, is within the carrying capacity level, over-grazing is not be over ruled at places. For stall fed animals, fodder is collected from 43 tree species from forests and 10 agroforestry species. The alpine meadows show high species diversity with nutritious species and are used as summer grazing grounds. The herbage diversity and productivity is highly influenced by grazing with 30-70% reduction in biomass in freely- grazed areas. As the animal number is increasing for domestic and tourism (as pack animals) purposes, it expected that more animals would graze in these grasslands in near future. Therefore, management of KBR needs to address the grazing issue and suitable policies need to be framed involving local people along with large scale cultivation of fodder species in farmers fields, practicing deferred grazing and educating people for adverse effect of grazing in the area.

Introduction

Biosphere Reserves are protected areas of respective terrestrial, coastal and marine environments that have been internationally recognized for their value in conservation and in providing the scientific knowledge, skill, and human values to support sustainable development (Anonymous 1999). At the international level the Biosphere Reserve Programs was launched under the auspices of the Man and Biosphere Programme in 1971, and the first Biosphere Reserve came into being in 1976. Since then a wide network has steadily been built up with nearly 300 Biosphere Reserves in more than 75 countries all over the world. The Indian National Man and Biosphere Committee, set up by the Central Government, created a Core Group of Experts in 1979 for submitting recommendations for potential areas to be constituted into Biosphere Reserves. The principles for declaring the area under network are: *in-situ* conservation of biodiversity (genetic resources, species, ecosystem) of natural and semi-natural ecosystems and landscapes; contribution to foster sustainable economic development of the human population living within and around the Biosphere Reserves and provide facilities for long-term ecological studies; environmental education and training; and research and monitoring related to local, national and global issues of conservation and sustainable development (Anonymous 1999). Despite of the fact that formation of Biosphere Reserve advocates for strengthening of R&D activities, large number of reserves still lack details on their vegetation, wildlife, and the linkages between flora, fauna and human-livestock needs being met from it.

Seasonal animal migration between alpine meadows and lower temperate forest pasture is a common strategy for securing sufficient forage for grazing animals in the Himalayan region (Sundriyal 1995). Kangchendzonga area, who has recently gained the status of 11th Biosphere Reserve in the country (Lepcha 1999), falls in the eastern Himalayan region in Sikkim State (India) and it provides an important pasturage to local and transhumance herders who graze their animals in diverse rangelands from mid to high elevation areas since time immemorial. The Kangchendzonga Biosphere Reserve (KBR) is also used as a popular tourist destination by nature lovers for past many decades. Trekking groups and mountaineers use a large number of pack animals, which although a source of revenue generating for locals, have significant impact

on vegetation and trail due to grazing and trampling on the alpine and sub-alpine areas. In the recent times the KBR has been the focus of attention due to its rich vegetation, diverse habitats and socio-cultural setup of communities, and increase of tourist flow to visit the Reserve. This paper describes general features of the KBR along with its vegetation diversity, livestock rangeland linkages and its impact on biomass-productivity of different pastures. It also highlights the need and strategy for resource management in near future.

Study area

Sikkim, a tiny Himalayan State in the northeastern India with 7096 km² area falls in the Eastern Himalayan range and lies between 27°4'46" to 28°7'48" N latitude and 88°55'25" to 88°58' E longitude, extending approximately 114 km from north to south and 64 km from east to west, with parallel ranges of mountains like a staircase from north to south. The rich natural and cultural heritage of Sikkim makes this small Himalayan State an attractive destination for international and domestic tourists (Rai & Sundriyal 1997). The KBR falls between 27°25' to 27°55' N latitude and 88°3' to 88°38' E longitude in the West and North Districts of Sikkim. It exhibits a picturesque view of snow clad mountains, lakes, alpine vegetation, thick forests in temperate to subalpine zones and, rich wildlife, and considered the most popular tourist destination in Sikkim (Fig. 1). Many village settlements with varied ethnic groups such as Lepchas, Bhutias, Limboos and Nepalese are in the buffer zone of the Reserve that surrounds the core zone (Kangchengzonga National Park) while only a small settlement of 10 families of Tibetan origin settles inside the core zone at a place called Tshoka. The 45km long Yuksam-Dzongri-Goecha La trekking corridor inside the KBR is one of the most important tourist destinations in Sikkim, which is also identified as a priority area for tourism development by the State Government. The Reserve supports a large number of animals from surrounding settlements as well as animals of nomadic graziers. Animals graze throughout the year at low-elevation pastures, and most of them migrate to alpine areas during summer-rainy season. At places the trail sites, camping grounds and surrounding of cattle sheds in high altitudes show signs of overgrazing of landscapes. Continuous increase in grazing animal population over the years may deteriorate these pastures further, thus deserve immediate attention.

The alpine zone consists of three main grazing pastures, namely Dzongri, Thangsing-Samiti and Chawrigang-Basecamp, covering an area of 1360 ha. The sub-alpine zone pasture, which is closer to timberline, has an approximate area of about 200 ha which separates the temperate zone with alpine area through a distinct timberline. This zone extends from Tshoka, which is the last human settlement area up to Deorali (Fig. 1). The area between Tshoka and Yuksam falls in temperate zone (cool and warm) dominated by thick forest cover. The cool temperate has an area of about 200 ha under pasture, while the warm temperate has nearly 800 ha area suited for grazing. Total pasture area is 2560 ha which forms the present study sites. About 625% of the pasture area is conducive for grazing and therefore could be considered effective rangeland area.

Methodology

Primary data on number of heads of livestock, their types and grazing locations were recorded through field observation in grazing areas and thereafter verified by household survey during 1996-1999. Formal and informal interviews were conducted with Graziers in the field, and data were collected on income generated from pack animals and other animal products. The animal mobility for grazing and duration of grazing at different locations were recorded. Animals showed preference for some plant species, which was observed for each animal species. To understand the impact of grazing on vegetation a total of 16 plots (each of 100 m² area) were fenced (exclosure) at four different locations along the 1500-3800 m elevations along Yuksam-Dzongri trail, and data were collected on plant diversity and biomass productivity in grazed as well as protected plots. The locations of the four ecological zones for establishments of the exclosure were at the warm temperate site (1700m), cool temperate site (2100m), sub-alpine near timberline (3700m), and alpine pasture (3900m). Biomass and productivity measurement was done using 'core monolith sampling' method (quadrat size 50x50x30cm) (n=10 at each site) at monthly intervals for two years as suggested by Sundriyal and Joshi (1990). Records were made on biomass of each individual species, separated to live shoot, dead shoot, litter and below ground plant parts. Furthermore, species were also grouped into palatable and unpalatable biomass category. More details of the methodology used are available in Singh (2000). Carrying capacity, which expresses the grazing limit of different pastures, was estimated following Sundriyal (1989). Each animal group was fed by given quantity of fodder and thus total fodder need was derived for different

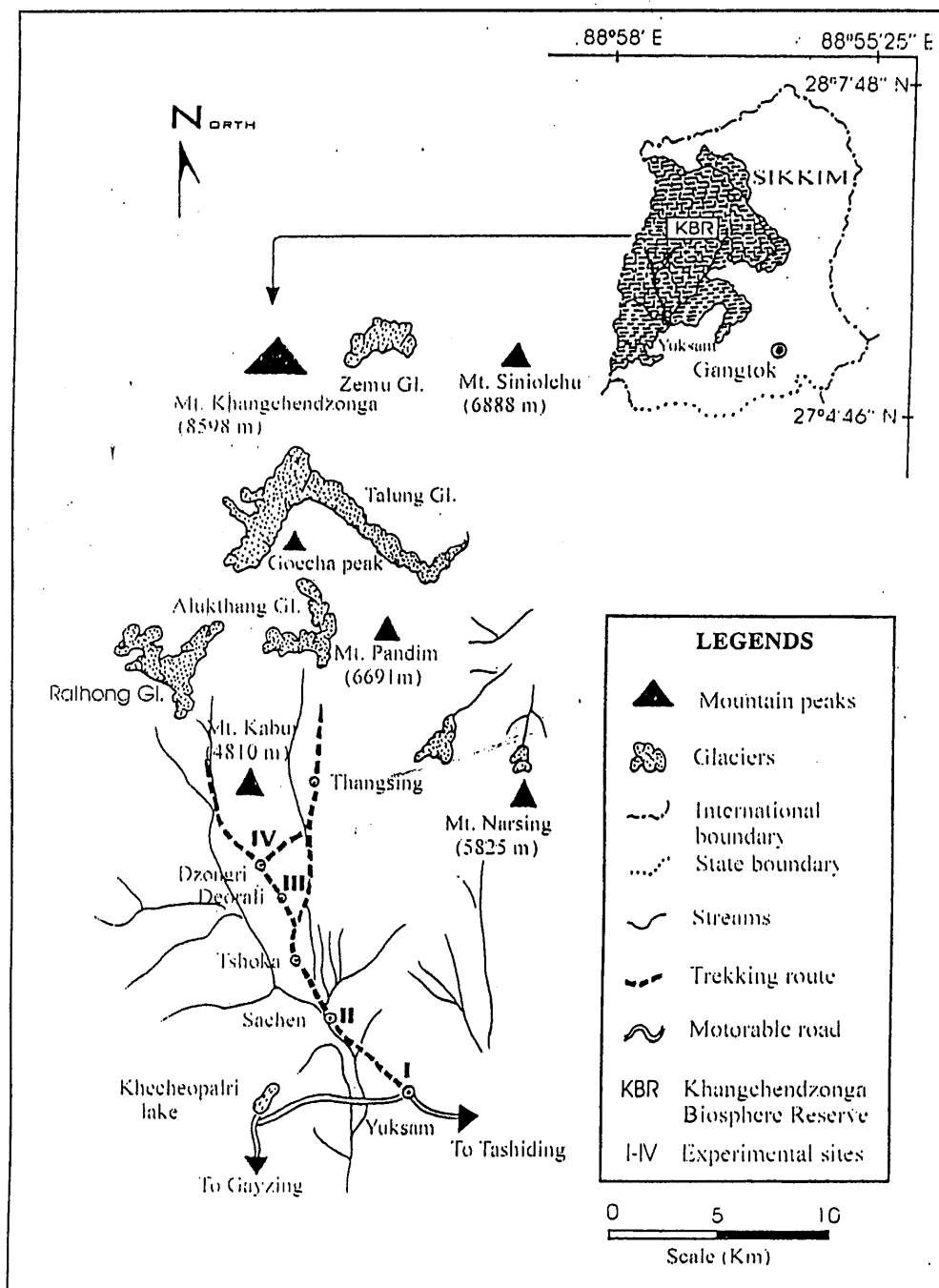


Fig. 1: Location map showing livestock grazing exclosure sites along the Yuksam-Dazongri trail in Khangchendzonga Biosphere Reserve

livestock species (i.e., cow, horse, ox, sheep, goat). Each animal was converted to cow unit in term of its fodder requirement and the carrying capacity of the pastures are presented on cow unit basis.

Results

Diagrammatic presentation of the KBR and the Trail is given in Fig.1. Daily records on the climatic data were done for the study area at three major zones, i.e. temperate site (at Yuksaim, 1700 m), sub-alpine site (Tshoka, 3000 m) and alpine site (Dzongri, 3900 m). Records were taken on minimum and maximum temperatures and rainfall (Fig. 2). At temperate site a maximum temperature of 24°C was recorded in the month of August and minimum of 3.8°C in January. Sub-alpine zone had a maximum temperature of 16.1°C (September) and minimum of -3°C (January). Alpine zone had prolonged winters and was under snow cover for at least five months (November-March), the snow starts melting in April and thereafter vegetation grows. The maximum and minimum temperatures were recorded as 13°C (August-September) and -8°C (January), respectively. Temperate site received an average annual rainfall of 3760 mm, of which 1/3 was recorded in just one month (August). The sub-alpine site received a total rainfall of 3648 mm, while alpine site recorded a total annual rainfall of 2319 mm. The main precipitation during the months between December to March was in the form of snow at the alpine zone.

Protected area network in Sikkim

In India altogether 12 Biosphere Reserves have been declared between 1986-2000, and KBR is the second last declared so far. All Biosphere Reserve covers 45299.1 km² areas, of which 27% falls in the Himalayan region (Table 1). KBR comprised 5.78% area of all Biosphere Reserve network in the country. A few more areas have been identified to be covered under this network (Table 1). The Sikkim State is fairly well represented for area under Protected Area Network (PAN) with nearly 41% of its total area under PAN having 1 Biosphere Reserve /National Park and 5 Sanctuaries. KBR represents nearly 91% of the total protected area of the State.

