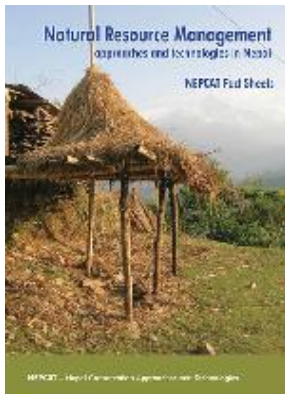


## Natural Resource Management – approaches and technologies in Nepal: NEPCAT Fact Sheets



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Thirty technologies and approaches from the Nepal Conservation Approaches and Technologies (NEPCAT) database, are documented and are being published as printed fact sheets to make it easier to share with a wider audience. The fact sheets are designed to support the efforts of rural development, especially in Nepal, and provide impetus and ideas for decision makers, development actors, and land users. They cover adaptations of methods and new options for land use and rehabilitation and growing and processing crops that increase productivity and support income generation. Users are encouraged to print out, copy, and distribute the sheets in any form that facilitates sharing. All new contributions to the database and fact sheets are welcome. The sheets are also available on a CD-ROM.

Factsheets cover a wide range of topics: on improving terraces with farmers, farmer-led experimentation, integrated plant nutrient systems, drip irrigation, integrated watershed management for landslide and stream bank stabilisation, rehabilitation of degraded communal grazing land, improving drinking water quality, improved cattlesheds for urine collection, improved terraces, legume integration, organic pest management, low cost drip irrigation, improved compost preparation, better quality farmyard manure through improved decomposition, improved farmyard manure through sunlight, rain and runoff protection, landslide and stream bank stabilisation, rehabilitation of degraded communal grazing land, gully plugging using check dams, System of rice intensification (SRI), black plastic covered farmyard manure, drinking water quality improvement through conservation measures, rooftop rainwater harvesting system, polypit nursery, low cost micro-sprinkler irrigation, plastic-lined conservation pond to store irrigation water, cultivation of fodder and grasses, urine application through drip irrigation for bitter melon production.