General features of KBR

The Kangchonzonga area was given the status of National Park on the 27th August 1977 with a total area of 846 km². Due to its biological, ecological and landscape significance, the area of this Park was further extended to 1784 km² in 1996. This National Park was given the status of Biosphere Reserve (Gazette notification No. J-22016/76/91-BR, dated 7th February, 2000) very recently with addition of some more areas (total area of 2655.26 km²) (Lepcha 1999). The KBR has two core zones with a total area of 1819.34 km² and four buffer zones covering an area of 835.92 km², having an elevation range that varies from 1220-8550 m above mean sea level. As such the Biosphere Reserve has many glaciers, most prominent and largest amongst them is Zemu Glacier. The lofty Mt. Kangchonzonga (Kanchanjunga) forms the highest peak with 8598 m elevation and is the third highest mountain peak in the world. The Mt. Kangchonzonga literally means 'Abode of the Gods' and consists of five 'treasure houses' indicating the other five adjacent peaks, which are the guardian deity of Sikkim. These adjoining peaks are Mt. Narsing (5825 m), Mt. Pandim (6691 m), Mt. Simvo (6811 m), Mt. Kabur (7338 m) and Mt. Siniolchu (6888 m). The scenic, aesthetic, religious and natural beauty, which is provided by the unique topography and landscapes along with the forest and pasture wilderness almost in pristine set up and wild flowers of varied forms and colours in the Reserve, forms the main attraction, which draws nature lovers and trekkers from all over the world.

The floristic wealth of KBR is rich and diverse though much details of the vegetation are not known. The Biosphere Reserve has 1398 km² (53%) area under mixed, conifer and oak-rhododendron forests, though 313 km² (22%) of it is in degraded state (Fig. 3). A total of 482 km² (18%) is under alpine zone while 638 km² (24%) comprised of snow cover, glaciers and lakes. Nearly 113 km² (4%) is under scrub and forest blanks. There are large variety of faunal species in the Biosphere Reserve (Lepcha 1994). The KBR also provides patronage to many threatened and rare plant species, such as *Aconitum* sp., *Meconopsis* sp., *Taxus baccata*, *Swertia* sp., *Rhododendron* sp., *Juniperus* sp., *Heracleum wallichii*, *Panax* sp., *Nardostachys grandiflora* and many orchid species. There is a further need to study more details of the vegetation and its dynamics. With increase in tourism activities, number of pack animals and livestock-products, there is every possibility that the KBR may receive high biotic pressure in near future, therefore it is an urgent need to start researches that provide useful information on livestock-pasture relationship so that necessary corrective measures could be taken up for Biosphere Reserve management.

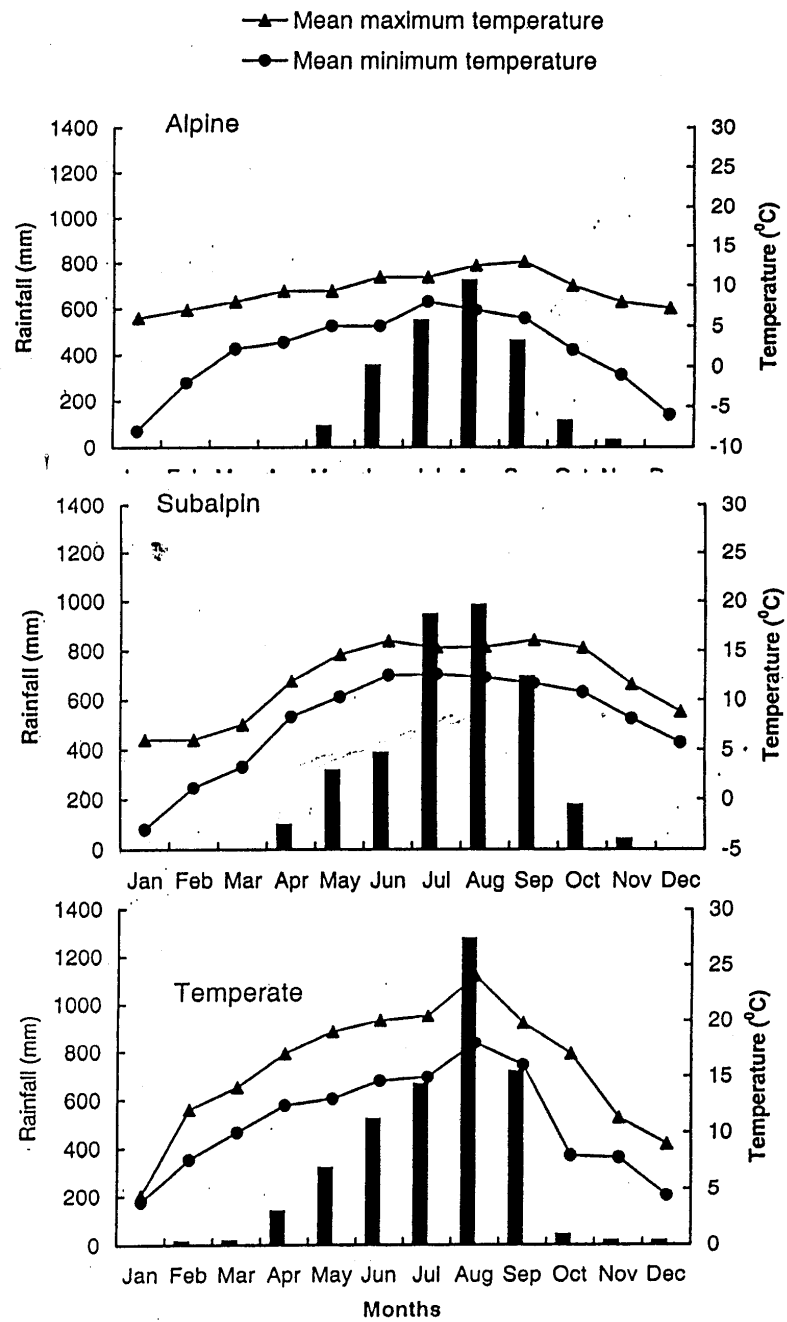


Fig. 2. Weather data for the different zones in the Kangchendzonga Biosphere Reserve

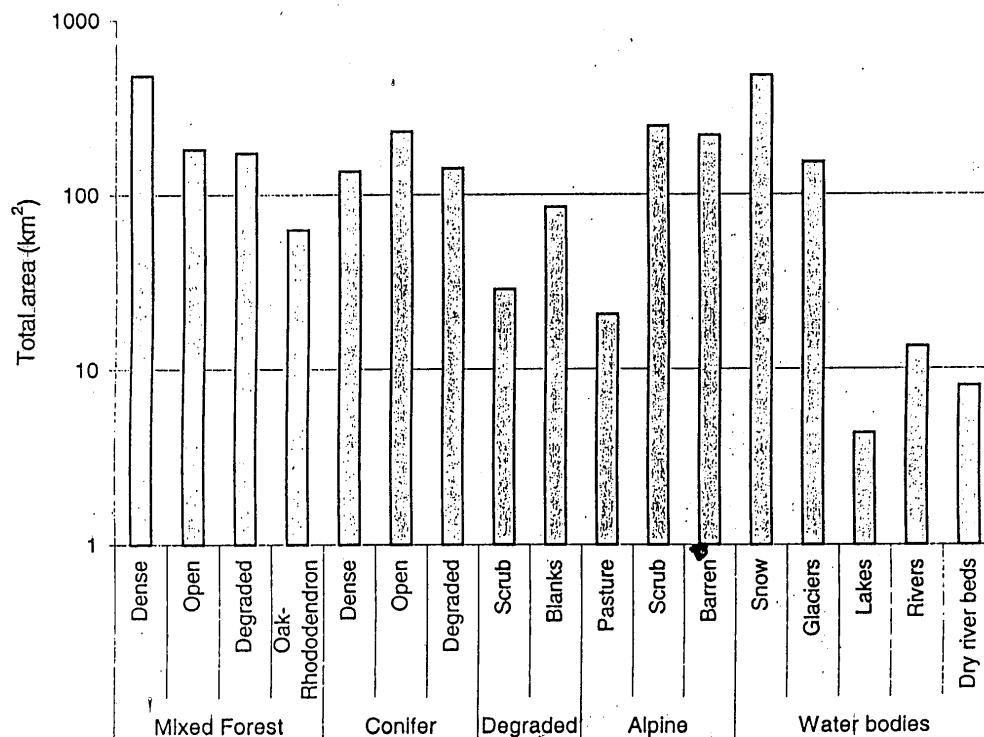


Fig. 3. Major vegetation and water bodies types and their area in Kangchendzonga Biosphere Reserve (broad categories are given on x-axis along with sub-categories)

Yuksam-Dzongri trekking corridor

The KBR has been a major trekking destination and the Yuksam-Dzongri-Goechha La trail with its exhilarating climb through dense forests and past impressive mountain views is the major focus for nature lovers. The forests and alpine meadows are among the most biologically diverse communities with as many as 36 species of Rhododendrons, 400 species of orchids and many other flowering plants. This trekking corridor receives about 2000 national and international tourists every year. The trail head starts from Yuksam that was Sikkim's first capital with some places of wide attraction, such as archeological ruins of the old palace at Norbu Gang and 'Dubde Monastery' that is the oldest monastery in the State. Yuksam settlement comprises of ethnics such as Lepchas, Bhutias, Nepalese, Limboos, while Tshoka that fall inside the KBR is inhabited by Tibetan refugees. Subsistence agriculture is the main livelihood. However, in recent years, the increased tourism activities have drawn the attention of local people and they have diversified their activities to tourism during trekking season that has two peaks in March to May and September to November. Local communities involve in tourism by providing services, such as porters, trek cooks, guides, pack-animal owners, lodge operators and vegetable growers. Besides, the area also provides important pasturage for local and transhumance herders who graze their yaks, dzos, cows, horses and sheep on many pastures (rangelands) along with entrepreneurs owning pack animals for trekking groups and mountaineers. A large number of dzos and horses are engaged as pack animals during tourist seasons. A large number of sheep, cows, and yaks use alpine pasture during April to October for forage. The reserve is frequently visited by local communities for fuel, food and fodder collection, and the demand has increased tremendously during recent times (Rai & Sundriyal 1997). A huge quantity of firewood is used by trekkers, which is a major concern.

Continuous grazing, collection of fodder, fuel wood and trampling of vegetation by animals and visitors at places have left visible signs of deterioration. This may seriously affect the vegetation, soil and habitat of certain areas in near future. Therefore, the management strategies for KBR needs to address issues of grazing and its possible impact on the vegetation and plant communities with reference to its structure, biomass productivity and nutrient cycling as influenced by grazing along with an assessment of existing stocking rate and carrying capacity of various pastures in KBR. The most important aspect is to modify the existing policies so that the KBR could be managed with the help of local stakeholders by providing them better means of income and livelihoods so that the goal of the conservation could be achieved in a sound and sustained way.

To study the details of the vegetation dynamics and animal impact on it, four sites identified along the Yuksam-Dzongri Trail, varying in elevation, species composition and climatic conditions (Fig. 1). The sites were at Yuksam (warm-temperate), Sachen (cool temperate), Deorali (sub-alpine) and alpine (Dzongri) (Table 3). The ground vegetation plant communities of the four study sites were designated as *Pilea-Eupatorium-Silaginella* community (warm-temperate); *Elatostema-Pilea-Rumex* community (cool-temperate); *Poa-Potentilla-Geranium* community (subalpine) and *Bistorta-Poa-Potentilla* community (alpine). An area of 20x20 m (four 10x10 m) size was fenced at each site to avoid impact of grazing. Both, fenced and open grazed areas were having similar vegetation structure and composition at initial stages.

The soils of all sites were acidic, which increases with depth of soil (Table 4). Soil moisture content was higher in upper (0-15 cm) depth at all the study sites. Different sites showed nearly more or less similar levels of nitrogen, phosphorus, and carbon content and all of them decrease with soil depth. Soil porosity increased with altitude ranging from 39.2 - 54.3% in upper (0-15 cm) and 43.8 - 60.0% in lower (15-30 cm) soil depths (Table 4). Generally, the soil of alpine site had higher clay and sand proportion than the soil of other sites. Subalpine site at Deorali had maximum silt percentage. Gravel per cent was higher in lower temperate site at Yuksam (Table 4). Clay proportion was more in higher elevation which ranged from 4.2 - 10.9% in (0-15 cm) and 5.7 - 14.0% in (15-30 cm) soil depth. Silt content also showed the similar trend like clay.

Vegetation dynamics

Four distinct vegetation zones have been identified, viz. warm-temperate, cool temperate, subalpine and alpine based on the climatic zones along the Yuksam-Dzongri trail (Fig. 1). The warm temperate starts from Yuksam (1600m) upwards to 2000 m and this zone supports to fulfil the local resident's demands for fuel, fodder and timber. The area also receives heavy grazing pressure. The forest cover is thin mainly due to timber and fuelwood extraction. The major tree species were *Castanopsis* spp., *Toona ciliata*, *Evodia fraxinifolia*, *Macaranga pustulata*, while *Rubus ellipticus*, *Edgeworthia gardneri*, *Melastoma normale* formed the middle layer. *Eupatorium cannabinum*, *Cyanotis vaga*, *Hydrocotyle javanica*, *Pilea umbrosa*, *Pilea scripta*, *Persicaria capitata*, and *Brachiaria* sp. were prominent ground vegetation. The cool-temperate site (2000-3000 m) comprised of *Magnolia campbellii*, *Rhododendron arboreum*, *Quercus lamellosa*, and *Acer campbellii*, while *Aconogonum molle*, and *Arundinaria maling*, *Zanthoxylum acanthopodium* formed the secondary layer. The dominant ground vegetation were *Tupistra nutans*, *Viola* sp., *Selaginella* sp., *Elatostema sessile*, *Urtica dioica*, *Girardinia palmata* and *Laportea terminalis*.

The maximum canopy coverage in the sub-alpine zone has been formed by *Abies densa* and secondary middle layer by *Rhododendron barbatum*, *Rhododendron hodgsonii*, *Viburnum cordifolium*, *Arundinaria maling* and *Rosa sericea*. Primulas, *Selinum tenuifolium*, *Fragaria* sp., *Prunella vulgaris*, with high density of *Abies densa* seedlings and saplings formed the ground vegetation.

Alpine areas were devoid of trees, and rhododendrons, Junipers and *Rosa sericea* formed the major vegetation. High density of *Juniperus recurva* in the form of depressed circular patches were common in gentle slopes whereas bushes of rhododendrons were found in steep slope. The ground vegetation was dominated by *Poa* spp., *Potentilla peduncularis*, *Potentilla microphylla*, *Potentilla coriandrifolia*, *Aletris pauciflora*, *Bistorta affinis*, *Pedicularis* spp. and Primulas. As the elevation goes higher to 4000 m and above, botanically curious plants like woolly *Swertia multicaulis*, *Eriophyton wallichii* and pyramid-shaped *Rheum nobile* are all seen and these plants are adapted to very harsh climate.

Floristic composition

Lists of plants encountered along with their flowering period, life forms and growth forms have been prepared according to the Bentham and Hooker's sequence of classification for temperate, subalpine and alpine zones (Appendix 1). In the temperate zone, a total of 182 species were recorded, of which 148 were

dicots (81.3%), 32 monocots (17.6%) and only 2 species of gymnosperms (1.1%). These species belonged to 66 families (57 dicots, 7 monocots and 2 gymnosperms) and under 133 genera (109 dicot, 22 monocot and 2 gymnosperm). At subalpine zone, a total of 73 species were recorded, of which 60 species belonged to dicots (82.2%), 11 species monocots (15.1%) and remaining 2 species were gymnosperms (2.7%). These species belonged to 32 families (27 dicots, 4 monocots and 1 gymnosperms) and under 48 genera (38 dicots, 8 monocots and 2 gymnosperms).

In alpine zone a total of 120 species were recorded, of which 105 were dicots (87.5%), 13 monocots (10.8%) and only 2 species of gymnosperms (1.7%). These plants belonged to 34 families (26 dicots, 7 monocots and only one gymnosperm). The families like Ericaceae (12 spp.), Primulaceae (10 spp.), Polygonaceae (8 spp.), Ranunculaceae and Scrophulariaceae (7 spp., each) were represented most.

The growth forms study revealed that at temperate zone 36.3% species were trees, 20.9% shrubs/undershrubs, 15.4% tall forbs, 6.7% cushion and spreading forbs, 6% each for climbers and epiphytes, 5.5% short forbs, 2.7% graminoid, and least being the creepers (0.5%). At the subalpine zone, climber, creeper and epiphytes were absent. Tall forbs (27.4%) dominated at the subalpine zone, which was followed by shrub/undershrub (20.5%), cushion and spreading forbs (16.4%), short forb (15.1%) and the graminoid (6.9%) was the least. At the alpine zone, tree stratum were absent and was dominated by short forb (31%), followed by cushion and spreading forb (28%), tall forb (25%), shrubs (10%) and the graminoid (6%) the least.

Woody plants dominate in the temperate and subalpine zones, and lower percent of herbaceous vegetation might be due to grazing pressure and collection of non-timber forest products. As the elevation increased, woody species decreased in number and herbaceous increased their dominance. Much higher elevation comprised of cushion and spreading forbs. This change is an adaptive mechanism to severe climate in the higher elevation.

Livestock – rangeland linkages

In Sikkim State the major primary sector is agriculture with more than 80% population engaged in it, however it is subsistence type. Cultivation of cash crops like large cardamom, ginger, mandarin orange and potato along with animal husbandry have become the major economic activity in farms. Animal husbandry has good scope for further development because the region has a high potential for fodder production. The main vegetable crops are cabbage, beans, mustard, peas, potato, etc. All these vegetables are grown in their private lands and are mainly for their own consumption. Small quantities of surplus are sold to the market. The crop residues are fed to animals and supplement a good proportion of forage demand. The villagers maintain a good number of fodder trees in the agricultural lands that provides fodder during the lean period. The livestock is integral part of each household and an important source of income to all families (Fig. 4). During 1992, the State had a livestock population of 200035 cattle, 114707 goats, 16268 sheep, 44477 pigs, 5349 yaks/dzos, 2932 buffaloes and 1789 horses, totaling to 385557/animals (Paljor 1998). Oxen are generally used to plough the land. Livestock dung forms major traditional manure and many villagers maintain more animals numbers especially to get the manure for their agricultural lands. The average number of 54 animals per km² has been recorded for the State. The Livestock population increased by about 66% from 1987 to 1992 that shows the importance of this sector in the State. The livestock types and population of Yuksam-Dzongri trekking corridor reveals that at Yuksam 274 families reared a total number of 1448 livestock with an average 5.28 animals household⁻¹, while in Tshoka village 75 livestock was recorded showing 7.5 animals household⁻¹. The total livestock of Yuksam block increased from 1324 to 1523 during 1996 to 1998 showing a net growth of 15%.

Sikkim has four major grazing routes, of which two falls in the KBR. All the routes lead to alpine pastures during summer months, where animals graze on lush-green vegetation for 4-5 months. The major portions of the grazing land is under alpine pasture followed by 'khasmal' land (forests areas designated to meet villagers needs) and 'gaucharan' (grazing land). The graziers take their animals to alpine and sub-alpine pastures during the warm period generally from April to October and bring them back to the lower valleys during winter months. At lower altitudes stall feeding as well as free grazing are equally practiced, though certain animals (Yak, Dzo, Sheep) are generally maintained as free grazed. Only a few milking animals and calves are kept at home and stall fed. At Tshoka village all the animals were free grazed. Nearly 40 cows, 160 yaks, 120 dzos, 13 horses and 508 sheep (total livestock 841) were recorded free grazed in Dzongri and its surrounding alpine pastures during summer months. Yaks graze throughout the year at high altitudes because of their inability to adapt at lower elevations.

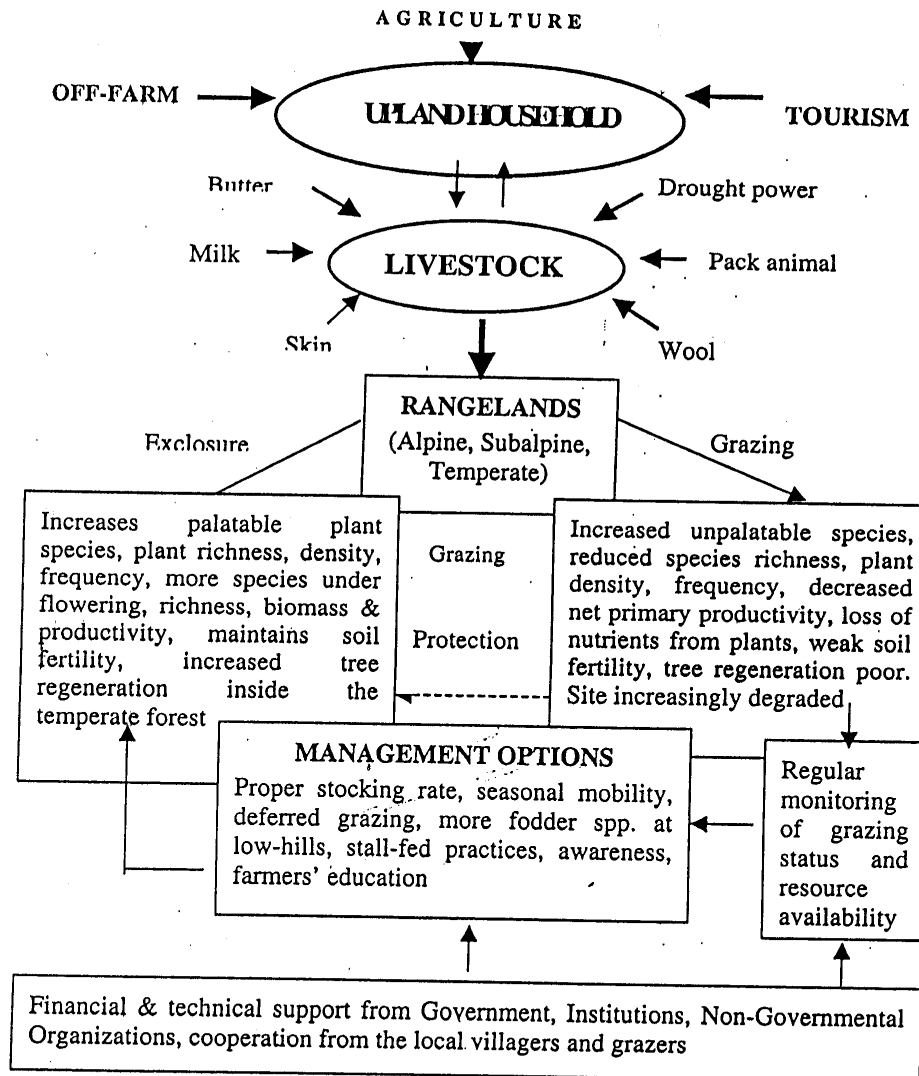


Fig. 4. Linkages between livestock grazing and rangeland and its management options in the Kangchendzonga Biosphere Reserve

Tourism and livestock

The 26-km Yuksom-Dzongri corridor inside the KBR is one of the most important trekking routes in Sikkim. Every year about 2000 domestic and foreign tourists trek here. A tourist group of more than 3 persons generally hires pack animals. If the group is smaller i.e., < 3 persons then the local porters manage, which are available at the trail head at Yuksom @ of Rs. 80/- per day. Trekking cooks are hired @ Rs. 100/- per day. The cost of one pack animal ranged between Rs. 110-120/- per day that can carry about 40-60 kg load. Himalayan Mountaineering Institute (HMI), Darjeeling, West Bengal, conducts training programs every year (5 basic and 3 advance courses) at the base camp. These groups have trek along the same route. Nearly 100-120 trainees in each basic course, and 80-100 trainees in each advance course participate in HMI

training. In every course they used around 40 pack animals for fairly long time. The area also provides pasturage for local and transhumance herders along with entrepreneurs owning pack animals for trekking groups and mountaineers. The Forest Department started collection of fees for pack animals entering the Reserve since September 1998 (Notification No.124/KNP/WL/F/01). The entry fee has been fixed as Rs. 5/- per animal per day. However, it was observed that generally more number of pack animals freely graze in the area than the number of animals for which fees has been collected for entry.

The cattle are considered as a sign of wealth and a person with nearly 20 cattle is considered a rich man in Lepcha community. In north Sikkim around 72% households receive income from livestock rearing (Paljor 1998). They also provide a good percentage of organic manure to the soil. There are three main items of revenue source from livestock in KBR area, viz., pack animals, dairy products and wool products. Raw wool is sold @ Rs. 70-80/- per kg, yak and sheep milk @ Rs. 10/- and Rs. 15/- per liter respectively, butter (cheese) @ Rs. 160/- per kg, and dried cheese (chhurpi) @ Rs. 120/- per kg. A total revenue of Rs. 11,37,600/- and Rs. 10,29,300/- generated in 1997 and 1998, respectively; out of which 61% was from pack animals, 32% from dairy products, 7% from wool products and a very small portion (0.42%) from skin products. Besides, the Forest Department also collected a sum of Rs. 19,800/- as revenue during 1998 as entry fees for pack animals operating in the Yuksam-Dzongri trail. About 68% of the fees came from Himalayan Mountaineering Institute's training program and remaining 32% came from pack animals hired by trekkers. Reduction of about 10% in income from livestock in 1998 compared to 1997 was mainly because of fewer tourist's arrival resulting from road disruption due to landslides.

Fodder resources

For stall-fed animals, 83% of total fodder demand is collected from forests, which is mostly met from 43 species. The remaining 17% demand is met from agroforestry species (10 species, mainly of *Ficus* group), which are maintained by the villagers as forage bank in their farms for scarcity period (December to February). An average household in Yuksam produced about 793 kg fodder annually. The farmers are aware of good fodder and only selective species are collected for this purpose (Table 5). Crude fibre content of fodder species ranged from 8.55 - 30.43%; cellulose 4.59 to 37.32%; hemicellulose 6.00 - 35.85%; lignin 6.56 - 35.89%; nitrogen 1.04 - 4.97%; phosphorus 1.038 - 0.377% and crude protein ranged between 6.25 - 31.06%.

Rangeland productivity

Aboveground biomass shown strong positive relationship with rainfall. The aboveground biomass also increases with elevation ($P < 0.0001$) (Table 6). Aboveground biomass contribution by different growth forms was most dominated by shrub/undershrub (33.2%) at Yuksam, tall forbs (41.2%) at Sachen, graminoids at both Deorali (41.2%) and Dzongri (37.5%). Foraging characteristics study of livestock showed that bite rate ranged from 41.2 - 59.5 bite min⁻¹, apparent bite size from 52.0 - 105.6 mg bite⁻¹, foraging hours from 7.75 - 11.9 hours day⁻¹, and forage intake rate ranged from 1.17 - 4.03 kg day⁻¹. The palatable species had higher biomass contribution at cool-temperature and sub-alpine areas than the alpine and temperate sites, which is probably because of low grazing pressure at former two-sites. Protection of species from grazing increased pastures aboveground biomass by 50% at all sites ($P < 0.0001$). Exclosure of pastures also increased biomass of palatable species from 58% - 83% at Yuksam, 80% - 93% at Sachen, 79% - 90% at Deorali and from 23% - 78% at Dzongri. The result indicated that protection of vegetation has high impact on species composition and biomass. However, protection of grasslands from grazing did not show any significant change in belowground root biomass in all the study sites. Pasture protection from grazing has increased the productivity of pastures by 64% at Yuksam, 76% at Deorali, 20% at Sachen, and 114% at Dzongri. Details of animal behaviour and stocking rates are already available (Singh *et al.* 2003). The stocking rate at peak growing grazing period was recorded 0.57 - 1.81 CEU (Cow equivalent unit) ha⁻¹ at Dzongri and Yuksam, respectively. Annual stocking rate were estimated as 1.54 CEU ha⁻¹ at Yuksam, 0.33 CEU ha⁻¹ at Sachen, 0.29 CEU ha⁻¹ at Deorali and 0.30 CEU ha⁻¹ at Dzongri. The carrying capacities of pastures at different elevation zones were estimated. Yuksam pasture had a carrying capacity of 1.34 CEU ha⁻¹ year⁻¹, Sachen with 1.18 CEU ha⁻¹ year⁻¹, Deorali with 0.96 CEU ha⁻¹ year⁻¹ and Dzongri with 0.86 CEU ha⁻¹ year⁻¹. These results indicate that the present level of grazing is well within the carrying capacity of the pastures. Linkages between a household, livestock and rangeland (grazing land) are shown in Fig 4. It is clear from the figure that animals are required as drought power (mainly ox) and for milk, butter and other purposes. Free grazing of the grassland if continuously adopted, may lead to deterioration of the pasture condition. On the contrary,

enclosure (or control grazing) may upgrade the grassland status. Therefore, the best management option is to control stock rate, frequent mobility, controlled grazing and production of better forage species in the traditional systems (Fig. 4). This will reduce pressure on natural stands.

Discussion

The present study deals with structural and functional aspects of vegetation, livestock-rangeland linkages, and livestock grazing impact on pastures along the Yuksam-Dzongri trekking corridor in the KBR of the Sikkim Himalaya. The study area covers four major ecological zones (warm temperate, cool temperate, subalpine and alpine) that extend between 1600 m - 4200 m altitude in the buffer zone. This trekking corridor is a representative of different climatic zones, vegetation types and landscapes. Over 2000 tourists (national and international) trek in this corridor every year along with many porters, cooks, naturalistic guides and pack animals. The Himalayan Mountaineering Institute (Darjeeling, West Bengal) conducts training programs for about one thousand trainees every year that are also supported with a large number of dzos and horses as pack animals. In the villages nearby KBR area, livestock form an integral part of sustenance especially linked with tourism. Substantial income is generated from livestock, 60% of which comes from tourism sector only, therefore, more and more people are attracted towards this. There is every possibility that in near future animal number may go up to earn maximum revenue. Therefore, the rangeland management and fodder development must also consider future demands.

Animal migration to alpine meadows (Dzongri) during the summer months is a common strategy adopted by locals for getting sufficient forage as is also reported from other parts of the Himalaya (Ram *et al.* 1989, Farooquee 1996). There are five types of animals viz., cattle, dzo, yak, horse and sheep that graze in alpine pastures while goats graze inside the lower forest throughout the year. Yaks never come down to lower elevations for their climatic non-tolerance. During snowfall yaks concentrate near the timberline and browse rhododendrons and other bushes. From Yuksam village hundreds of cows, dzos, goats, sheep and horses graze surrounding areas. And livestock grazing pattern and seasonal mobility from one area to other depends on the availability of fodder resources.

The studied rangelands show a dominance of woody species at lower elevations, while herbaceous species dominate the higher ridges with cushion and spreading plants. Such change in plant habits could be attributed to adapt harsh climatic conditions in alpine areas. Grazing reduces palatable species from the stands. Also, the species richness and diversity increases with protection of rangelands from grazing (Sundriyal & Joshi 1990). Grazing also had an impact on tree species regeneration, and seedlings/saplings of top-canopy species decreased. The productivity of pastures is comparable with the other Himalayan rangelands (see Sundriyal 1995). Exclosure increased biomass by more than 50% at different sites. It also improved recovery of palatable species in the stand. The carrying capacity of present rangelands could be compared with those of the better-managed grasslands in the Garhwal Himalaya (Gupta 1986). The grazing pressure at present is nearly within the carrying capacity limit of the various pastures. However, a few areas are observing overgrazing, which should be avoided. Adopting deferred grazing practice for reducing pressure in certain over grazed areas could prove beneficial to maintain biomass-productivity. Grazing at lower elevations near Yuksam area need to be reduced. Fodder collection and other resource extraction like fuelwood, timber and non-timber forest products (wild edibles) also add to deteriorate the rangeland conditions, therefore, need to be tackled simultaneously. Strengthening fodder at each household level, for which farmers are also willing, could help to improve the rangelands condition. Also, establishment of permanent enclosures at representative sites for regular monitoring and impact assessment of livestock grazing will definitely help in long-term sustainable management of rangelands in the KBR. Farmers are needed to be educated on the number of grazing animals and their causative affect on pasture. Suitable trainings need to be given to animal owners to educate them about the bad affect of continuous grazing and trampling of vegetation. It is important to mention here that a similar training programme was given to yakmen about the impact of free grazing on pastures, and that has made the yakmen aware about the health of the pastures (Anonymous 1997).

During recent years, there has been an increasing trend to look for off-farm income, particularly for Government services. Tourism services have become very remunerative in recent years (Rai & Sundriyal 1996). This sector is receiving due attention from the Government side (Sharma 1997). Tourism offers scope for involving people at different levels i.e., as porters, naturalist guides, pack animal owners, lodge operators, trek cooks, etc. Recently Sikkim Biodiversity and Ecotourism Project was launched, that focused on human resource development through training, and also enhancement of infrastructure and tourism services, conservation of natural resources and channelizing the revenue generation (Anonymous 1997). The project

had good impact on the area and communities. The result/outcome of the project should be harvested for the broader interest of the KBR area. If properly managed the KBR area can be developed as a model destination for nature walkers, and it can also provide sustained incentive to local communities through various means. For a long term planned development of the area the biodiversity need to be protected at any cost. Implementing suitable strategies for local community development in harmony with the biodiversity conservation could be the key of sustainable development of the area and the region.

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Table 1. Present status of conservation (Biosphere Reserves) areas in India

Status	Name of the biosphere reserves	State (s)/UT	Date of notification	Area (km ²)
Declared	Niligiri	Karnataka, Kerala and Tamil Nadu	01/08/1986	5520.0
	Nanda Devi	Uttaranchal	18/01/1988	6,470.03
	Nokrek	Meghalaya	01/09/1988	820.0
	Great Nicobar	Andaman & Nicobar	06/01/1989	885.0
	Gulf of Mannar	Tamil Nadu	18/02/1989	10500.0
	Manas	Assam	14/03/1989	2837.0
	Sunderbans	West Bengal	29/03/1989	9630.0
	Simlipal	Orissa	21/06/1994	4374.0
	Dibru-Saikhowa	Assam	28/07/1997	765.0
	Dehang-Debang	Arunachal Pradesh	02/09/1998	5111.5
	Kangchendzonga	Sikkim	07/02/2000	2619.9
	Pachmarhi	Madhya Pradesh	03/03/1999	5111.5
Proposed	Namdapha	Arunachal Pradesh	-	-
	Thar desert	Rajasthan	-	-
	Little Rann of Kutch	Gujrat	-	-
	Kaziranga	Assam	-	-
	Andaman	Nicobar	-	-
	Abujmarh	Madhya Pradesh	-	-
	Amarkantak	Madhya Pradesh	-	-
	Cold Desert	Jamu & Kashmir and Himachal Pradesh	-	-
	Seshachalam	Andhra Pradesh	-	-
	Chintapalli	Andhra Pradesh	-	-
	Lakshdweep Islands	Lakshdweep	-	-

Table 2. Protected areas in Sikkim

Biosphere Reserve/ Sanctuary	Name of the Biosphere Reserve/National Park/Sanctuary	District (s)	Elevation (m)	Area (km ²)
Biosphere Reserves	Kangchengzonga	North & West	1600-8598	2619.92
National Park	Kangchengzonga National Park	North & West	-	1,784.0
Sanctuaries	Shingba Rhododendron	North	3300	43.00
	Kyongnosla Alpine	East	3292-4110	31.00
	Fambong Lho Wildlife	East	1524-2750	51.76
	Barsey Rhododendron	West	1700-4500	104.00
	Maenam Wildlife	South	-	35.34
Total	-	-	-	4,669.02

Table 3. Study area location at different ecological zones and their characteristics along the Yuksam-Dzongri trail of Kangchengzonga Biosphere Reserve

Ecological zones	Pasture name	Altitudinal range (m)	Slope range (terrain)	Grazing area of the pasture (ha)	Plant community	Dominant ground vegetation
Temperate (warm)	Yuksam	1700-2000	Steep slope (40-60°)	700	<i>Eupatorium Pilea-Selaginella</i>	<i>Pilea scripta</i> , <i>Pilea umbrosa</i> , <i>Silaginella</i> sp., <i>Eupatorium cannabinum</i> , <i>Hydrocotyle javanica</i> , <i>Astilbe revularis</i> , <i>Cyanotis vaga</i> , etc.
Temperate (cool)	Sachen	2000-3000	Medium slope (20-50°)	160	<i>Pilea-Rumex-Elatostema</i>	<i>Elatostema sessile</i> , <i>Rumex nepalensis</i> , <i>Silaginella</i> sp., <i>Brachiaria</i> sp., <i>Plantago erosa</i> , <i>Pilea umbrosa</i> , Ferns, etc.
Subalpine	Deorali	3000-3800	Gentle slope (10-30°C)	140	<i>Poa-Potentilla-Geranium</i>	<i>Poa</i> spp., <i>Potentilla peduncularis</i> , <i>Anemone tetrasepala</i> , <i>Geranium nakaoarum</i> , <i>Alettris pauciflora</i> , etc.
Alpine	Dzongri	3800-4000	Gentle slope (10-30°C)	250	<i>Poa-Bistorta-Potentilla</i>	<i>Poa</i> spp., <i>Bistorta affinis</i> , <i>Potentilla peduncularis</i> , <i>P. microphylla</i> , <i>Potentilla coriandrifolia</i> , <i>Gentiana</i> spp., etc.
	Thangsing-Samiti	3800-4200	Gentle slope (10-30°C)	200		
	Chawrigang-Basecamp	3900-4200	Gentle slope (10-30°C)	150		
Total				1600		

Table 4. Soil characteristics at four elevation sites along the Yuksam-Dzongri trail (during 1998)

Study site	Soil depth (cm)	Moisture content (%)	Bulk density (g cm ⁻³)	Soil pH	Soil texture (%)			
					Clay	Silt	Sand	Gravel
Yuksam	0-15	23.9±1.2	1.18±0.11	5.17±0.06	5.3±0.3	6.1±0.1	37.6±1.3	51.0±0.8
	15-30	21.6±0.8	1.23±0.06	5.06±0.13	6.7±0.6	5.1±0.1	36.1±1.7	52.1±1.5
Sachen	0-15	23.8±0.9	1.17±0.16	5.29±0.08	4.9±0.2	7.1±0.2	49.0±0.4	39.0±0.7
	15-30	18.9±1.8	1.20±0.13	5.26±0.03	5.9±0.7	4.5±0.1	48.0±0.8	41.6±0.8
Deorali	0-15	26.2±1.6	1.13±0.09	4.53±0.14	4.2±0.1	10.9±0.3	39.0±0.6	40.0±1.7
	15-30	24.1±1.2	1.21±0.09	4.94±0.04	5.7±1.2	11.3±0.7	41.4±1.7	41.6±1.9
Dzongri	0-15	29.0±1.3	1.08±0.11	5.41±0.11	10.9±0.8	11.5±1.1	52.0±1.6	25.6±0.8
	15-30	24.9±0.9	1.18±0.11	4.93±0.11	14.0±1.3	8.4±0.8	62.0±2.2	15.6±0.3

Table 5. Common fodder species collected from forest and agriculture lands at Yuksam village and in alpine (Dzongri) and subalpine (Deorali) pastures

Species	Vernacular name	Habit	Ranking	Availability
<i>Forest</i>				
<i>Acer campbellii</i>	'Kapasey'	Tree	††	Aug.-Nov.
<i>Acer laevigatum</i>	'Kapasey'	Tree	††	Aug.-Nov.
<i>Acer oblongum</i>	'Putley'	Tree	††	Aug.-Nov.
<i>Aconogonum molle</i>	'Thotney'	Shrub	††	Jun-Sep.
<i>Artocarpus lakoocha</i>	'Badar'	Tree	†††	Jul.-Oct.
<i>Arundinaria maling</i>	'Malingo'	Shrub	†††	Round
<i>Diploknema butyracea</i>	'Chewri'	Tree	††	Jun-Aug.
<i>Betula cylindrostachys</i>	'Saur'	Tree	††	May-Oct.
<i>Brachiaria</i> sp.	'Bonsoghans'	Herb	†††	Apr.-Nov.
<i>Brassaiopsis mitis</i>	'Chuletro'	Shrub	†††	Round
<i>Castanopsis tribuloides</i>	'Katus'	Tree	†	Jun-Aug.
<i>Commelina benghalensis</i>	-	Herb	††	May-Sep.
<i>Cyperus</i> sp.	-	Herb	†††	Round
<i>Diplazium umbrosum</i>	'Ningro'	Herb	††	Round
<i>Pteris</i> sp.	'Unyo'	Shrub	††	May-Dec.
<i>Erythrina indica</i>	'Falado'	Tree	†††	Apr.-Oct.
<i>Ficus clavata</i>	'Lute-khanew'	Tree	†††	Apr.-Sep.
<i>Ficus cunia</i>	'Khanew'	Tree	†††	Apr.-Nov.
<i>Ficus foveolata</i>	'Dudilhara'	Climber	†††	Mar.-Dec.
<i>Ficus hirta</i>	'Khasrey'	Shrub	††	May-Nov.
<i>Ficus nemoralis</i>	'Dudhilo'	Tree	†††	Round

<i>Ficus roxburghii</i>	'Nebhara'	Tree	+++	Round
<i>Gambelia ciliata</i>	'Khursimal'	Shrub	+	May-Sep.
<i>Garuga pinnata</i>	'Dabdabe'	Tree	++	May-Sep.
<i>Glochidion acuminatum</i>	'Latikat'	Tree	+++	May-Oct.
<i>Heynea trijuga</i>	'Ankha-tarua'	Tree	++	Apr.-Oct.
<i>Litsaea polyantha</i>	'Kutmero'	Tree	+++	May-Sep.
<i>Macaranga pustulata</i>	'Malata'	Tree	++	Apr.-Nov.
<i>Machilus edulis</i>	'Kawla'	Tree	+++	May-Dec.
<i>Maesa chisla</i>	'Bilaune'	Shrub	+	May-Sep.
<i>Morus laevigata</i>	'Kimbu'	Tree	++	May-Sep.
<i>Mussaenda frondosa</i>	'Dhobi'	Shrub	++	Jun-Sep.
<i>Pentapanax racemosus</i>	'Chindey'	Climber	++	Mar-Dec.
<i>Prunus cerasoides</i>	'Payun'	Tree	++	May-Oct.
<i>Quercus lamellosa</i>	'Bajrant'	Tree	+	Jul-Sep.
<i>Rhaphidophora divursiva</i>	'Kanchirna'	Climber	+	Round
<i>Saurauia napaulensis</i>	'Gagoon'	Tree	+++	Round
<i>Schefflera impressa</i>	'Balu-chinde'	Tree	+++	May-Oct.
<i>Thysanolaena maxima</i>	'Amliso'	Shrub	+++	Round
<i>Turpinia nepalensis</i>	'Thali'	Tree	++	May-Sep.
<i>Vaccinium serratum</i>	-	Epiphyte	+	Apr-Dec.
<i>Vitex heterophylla</i>	'Panchpate'	Shrub	+	Jun-Sep.
<i>Zanthoxylum alatum</i>	'Timboor'	Shrub	++	May-Oct.
Agroforestry				
<i>Alnus nepalensis</i>	'Uttis'	Tree	+	Round
<i>Arundinaria maling</i>	'Malingo'	Shrub	+++	Round
<i>Bambusa</i> sp.	'Bans'	Tree	+++	Round
<i>Brassaiopsis mitis</i>	'Chuletro'	Shrub	+++	Round
<i>Ficus cunia</i>	'Khanew'	Shrub	+++	Round
<i>Ficus nemoralis</i>	'Dudhilo'	Shrub	+++	Round
<i>Ficus roxburghii</i>	'Nebhara'	Tree	+++	Round
<i>Prunus cerasoides</i>	'Payun'	Tree	++	May-Oct.
<i>Saurauia napaulensis</i>	'Gagoon'	Shrub	+++	Round
<i>Thysanolaena maxima</i>	'Amliso'	Shrub	+++	Round
Alpine/Subalpine:				
<i>Aletris pauciflora</i>	-	Graminoid	+++	May-Sep
<i>Anemone tetrasepala</i>	-	Forb	+	May-Aug
<i>Bistorta affinis</i>	-	Cushion	+	Apr-Oct
<i>Corydalis juncea</i>	-	Forb	+++	Jun-Aug
<i>Gentiana phyllocalyx</i>	-	Spreading	++	May-Aug
<i>Geranium nakaoanum</i>	-	Cushion	++	Jun-Aug
<i>Hemiphragma heterophyllum</i>	-	Spreading	+	Apr-Oct.
<i>Juncus thomsonii</i>	-	Graminoid	+++	May-Sep.
<i>Pedicularis hoffmeisteri</i>	-	Forb	++	Jun-Aug

<i>Phaeonychium parryoides</i>	-	Cushion	†††	Jun-Aug
<i>Poa</i> sp. I	'Booki'	Graminoid	†††	Apr-Oct
<i>Poa</i> sp. II	'Booki'	Graminoid	†††	Apr-Oct
<i>Poa</i> sp. III	'Booki'	Graminoid	†††	Apr-Oct.
<i>Potentilla coriandrifolia</i>	-	Cushion	††	Jun-Sep.
<i>Potentilla microphylla</i>	-	Cushion	†	May-Sep.
<i>Potentilla peduncularis</i>	-	Forb	†	Apr.-Oct.
<i>Primula primulina</i>	-	Forb	††	Jun-Aug.

*Preference ranking as cited by the villagers and also by personal observations (††† = most preferred, †† = medium preferred, and † = least preferred).

Table 6. Monthly variation in aboveground shoot biomass (g m^{-2}) of herbaceous plants during growing season of 1998 and 1999 in grazed and exclosure plots at four elevation study sites along the Yuksam-Dzongri trail

Study sites (Ecological zones)	Months	1998		1999	
		Gr	Ex	Gr	Ex
Yuksam (Warm temperate)	January	104	118	113	156
	April	209	236	226	252
	June	296	423	282	462
	August	310	567	337	641
	October	204	319	216	338
Sachen (Cool temperate)	January	94	125	101	132
	April	188	251	203	264
	June	306	440	328	443
	August	490	616	488	693
	October	242	297	209	286
Deorali (Sub alpine)	April	134	157	126	149
	June	297	387	278	389
	August	350	535	352	587
	October	197	253	184	281
Dzongri (Alpine)	April	129	145	134	157
	June	206	381	265	420
	August	243	510	310	539
	October	147	197	161	225

Abbreviation used: Gr = Grazed, Ex = Exclosure. ANOVA: Year $F_{1,704}=1.75$, NS; Site $F_{3,704}=9.4$, $P<0.0001$; Month $F_{3,704}=102$, $P<0.0001$; Treatment $F_{1,704}=103$, $P<0.0001$; Year \times Month $F_{3,704}=0.60$, NS; Year \times Site $F_{3,704}=0.19$, NS; Year \times Treatment $F_{1,704}=0.44$, NS; Month \times Site $F_{9,704}=1.47$, NS; Month \times Treatment $F_{3,704}=12$, $P<0.0001$; Site \times Treatment $F_{3,704}=0.65$, NS; Year \times Month \times Site $F_{9,704}=0.15$, NS; Year \times Month \times Treatment $F_{3,704}=0.11$, NS; Year \times Site \times Treatment $F_{3,704}=0.152$, NS; Month \times Site \times Treatment $F_{9,704}=0.44$, NS; Year \times Month \times Site \times Treatment $F_{9,704}=1.00$, NS; $\text{LSD}_{(0.05)}=40.86$.

Appendix 1. List of important species, their flowering period, life forms and growth-forms in temperate zone along the Yuksam-Dzongri trail in Kangchengzonga Biosphere Reserve

Families/Species	Flowering period	Life-forms *	Habit **
Temperate Zone:			
Ranunculaceae	Apr-May	Ph	Cl
<i>Clematis montana</i> Buch.-Ham. ex DC.	Mar-May	Ph	Tr
Magnoliaceae	Sep-Oct	Ph	Tr
<i>Magnolia campbellii</i> Hook. f. Thoms.	Jul-Aug	Ph	Tr
<i>Michelia cathcartii</i> Hook. f. & Thoms.	Mar-Apr	Ph	Tr
<i>M. champaca</i> Linn.	Aug-Sep	Ph	Tr
<i>M. excelsa</i> Wall.			
<i>M. lanuginosa</i> Wall.	May-Jun	Ph	Cl
Menispermaceae			
<i>Stephania rotunda</i> Lour.	Apr-Jun	Ph	Us
Berberidaceae	Oct-Apr	Ph	Sh
<i>Berberis wallichiana</i> DC.			
<i>Mahonia napaulensis</i> DC.	May-Jul	Th	Sf
Brassicaceae			
<i>Nasturtium indicum</i> Linn.	Mar-May	Ch	Sf
Violaceae			
<i>Viola canescens</i> Wall.	Apr-May	Ph	Sh
Flacourtiaceae			
<i>Casuarina glomerata</i> Roxb.	Apr-Sep	Ph	Sh
Hypericaceae			
<i>Hypericum japonicum</i> Thunb. ex Murray	Jun-Sep	Ch	Sp
Caryophyllaceae	Jun-Aug	Ch	Sf
<i>Drymaria cordata</i> Linn.			
<i>Stellaria medica</i> (Linn.) Cyrill.	Sep-Nov	Ph	Tr
Theaceae			
<i>Eurya acuminata</i> DC.	Mar-May	Ph	Sh
Sauraulaceae			
<i>Saurauia napaulensis</i> DC.	May-Jun	Ph	Tr
Elaeocarpaceae			
<i>Elaeocarpus sikkimensis</i> Mast.	May-Aug	Th	Tf
Balsaminaceae			
<i>Impatiens</i> sp.	Apr-Jun	Ph	Tr
Rutaceae	Jun-Sep	Ph	Sh
<i>Evodia fraxinifolia</i> Benth.	Jun-Sep	Ph	Sh
<i>Zanthoxylum acanthopodium</i> DC.			
<i>Z. alatum</i> Roxb.	May-Jun	Ph	Tr
Burseraceae			
<i>Garuga pinnata</i> Roxb.	Apr-Aug	Ph	Tr
Meliaceae	Feb-May	Ph	Tr
<i>Amoora wallichii</i> King.	Mar-May	Ph	Tr
<i>Toona ciliata</i> Roxb.			
<i>Heynea trijuga</i> Roxb.	May-Jun	Ph	Cl
Vitaceae			
<i>Cissus repanda</i> Vahl.	May-Jun	Ph	Tr

Staphylenceae	Apr-May	Ph	Tr
<i>Turpinia nepalensis</i> Wall.	May-Aug	Ph	Tr
Aceraceae	May-Jun	Ph	Tr
<i>Acer campbellii</i> Hook. f. & Thoms.	May-Jul	Ph	Tr
<i>A. cappadocicum</i> Gled.	May-Jul	Ph	Tr
<i>A. laevigatum</i> Wall.	Feb-Apr	Ph	Tr
<i>A. oblongum</i> Wall. ex DC.			
<i>A. pectinatum</i> Wall. ex. Pax.	Jul-Aug	Ph	Tr
<i>A. villosum</i> Wallich.	Aug-Sep	Ph	Tr
Anacardiaceae			
<i>Rhus insignis</i> Hook. f.	Jun-Aug	Ph	Tr
<i>R. semialata</i> Murr.			
Fabaceae	Mar-Apr	Ph	Tr
<i>Albizia procera</i> Benth.	Apr-Jun	Ch	Sf
Rosaceae	Jul-Aug	Ph	Sh
<i>Eriolobus indica</i> Schn.	Oct-Nov	Ph	Tr
<i>Fragaria nubicola</i> Lindl. ex Lacaita	Jun-Feb	Ph	Sh
<i>Neillia rubiflora</i> D. Don	Jun-Feb	Ph	Sh
<i>Prunus cerasoides</i> D. Don	Jun-Feb	Ph	Sh
<i>Rubus ellipticus</i> Sm.			
<i>R. nepalensis</i> (Hook. f.) Kuntze	Jul-Sep	Ph	Sh
<i>R. paniculatus</i> Sm.	Apr-May	Ph	Tr
Saxifragaceae			
<i>Astilbe revularis</i> Buch.-Ham. ex D. Don	Jun-Aug	Ph	Tr
<i>Ribes graciale</i> Wall.			
Hamamelidaceae	Mar-Jun	Ph	Us
<i>Bucklandia populnea</i> R. Br.	Jul-Nov	Ph	Sh
Melastomataceae	Jul-Oct	Ph	Sh
<i>Melastoma normale</i> D. Don	Aug-Oct	Ph	Sh
<i>Osbeckia nepaleansis</i> Hook.			
<i>O. stellata</i> Buch.-Ham. ex D. Don	Jun-Aug	Ph	Cl
<i>Oxyspora paniculata</i> (D. Don) DC.			
Cucurbitaceae	Jul-Aug	Th	Sf
<i>Citrullus colocynthis</i> Schrad.			
Begoniaceae	Jul-Aug	Th	Tf
<i>Begonia</i> sp.	Jun-Aug	He	Sp
Apiaceae	Jun-Aug	He	Sp
<i>Heracleum nepalense</i> D. Don			
<i>Centella asiatica</i> (Linn.) Urb.	Jun-Jul	Ph	Tr
<i>Hydrocotyle javanica</i> (Linn.) Urb.	Jun-Jul	Ph	Sh
Araliaceae	May-Jun	Ph	Tr
<i>Acanthopanax cissifolius</i> Harms.	May-Jul	Ph	Sh
<i>Brassaiopsis mitis</i> C.B. Clarke			
<i>Gambelia ciliata</i> C.B. Clarke	May-Jun	Ph	Tr
<i>Pentapanax leschenaultii</i> Seem.			
Cornaceae	Aug-Sep	Ph	Cl
<i>Nyssa javanica</i> Wangerin	Apr-Jun	Ph	Sh
Caprifoliaceae	Apr-May	Ph	Sh
<i>Lonicera glabrata</i> Wall.	Apr-Jun	Ph	Sh
<i>Viburnum colebrookianum</i> Wall.			
<i>V. cordifolium</i> Wall. ex DC.	Jul-Aug	Ch	Sf
<i>V. erubescens</i> Wall. ex DC.	Mar-Apr	Ph	Sh
Rubiaceae			

<i>Galium verum</i> Linn.	Jun-Nov	Ph	Cl
<i>Mussaenda roxburghii</i> Linn.	Mar-May	Ch	Sf
<i>Rubia manjith</i> Roxb ex. Fleming	May-Feb	Ph	Sh
<i>Rubus calycinus</i> Wallich ex D. Don	Apr-Jun	Th	Sf
<i>R. ellipticus</i> Smith			
<i>R. niveus</i> Thunb.	Jul-Aug	Th	Tf
Asteraceae	Aug-Sep	Th	Tf
<i>Adenostema viscosum</i> Frost.	Jun-Oct	Th	Tf
<i>Ageratum conyzoides</i> Linn.	Jul-Oct	Ch	Tf
<i>Anaphalis</i> sp.	Oct-Mar	Ch	Tf
<i>Artemisia vulgaris</i> Linn.	Oct-Mar	Ch	Tf
<i>Eupatorium cannabinum</i> Linn.	Mar-Oct	Ch	Tf
<i>E. odoratum</i> Linn.	Apr-Oct	Ch	Tf
<i>Gynura cusimboa</i> (D. Don) S. Moore			
<i>G. nepalensis</i> DC.	Feb-Jun	Ph	Sh
Vacciniaceae	May-Jul	Ph	Ep
<i>Agapetes serpens</i> (Wight) Sleumer	Mar-Apr	Ph	Ep
<i>Vaccinium retusum</i> Hook. f.			
<i>V. serratum</i> Wight	Jun-Sep	Ph	Tr
Ericaceae	Feb-May	Ph	Tr
<i>Andromeda elliptica</i> Sieb. & Zucc.	Jun-Jul	Ph	Ep
<i>Rhododendron arboreum</i> Linn.			
<i>R. vaccinioides</i> Hook. f.	Aug-Sep	Th	Cu
Plantaginaceae			
<i>Plantago erosa</i> Wall.	Mar-May	Ph	Sh
Myrsinaceae			
<i>Maesa chisia</i> Buch.-Ham. ex D. Don	Aug-Sep	Ph	Tr
Symplocaceae			
<i>Symplocos theifolia</i> Don	Jul-Aug	Ph	Tf
Asclepiadaceae			
<i>Asclepias curassavica</i> Linn.	Jul-Aug	Ph	Us
Loganiaceae			
<i>Buddleja asiatica</i> Lour.	Jul-Sep	Ch	Sp
Scrophulariaceae	Apr-May	Ch	Sp
<i>Drymaria cordata</i> Linn.	May-Jun	Ch	Sf
<i>Hemiphragma heterophyllum</i> Wall.	Jul-Aug	Ch	Sp
<i>Mazus dentatus</i> Wall. ex Benth.			
<i>Wulfenia amherstiana</i> Benth.	May-Jun	Ph	Ep
Gesneriaceae	Jul-Aug	Th	Sf
<i>Aeschynanthus sikkimensis</i> Stapf.			
<i>Chirita bifolia</i> D. Don	Jul-Aug	Th	Us
Amaranthaceae	Jun-Jul	Th	Tf
<i>Achyranthes aspera</i> Linn.			
<i>Amaranthus</i> sp.	Apr-May	Ph	Tr
Verbenaceae	Jul-Oct	Ph	Tr
<i>Callicarpa arborea</i> Roxb.			
<i>C. macrophylla</i> Vahl.	May-Jun	Ch	Sp
Lamiaceae	Oct-Mar	Ph	Sh
<i>Ajuga lobata</i> D. Don			
<i>Leucosceptrum canum</i> Sm.	May-Oct	Ph	Sh
Polygonaceae	Apr-Nov	Ch	Sp
<i>Aconogonum molle</i> D. Don	Jun-Jul	Th	Sf
<i>Persicaria capitata</i> Gross.			

<i>Polygonum</i> sp.	May-Jun	Ph	Cl
Piperaceae	May-Jun	Ph	Cl
<i>Piper boehmeriaefolia</i> (Miq.) DC.			
<i>P. longum</i> Linn.	Apr-May	Ph	Cr
Aristolochiaceae			
<i>Aristolochia griffithii</i> Duchartre	May-Jun	Ph	Tr
Lauraceae	May-Jun	Ph	Tr
<i>Beilschmiedia roxburghiana</i> Nees	Jul-Aug	Ph	Tr
<i>B. sikkimensis</i> King	Jul-Aug	Ph	Tr
<i>Cinnamomum cecidodaphne</i> Meissn	Sep-Nov	Ph	Tr
<i>C. impressinervium</i> Meissn	Apr-May	Ph	Tr
<i>C. obtusifolium</i> Nees	Nov-Mar	Ph	Tr
<i>C. tamala</i> (Buch.-Ham.) Nees & Eberm	Mar-Apr	Ph	Tr
<i>Litsaea citrata</i> Blume	Mar-Apr	Ph	Tr
<i>L. polyantha</i> Juss	Apr-Jun	Ph	Tr
<i>M. edulis</i> King	Mar-Apr	Ph	Tr
<i>Machilus gammieana</i> King			
<i>M. odoratissima</i> (Nees) Kosterm	Aug-Sep	Ph	Us
Thymellaceae	Oct-May	Ph	Sh
<i>Daphne involucrata</i> Wall.			
<i>Edgeworthia gardneri</i> (Wall.) Meissner	Jul-Aug	Ph	Ep
Loranthaceae			
<i>Viscum articulatum</i> Linn.	Apr-May	Ph	Tr
Euphorbiaceae	Apr-Jun	Ph	Tr
<i>Aporosa dioica</i> Muell.	Oct-Nov	Ph	Tr
<i>Glochidion acuminatum</i> Muell.			
<i>Macaranga pustulata</i> King	Apr-Jun	Ph	Sh
Urticaceae	Apr-Jun	Ch	Tf
<i>Debregeasia salicifolia</i> (D. Don) Rendle	Jun-Aug	Ph	Us
<i>Elatostema sessile</i> Wedd.	Jun-Aug	Ph	Us
<i>Girardinia dicursifolia</i> (Link) Friis.	May-Aug	Ch	Tf
<i>Laportia terminalis</i> Wight	Aug-Sep	Ch	Tf
<i>Lecanthus peduncularis</i> (Royle) Wedd.	Jun-Aug	Ph	Us
<i>Pilea scripta</i> (Buch.-Ham. ex D.Don) Wedd.			
<i>Urtica dioica</i> Linn.	Jun-Sep	Ph	Sh
Moraceae	Jun-Aug	Ph	Ep
<i>Ficus cunia</i> Buch.-Ham. ex Roxb.	Jul-Aug	Ph	Tr
<i>F. foveolata</i> Wall.	Jul-Aug	Ph	Tr
<i>F. infectorius</i> Linn.	Apr-Jun	Ph	Tr
<i>F. nemoralis</i> Wall.	Apr-May	Ph	Tr
<i>F. roxburghii</i> Wall. ex Miq.			
<i>Morus laevigata</i> Wall.	Apr-Aug	Ph	Tr
Juglandaceae	Mar-May	Ph	Tr
<i>Engelhardtia spicata</i> Leschen ex Blume			
<i>Juglans regia</i> Linn.	Oct-Dec	Ph	Tr
Betulaceae	Mar-Apr	Ph	Tr
<i>Alnus nepalensis</i> D. Don			
<i>Betula alnoides</i> Ham.	Apr-May	Ph	Tr
Fagaceae	Oct-Nov	Ph	Tr
<i>Castanopsis hystrix</i> Miq.	Aug-Sep	Ph	Tr
<i>C. indica</i> (Roxb.) Miq.	Jul-Aug	Ph	Sh
<i>C. tribuloides</i> (Sm.) A. DC.	Apr-May	Ph	Tr
<i>Lithocarpus pachyphylla</i> (Kurz) Rehder	Apr-Jun	Ph	Tr

<i>Quercus lamellosa</i> Sm.	Aug-Sep	Ph	Tr
<i>Q. lanata</i> Sm.			
Taxodiaceae	Aug-Sep	Ph	Tr
<i>Cryptomeria japonica</i> D. Don			
Cupressaceae	Jun-Jul	Ph	Ep
<i>Juniperus</i> sp.	May-Jun	Ch	Tf
Orchidaceae	Mar-Apr	Ph	Tr
<i>Bulbophyllum affine</i> Lindl.	Apr-May	Ph	Ep
<i>Calanthe brevicornu</i> Lindl.	Apr-May	Ph	Ep
<i>Coelogyne cristata</i> Lindl.	Jun-Aug	Ph	Ep
<i>C. flaccida</i> Lindl.	May-Jun	Ph	Ep
<i>C. ochracea</i> Lindl.	Jul-Aug	Th	Tf
<i>Habenaria pectinata</i> D. Don	Oct-Nov	Ph	Tr
<i>Dendrobium fimbriatum</i> Hook.			
<i>Malaxis muscifera</i> (Lindl.) Kuntze	Jul-Aug	Ch	Tf
<i>Pleione praecox</i> (Sm.) D. Don	Jun-Aug	Ch	Tf
Zingiberaceae	Jun-Aug	Ch	Tf
<i>Hedychium aurantiacum</i> Roscoe			
<i>H. ellipticum</i> Sm.	May-Jun	Ge	Tf
<i>Roscoea purpurea</i> Sm.	Sep-Oct	Ph	Cl
Liliaceae	May-Jun	Ph	Us
<i>Paris polyphylla</i> Sm.	Apr-Jun	Th	Gr
<i>Smilax aspera</i> Linn.			
<i>S. ferox</i> Wall. ex Kunth	Jul-Aug	Ch	Gr
<i>Tupistra nutans</i> Hook. f.	Jul-Aug	Ch	Gr
Commelinaceae	Jul-Sep	Ch	Gr
<i>Commelina benghalensis</i> Linn.			
<i>C. paludosa</i> Blume	May-Jun	Ch	Tf
<i>Cyanotis vaga</i> (Lour.) Schultes & Schultes f.	May-Jun	Ch	Tf
Araceae	May-Jun	Ch	Tf
<i>Arisaema costatum</i> Martius ex Schott	May-Jun	Ch	Tf
<i>A. erubescens</i> (Wall.) Schott	May-Jun	Ch	Tf
<i>A. griffithii</i> Schott	Jul-Aug	Ch	Tf
<i>A. intermedium</i> Blume	May-Jun	Ch	Tf
<i>A. jacquemontii</i> Blume	Aug-Sep	Ge	Tf
<i>A. speciosum</i> Martius ex Schott	Jun-Aug	Ge	Tf
<i>Colocasia esculenta</i> (Linn.) Schott		Ph	Cl
<i>Gonatanthus pumilus</i> Engler & Krause	Nov-Dec	Ph	Cl
<i>Pothos scandens</i> Linn.			
<i>Rhaphidophora dicursiva</i> (Roxb.) Schott	Jul-Sep	Ge	Gr
Cyperaceae	Sporadic	Ph	Tr
<i>Cyperus</i> sp.	Jul-Aug	Th	Tf
Poaceae			
<i>Arundinaria maling</i> Gamble			
<i>Brachiaria</i> sp.			
Sub-alpine zone:			
Ranunculaceae	Jun-Aug	He	Tf
<i>Anemone tetrasepala</i> Royle	Jun-Aug	Th	Tf
<i>Ranunculus diffusa</i> DC.	Jul-Aug	Ch	Tf
<i>Thalictrum foliosum</i> DC.	Jul-Aug	Ch	Tf
<i>T. Virgatum</i> Hook. f. & Thoms.			
Papaveraceae	Jun-Jul	Ch	Tf
<i>Corydalis juncea</i> Wall.			

<i>Meconopsis paniculata</i> Prain.	Jun-Aug	Ch	Tf
Brassicaceae			
<i>Lignariella hobsonii</i> (Pearson) Baehni	Jun-Jul	Th	Sp
<i>Pegaeophyton scapiflorum</i> Marquand & Shaw	Jun-Jul	Ge	Cu
Berberidaceae			
<i>Berberis wallichiana</i> DC.	Apr-May	Ph	Us
Theaceae			
<i>Eurya acuminata</i> DC.	Sep-Nov	Ph	Tr
Balsaminaceae			
<i>Impatiens stenantha</i> Hook. f.	Jul-Sep	Ch	Tf
<i>I. sulcata</i> Wall.	Jul-Aug	Ch	Tf
<i>I. lurticifolia</i> Wall.	Jun-Aug	Ch	Tf
Aceraceae			
<i>Acer campbellii</i> Hook. f. & Thoms.	Jun-Aug	Ph	Tr
<i>A. Sterculiaceum</i> Wall.	Mar-Jun	Ph	Tr
Geraniaceae			
<i>Geranium nakaonum</i> Hara	Jun-Aug	Ch	Sp
Fabaceae			
<i>Parochetus communis</i> Buch.-Ham.ex D. Don	May-Oct	Ch	Sf
Rosaceae			
<i>Fragaria daltoniana</i> Gay.	Apr-Jun	Ch	Sp
<i>F. nubicola</i> Lindl. ex Lacaita	Apr-Jun	Ch	Sp
<i>Potentilla coriandrifolia</i> D. Don	Jun-Aug	He	Sf
<i>P. microphylla</i> D. Don	Jun-Jul	He	Sf
<i>P. peduncularis</i> D. Don	Jun-Aug	Ch	Tf
<i>P. plurijuga</i> Hand.-Mazz.	Jun-Aug	Th	Sf
<i>Rosa sericea</i> Lindl.	May-Aug	Ph	Sh
<i>Sorbus foliolosa</i> (Wall.) Spach.	Jun-Jul	Ph	Sh
<i>S. microphylla</i> Wenzing	Jun-Jul	Ph	Sh
Parnassiaceae			
<i>Parnassia nubicola</i> Wall. ex Royle	Jul-Aug	Th	Sf
Onagraceae			
<i>Epilobium latifolium</i> Linn.	Jul-Aug	Th	Tf
<i>E. wallichianum</i> Hausskn.	Jul-Sep	Th	Tf
Apiaceae			
<i>Heracleum wallichii</i> DC.	Jul-Sep	Th	Tf
<i>Selinum tenuifolium</i> Wall. ex C.B. Clarke	Jul-Sep	Ch	Tf
Araliaceae			
<i>Schefflera impressa</i> (C.B. Clarke) Harms.	Aug-Sep	Ph	Sh
Caprifoliaceae			
<i>Viburnum erubescens</i> Wall. ex DC.	Apr-May	Ph	Sh
<i>V. nervosum</i> D. Don	Apr-May	Ph	Sh
Vacciniaceae			
<i>Gaultheria pyroloides</i> Miq.	Jun-Jul	Ph	Sp
<i>G. tricophylla</i> Royle	Jun-Aug	Ph	Sp
<i>Vaccinium nummularia</i> C.B. Clarke	Apr-Jun	Ph	Sp
Campanulaceae			
<i>Cyananthus lobatus</i> Wall. ex Benth.	Jul-Sep	Ch	Sf
Ericaceae			
<i>Rhododendron barbatum</i> Wall. Ex G. Don	Apr-May	Ph	Tr
<i>R. cinnabarinum</i> Hook. f.	May-Jun	Ph	Sh
<i>R. dalhousiae</i> Hook. f.	Apr-May	Ph	Sh
<i>R. falconeri</i> Hook. f.	Apr-May	Ph	Sh

<i>R. fulgens</i> Hook. f.	Jun-Jul	Ph	Sh
<i>R. hodgsonii</i> Hook. f.	Apr-May	Ph	Tr
<i>R. lepidotum</i> Wall. ex G. Don	Jun-Aug	Ph	Tr
<i>R. thomsonii</i> Hook. f.	May-Jun	Ph	Sh
<i>R. wightii</i> Hook. f.	Apr-May	Ph	Sh
Primulaceae			
<i>Primula calderana</i> Balf. f. Cooper	May-Jul	Ch	Tf
<i>P. irregularis</i> Craib.	May-Aug	Ch	Cu
<i>P. sikkimensis</i> Hook. f.	May-Jul	Ch	Tf
Gentianaceae			
<i>Gentiana phyllocalyx</i> C.B. Clarke	Jul-Aug	Ch	Sp
<i>G. algida</i> Pallas	Jul-Aug	Ch	Sp
Scrophulariaceae			
<i>Pedicularis hoffmeisteri</i> Klotzsch	Jul-Aug	Ch	Sf
Lamiaceae			
<i>Phlomis rotata</i> Hook. f.	Jun-Aug	Ch	Sf
<i>Prunella vulgaris</i> Linn.	Jun-Sep	Th	Sf
Symplocaceae			
<i>Symplocos theifolia</i> Don	Aug-Sep	Ph	Tr
Thymellaceae			
<i>Daphne bholua</i> Buch.-Ham. ex D. Don	Oct-Mar	Ph	Sh
Euphorbiaceae			
<i>Euphorbia stracheyi</i> Boiss.	Jun-Jul	Th	Sf
Betulaceae			
<i>Betula cylindrostachys</i> Wall.	Dec-Jan	Ph	Tr
Salicaceae			
<i>Salix sikkimensis</i> Anderson	Apr-May	Ph	Tr
Pinaceae			
<i>Abies densa</i> Griffith ex R. Parker	Apr-May	Ph	Tr
<i>Tsuga dumosa</i> (D. Don) Eichler	Jul-Sep	Ph	Tr
Orchidaceae			
<i>Galearia spathulata</i> (Lindl.) P.F. Hunt	Jul-Sep	Ge	Sf
Liliaceae			
<i>Alettris pauciflora</i> (Klotzsch) Hand. Mazz.	Jun-Aug	Th	Gr
<i>Polygonatum multiflorum</i> (Linn.) All.	May-Jun	Th	Tf
<i>Smilacina oleracea</i> (Baker) Hook.f.	May-Jul	Ge	Tf
<i>S. purpurea</i> Wall.	May-Jul	Ge	Tf
<i>Streptopus simplex</i> D. Don	May-Jul	Ge	Tf
Juncaceae			
<i>Juncus thomsonii</i> Buchenau	Jun-Sep	He	Gr
Poaceae			
<i>Arundinaria maling</i> Gamble	Sporadic	Ph	Sh
<i>Poa</i> sp. I	Jun-Jul	He	Gr
<i>Poa</i> sp. II	Jun-Jul	He	Gr
<i>Poa</i> sp. III	Jun-Jul	He	Gr
Alpine zone:			
Ranunculaceae			
<i>Aconitum ferox</i> Wall. ex Seringe	Aug-Sep	Ch	Tf
<i>Aconitum hookeri</i> Stapf.	Aug-Sep	Ch	Sf
<i>Anemone tetrasepala</i> Royle	Jun-Aug	He	Tf
<i>Caltha palustris</i> Linn.	May-Jun	Ch	Sp
<i>Delphinium drepanocentrum</i> (Breehl) Munz	Jul-Sep	He	Tf
<i>D. graciale</i> Hook. f. & Thoms.	Jul-Sep	He	Sf

<i>D. viscosum</i> Hook. f. & Thoms.	Aug-Sep	He	Tf
<i>Oxygraphis polypetala</i> (Royle) Hook. f. & Thoms.	Apr-Jun	Ch	Sf
<i>Thalictrum alpinum</i> Linn.	May-Aug	Ch	Tf
Papaveraceae	May-Aug	Th	Sf
<i>Corydalis cashmeriana</i> Royle	Jun-Jul	Ch	Sf
<i>C. juncea</i> Wall.	Jun-Aug	Ch	Sf
<i>C. meifolia</i> Wall.	Jun-Jul	Ch	Sf
<i>Meconopsis dhwojii</i> G. Taylor	Jul-Aug	Ch	Tf
<i>M. grandis</i> Prain	Jul-Aug	Ch	Sf
<i>M. horridula</i> Hook. f. & Thoms.	Jun-Aug	Ch	Tf
<i>M. paniculata</i> Prain	Jun-Jul	Th	Sp
Brassicaceae			
<i>Lignariella hobsonii</i> (Pearson) Baehni			
Caryophyllaceae			
<i>Silene nigrescens</i> (Edgew.) Majumdar	Jul-Sep	Ch	Sf
<i>S. setisperma</i> Majumdar	Jul-Sep	Ch	Sf
Geraniaceae			
<i>Geranium nakaoanum</i> Hara	Jun-Aug	Ch	Sp
<i>G. wallichianum</i> D. Don ex Sweet	Jun-Aug	Th	Tf
Balsaminaceae			
<i>Impatiens glandulifera</i> Royle	Jul-Sep	Ch	Sf
<i>I. stenantha</i> Hook. f.	Jul-Aug	Ch	Sf
<i>I. urticifolia</i> Wall.	Jun-Aug	Ch	Sf
Fabaceae			
<i>Parochetus communis</i> Buch.-Ham. ex D. Don	May-Nov	Th	Sp
Rosaceae			
<i>Geum sikkimensis</i> Prain	Jun-Aug	He	Sp
<i>Potentilla coriandrifolia</i> D. Don	Jun-Aug	He	Sp
<i>P. microphylla</i> D. Don	Jun-Jul	He	Sf
<i>P. peduncularis</i> D. Don	Jun-Aug	He	Tf
<i>P. plurijuga</i> Hand.-Mazz	Jun-Jul	He	Sf
<i>Rosa sericea</i> Lin.	May-Aug	Ph	Us
<i>Spiraea arcuata</i> Hook. f.	Jun-Jul	Ph	Sh
Saxifragaceae			
<i>Arenaria densissima</i> Wall. ex Edgew. & Hook. f.	Apr-Jun	Ch	Cu
<i>Bergenia ciliata</i> (Haw.) Sternb.	Mar-Jul	Ch	Cu
<i>Saxifraga brunonis</i> Wall. ex Seringe	Jun-Sep	Ch	Sp
<i>S. engleriana</i> Harry-Sm.	Jun-Jul	Ch	Cu
<i>S. pulvinaria</i> Harry-Sm.	Jun-Aug	Ch	Cu
<i>S. Stenophylla</i> Royle	Jun-Aug	Ch	Sf
Parnassiaceae			
<i>Parnassia nubicola</i> Wall. ex Royle	Jul-Aug	Th	Sf
Crassulaceae			
<i>Rhodiola himalensis</i> (D. Don) S.H. Fu	Jun-Aug	Ch	Sf
Onagraceae			
<i>Epilobium latifolium</i> Linn.	Jul-Aug	Th	Tf
Apiaceae			
<i>Cortia depressa</i> (D. Don) Norman	Jun-Aug	Ch	Sf
<i>Selinum tenuifolium</i> Wall. ex C.B. Clarke	Jul-Aug	Ch	Tf
Dipsacaceae			
<i>Morina nepalensis</i> D. Don	Jun-Aug	Ch	Sf
<i>M. polyphylla</i> Wall. ex DC.	Jun-Aug	Ch	Tf

Asteraceae			
<i>Anaphalis triplinervis</i> (Sims.) C.B. Clarke	Jul-Sep	Th	Sf
<i>Cremanthodium oblongatum</i> C.B. Clarke	Jun-Aug	Th	Sf
<i>C. reniforme</i> (DC.) Benth	Jun-Aug	Th	Tf
<i>Jurinea dolomiaea</i> Boiss.	Jul-Sep	Ch	Sf
<i>Leontopodium jacotianum</i> Beauv.	Jul-Sep	Ch	Sf
<i>Saussurea costus</i> (Falc.) Lipsch	Jul-Sep	Ch	Sf
<i>S. nepalensis</i> Sprengel	Jul-Sep	Ch	Cu
<i>S. obvallata</i> (DC.) Edgew.	Jul-Sep	Ch	Tf
<i>Soroseris hookerana</i> (C.B. Clarke) Stebbins	Jul-Aug	Ch	Sf
Campanulaceae			
<i>Codonopsis thalictrifolia</i> Wall.	Jul-Aug	Th	Sf
<i>Cyananthus incanus</i> Hook. f. & Thoms.	Jul-Sep	Ch	Sp
<i>C. lobatus</i> Wall. ex Benth.	Jul-Sep	Ch	Sf
Ericaceae			
<i>Cassiope fastigiata</i> (Wall.) D. Don	Jun-Aug	Ch	Sf
<i>Gaultheria pyroloides</i> Hook. f. & Thoms. ex Miq.	Jun-Jul	Ch	Sp
<i>G. trichophylla</i> Royle	May-Jul	Ch	Sp
<i>Rhododendron aeruginosum</i> Hook. f.	Jun-Jul	Ph	Us
<i>R. anthopogon</i> D. Don	Jun-Jul	Ph	Us
<i>R. fulgens</i> Hook. f.	Jun-Jul	Ph	Sh
<i>R. lepidotum</i> Wall. ex G. Don	Jun-Aug	Ph	Us
<i>R. lowndesii</i> Davidian	Jun-Aug	Ph	Us
<i>R. nivale</i> Hook. f.	Jun-Jul	Ph	Us
<i>R. setosum</i> D. Don	Jun-Jul	Ph	Us
<i>R. sikkimensis</i> Pradhan & Lachungpa	May-Jun	Ph	Sh
<i>R. thomsonii</i> Hook. f.	May-Jul	Ph	Sh
Pyrolaceae			
<i>Pyrola sikkimensis</i> Kriisa	Jul-Aug	Ge	Cu
Primulaceae			
<i>Androsace lehmannii</i> Wall.	Jul-Aug	Ch	Cu
<i>Primula antrodonta</i> W. W. Sm.	May-Jul	Ch	Sf
<i>P. calderana</i> Balf. f. & Cooper	Jun-Jul	Ch	Tf
<i>P. capitata</i> Hook.	Jul-Aug	Ch	Tf
<i>P. glabra</i> Klatt.	Jun-Sep	Ch	Sf
<i>P. glomerata</i> Pax.	Aug-Nov	Ch	Tf
<i>P. irregularis</i> Craib.	Apr-May	Ch	Cu
<i>P. macrophylla</i> D. Don	Jun-Aug	Ch	Tf
<i>P. primulina</i> (Sprengel) Hara	Jun-Aug	Ch	Sf
<i>P. sikkimensis</i> Hook. f.	May-Jul	Ch	Tf
Gentianaceae			
<i>Gentiana algida</i> Pallas	Sep-Oct	Ch	Sf
<i>Gentiana ornata</i> (G. Don) Griseb.	Sep-Oct	Ch	Sp
<i>G. phyllocalyx</i> C.B. Clarke	Jun-Aug	Ch	Sp
<i>G. tubiflora</i> (G. Don) Griseb.	Jul-Sep	Ch	Cu
<i>Megacodon stylophorus</i> (C.B. Clarke) Harry-Sm.	Jun-Jul	Ch	Tf
<i>Swertia multicaulis</i> D. Don	Jun-Sep	Ch	Cu
Boraginaceae			
<i>Trigonotis rotundifolia</i> Benth. ex C.B. Clarke	Jun-Aug	Th	Cu
Scrophulariaceae			
<i>Hemiphragma heterophyllum</i> Wall.	Mar-May	Ch	Sp
<i>Lagotis kunawurensis</i> (Royle ex Benth.) Rupr.	Jun-Aug	Ch	Sf
<i>Pedicularis hoffmeisteri</i> Klotzsch	Jul-Aug	Ch	Sf

<i>P. megalantha</i> D. Don	Jun-Sep	Ch	Tf
<i>P. roylei</i> Maxim.	Jun-Aug	Ch	Sf
<i>P. scullyana</i> Prain ex Maxim.	Jul-Aug	Ch	Sf
<i>Picrorhiza kurroa</i> Royle ex Benth.	Jun-Aug	Ch	Cu
Lamiaceae			
<i>Eriophyton wallichii</i> Benth.	Jul-Sep	Th	Cu
<i>Phlomis rotata</i> Benth. ex Hook. f.	Jun-Aug	Ch	Sf
Polygonaceae			
<i>Bistorta affinis</i> (D. Don) Greene	Jun-Sep	He	Sp
<i>B. emodi</i> (Meissner) Hara	Jul-Sep	He	Tf
<i>B. macrophylla</i> (D. Don) Sojak.	Jun-Aug	He	Tf
<i>B. vacciniifolia</i> Greene	Aug-Sep	He	Sp
<i>Oxyria digyna</i> (Linn.) Hill.	May-Jul	Ch	Tf
<i>Persicaria polystachya</i> Gross	Jul-Sep	Ph	Tf
<i>Rheum australe</i> D. Don	Jun-Jul	Ge	Tf
<i>R. nobile</i> Hook. f. & Thoms.	Jun-Jul	Ge	Tf
Euphorbiaceae			
<i>Euphorbia stracheyi</i> Boiss.	May-Aug	Th	Sp
Curressaceae			
<i>Juniperus indica</i> Bertol.	Jun-Jul	Ph	Sf
<i>J. recurva</i> Buch.-Ham. ex D. Don	Jun-Jul	Ph	Us
Orchidaceae			
<i>Galearis spathulata</i> (Lindl.) P. F. Hunt	Jul-Sep	Ge	Sf
<i>Orchis latifolia</i> Linn.	Jun-Jul	Ge	Sf
Zingiberaceae			
<i>Roscoea alpina</i> Royle	Jun-Aug	Ge	Sf
Liliaceae			
<i>Alettris pauciflora</i> (Klotzsch) Hand.-Mazz.	Jun-Aug	He	Gr
<i>Allium wallichii</i> Kunth.	Aug-Sep	He	Gr
<i>Lloydia flavonutans</i> Hara	Jul-Aug	Th	Sf
Juncaceae			
<i>Juncus thomsonii</i> Buchenau	Jun-Sep	He	Gr
Araceae			
<i>Arisaema griffithii</i> Schott.	May-Jun	Ge	Tf
<i>A. jacquemontii</i> Blume	Jun-Aug	Ge	Tf
Cyperaceae			
<i>Carex</i> sp.	Aug-Sep	He	Gr
Poaceae			
<i>Poa</i> sp. I.	Jul-Sep	He	Gr
<i>Poa</i> sp. II	Jul-Sep	He	Gr
<i>Poa</i> sp. III			

Abbreviation used: Ph = Phanerophyte; Ch = Chamaephyte; He = Hemi-geophyte; Ge = Geophyte, Th = Therophyte), *(Tr = Tree; Sf = Short forb; Tf = Tall forb; Cu = Cushion forb; Sp = Spreading forb, Sh = Shrub; Us = Under-shrub; Gr = Graminoid; CI = Climber; Ep = Epiphyte; and Cr = Creeper.

